

# **Sparks of Inspiration**

#### Hi Reader

Welcome to the inaugural edition of the "Sparks of Inspiration" newsletter. I'm so grateful to have you here, and I certainly don't take you reading my words for granted. My intention is to add value with everything I share as I know time is precious.

Let's get started!

# Why Inspiration?

You might be wondering, "why is this guy always talking about inspiration?" Well, here goes, inspiration has played a significant role in my life, and it is a driving force in all that I do.

Inspiration is the one thing that fuels most people. Inspiration is also an essential element to transformational leadership (more on this in future editions), to building a great workplace, and to navigating change (both personal and professional).

When I work with clients, I aim to inspire them to take action and to embrace change. Their stories, ambitions, and results in return inspire me.

As our journey together continues, you will learn more and more about the profound role that inspiration plays in your world, and how to tap into it.

### **Book Recommendation**



### The Art of Possibility: Transforming Professional and Personal Life

– Rosamund Stone Zander & Benjamin Zander

Ok, I have a confession, I read this book about five years ago, and I have re-read it twice since then.

It's truly a fantastic book and it has reserved a spot on my "Leaders are Readers" book list. There are so many great insights that will change how you look at life, but the most powerful one is that "Everything in life is an invention."

Think about that for a minute! If you choose to look at your life in a new way, then suddenly, your challenges change. One of the best ways to do this is to focus on the possibilities surrounding you in any situation rather than slipping into the default mode of measuring and comparing your life to others.

I had the honor of meeting co-author Benjamin Zander and he is quite a remarkable human being. I'm not sure how he did it, but he convinced an entire room of leaders to sing in German and it didn't even sound terrible.

Check out the book here

## Is This All There Is?

Do you sometimes ask yourself: "Is this all there is?" Do you want to make a more meaningful impact? Through honest conversations, leaders like you can connect with your true purpose and make a positive impact on yourself and the world around you. Through honest conversations, you can challenge your mental models, break through your patterns of thinking, and shape your legacy.

Respond to this email to have an honest conversation and start shaping your legacy.



**Book A Conversation Here** 

Every month, I like to leave you with a quote I'm pondering and questions that will keep you thinking:

"If you want to be surrounded by beauty, then find beauty in everything that surrounds you" – Unknown

Where does inspiration "show up" in your every-day life?

Navigating leaders through change. Inspiration through honest conversation.

I'd love to hear from you!

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