

Instructions for Model Superbill for MNT Services

General Information

The model Superbill is designed to provide a customizable template for use by Registered Dietitian Nutritionists (RDNs) who provide MNT services to clients and do not bill third party payers. For the professional rendering services, it provides a time efficient means to document services, fees, codes and other information required by insurance companies. The client uses this form to file for health plan payment.

Customizing the Form

This form is provided as a pdf-fillable document so it may be used as is or adapted to include more specific information, based on the patient or client population served by your practice. Some ways to customize the form include:

- Insert your company/facility logo in the upper right hand corner of the form using the "Place Signature" function in Adobe Reader.
- Insert your company/facility name, address, phone, fax and/or email addresses in the fields at the top of the form.
- Insert your name, NPI and state license number (if applicable) in the fields at the top of the form.
- Insert ICD-10 codes and descriptions specific to the patient population (s) served by your practice. Refer to "ICD-10-CM Codes Used by RDNs" for a quick reference list. **Note: Best practice dictates obtaining ICD-10 codes from the client's physician to ensure proper specificity. It is not within an RDN's scope of practice to make a medical diagnosis.**
- Insert Correct Procedural Terminology (CPT)[®] codes used in your practice from the drop-down list. Additional lines are provided to add additional CPT codes. **Note: Individual payers and health plans set policies as to what CPT codes are recognized for payment by specific professional provider types. The existence of a CPT code does not guarantee a client will be able to secure reimbursement for the RDN's services under their health plan.**
- Remember to save your customized form.

Additional Resources

A complete list of CPT codes used by RDNs can be found at:

<http://www.eatrightstore.org/products/practitioner-tools/mnt-references>

ICD-10-CM Codes used by RDNs can be found at

<http://www.eatrightstore.org/products/practitioner-tools/mnt-references> under MNT Referral Form.

Additional resources and information regarding providing and billing for MNT services can be found at <http://www.eatrightpro.org/resources/practice/getting-paid>.