



SexEd Mini Sessions

SexEd should be comprehensive and accessible to all. It should equip people with the knowledge they need to determine and enjoy their sexuality—physically and emotionally, individually and in relationships. People with developmental disabilities are often overlooked or completely forgotten in discussions of human sexuality. We want to change that. At Planned Parenthood Southwest Ohio, our educators have been providing education to people with developmental disabilities since 2017. These mini sessions provide an opportunity for direct care staff, family and other caregivers to increase their knowledge, skills and confidence in delivering the SexEd their clients deserve.

Who can participate?

- SSAs
- Home managers
- Family and caregivers
- Social workers
- Therapists

Social Work and Counseling CEUs pending, CHES credits available.

Price:

- \$49 per session
- Register for all 4 sessions and receive one session free
- That's a \$196 value for only \$147!

Location:

Cincinnati Children's Hospital
3430 Burnet Ave.
Cincinnati, OH

Room information will be shared with registered participants.

Questions? Contact Sarah Dahlston
Sdahlston@ppswvo.org or 937-528-4662

Session Date Topic	Date	Time
1. Human development, reproductive anatomy, puberty and hygiene	March 30	1-5PM
2. Healthy relationships, consent and boundaries, public vs. private	April 29	1-5PM
3. STI and HIV prevention, Birth control and condoms	May 21	1-5PM
4. Putting it into practice: Activity modification, lesson planning and teach backs	June 22	1-5PM

Each session will include information on topics such as birth control methods and STIs/HIV, and discussions around how to deliver the content to different audiences. Participants will receive a binder and access to additional resources such as relevant curricula and websites. Each session will include time to apply what has been learned to practical situations and feedback from Planned Parenthood educators.