



# Sparks of Inspiration

Hi Reader

Where should I begin? We are a few weeks into the COVID-19 outbreak, and “social distancing” has become a term we are all too familiar with now. This has been a period of adjustment, and of course, it would be, these are unprecedented times. As challenging as it has been, this will eventually come to pass, and I have chosen to turn my attention towards what we are learning about ourselves during this time.

As Bill Gates said in a recent interview:

*COVID-19 is reminding us that we are all equal, regardless of our culture, religion, occupation, financial situation, or how famous we are. This disease treats us all equally; perhaps we should too.*

*It is reminding us of how important our family and home life is and how much we have neglected this.*

*It is reminding us that our true work is not our job; that is what we do, not what we were created to do. Our true work is to look after each other, to protect each other, and to be of benefit to one another.*

*It is reminding us that this can either be an end or a new beginning. This can be a time of reflection and understanding, where we learn from our mistakes, or it can be the start of a cycle that will continue until we finally learn the lesson we are meant to.*

*Whereas many see the COVID-19 virus as a great disaster, I prefer to see it as a “great corrector.”*

So, what do you think, do you think Bill is on to something? Do you think this is the wake-up call we all needed to change our perspective? I believe we have a chance to use this as an opportunity to grow stronger as humans.

I hope “**social distancing**” is replaced with a new word that we all get comfortable with: “**social re-connection.**”

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## ***Super-Leaders***

As a father, I get to re-live my childhood through my son, and it makes me feel young again, which is truly amazing! I love seeing the world through more youthful eyes.

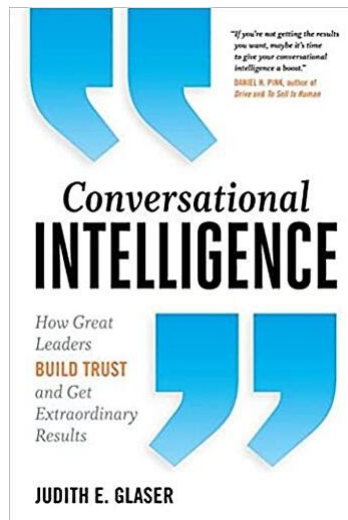
One thing I have enjoyed is re-discovering heroes or, more specifically, superheroes with magical powers. One unlikely superhero, I have been thinking about lately is Professor X (Professor Xavier) from the X-Men comic book series (and movies). Professor X is the founder and leader of the group, and he is an exceptionally powerful telepath who can read and control the minds of others. He runs a private school to shelter and train mutants from around the world. He also strives to serve a greater good by promoting peaceful coexistence and equality between humans and mutants in a world where zealous anti-mutant bigotry is widespread.

Professor X is perhaps best known for the creation of a device called Cerebro, a technology that serves to detect and track those individuals possessing the mutant gene, at the same time greatly expanding the gifts of those with existing psionic abilities. Now there is a gift that I wish I could have.

**Wait a minute; this is precisely what great leaders do!** They find talented people, encourage them to unlock their gifts, provide an environment for them to thrive, and step back while they change the world!

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## Book Recommendation



### ***Conversational Intelligence: How Great Leaders Build Trust and Get Extraordinary Results***

- Judith Glaser

Everything happens through conversation! Conversations go far beyond mere exchanges of information. They affect your relationships and your view of the world. Good conversations foster stronger, positive relationships, whereas bad ones can destroy relationships. Judith Glaser discusses how to move beyond fear and distrust to have a more meaningful, deeper connection with people. She categorizes conversations on three levels, from transactional to transformational.

Asking discovery questions is a simple way of getting people to move toward more co-creative ways of engaging in conversations. You may also need to transform the conversational space by drawing upon transformative conversational skills such as the 3Rs: Reframing, Refocusing and Redirecting.

When people feel disconnected, they become reactive, they project their anxiety onto others, they create more fear, blame others for what is missing in their lives, and disengage. When people work together, they learn from each other, develop higher-level skills and wisdom, meet performance goals, and turn breakdowns into breakthroughs.

[Check out the book here](#)

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## Is This All There Is?

Do you sometimes ask yourself: “Is this all there is?” Do you want to make a more meaningful impact? Through honest conversations, leaders like you can connect with your true purpose and make a positive impact on yourself and the world around you. Through honest conversations, you can challenge your mental models, break through your patterns of thinking, and shape your legacy.

Respond to this email to have an honest conversation and start shaping your legacy.

[Book A Conversation Here](#)



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Every month, I like to leave you with a quote I'm pondering and questions that will keep you thinking:

“Often we find ourselves reacting to problems, putting out fires, dealing with emergencies. We should shift our attention to preventing them” – Dan Heath

Questions during Challenging Times:

- What am I grateful for today?
  - Who am I checking in on or connecting with today?
  - What expectations of normal am I letting go of today?
  - How am I getting outside today?
  - How am I moving my body today?
  - What beauty am I creating, cultivating, or inviting in today?
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**Navigating leaders through change. Inspiration through honest conversation.**

**I'd love to hear from you!**

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