

Documentation

General

JACCOL

Cardiovascular

Rate/regularity
1 + 2 + 0
1-----11
1 + 11 + 0
Heart sounds normal
CVS-NAD
ESM Grade best heard
etc
JVP 0-4 cm

Respiratory

Respiratory rate
=AE
Added sounds
Vesicular breath
sounds
Bronchial
Crepitations
Wheeze
Rhonchi
Rubs

Abdominal

Abdo soft
No masses
Bowels sounds
Pain location

Abdo=NAD

BASELINE OBSERVATIONS

GENERAL ASSESSMENT

	Initial		Repeated		
	Time:		Time:		Y N
Respiratory	Rate	/min	Rate	/min	<input type="checkbox"/> <input type="checkbox"/> Eye redness or discharge
Oxygen Sats		%		%	<input type="checkbox"/> <input type="checkbox"/> Cyanosis
Temp					<input type="checkbox"/> <input type="checkbox"/> Breath Odour
B/P					<input type="checkbox"/> <input type="checkbox"/> Rash
Pulse	Rate	/min, reg / irreg	Rate	/min	<input type="checkbox"/> <input type="checkbox"/> Capillary refill < 4 secs
Weight		Kg			<input type="checkbox"/> <input type="checkbox"/> Pitting oedema
B.M. level		mmols		mmols	<input type="checkbox"/> <input type="checkbox"/> Dry, Coated tongue
News 2 Score					<input type="checkbox"/> <input type="checkbox"/> Lymph nodes felt (cervical)

NATIONAL EARLY WARNING SCORE 2:

Physiological Parameters	SCORE						
	3	2	1	0	1	2	3
Respiratory rate (breaths/min)	<8		9-11	12-20		21-24	≥25
Oxygen Saturation (scale1)	<91%	92-93 %	94-95%	>96%			
Oxygen saturation (scale 2- in people with hypercapnic respiratory failure-COPD)	<83%	84-85%	86-87%	88-92% >93% on air	93-94% on oxygen	95-96% on oxygen	>97% on oxygen
Supplementary oxygen		YES		NO			
Temp ©	<35.0		35.1-36.0	36.1-38.0	38.1-39	≥39.1	
Systolic BP	<90	91-100	101-110	111-219			≥ 220
Heart rate (beats/min)	<40		41-50	51-90	91-110	111-130	≥131
CNS- (ACVPU)				Fully Alert			To Voice or Pain, Unresponsive

NEWS 2 score _____

CLINICAL ASSESSMENTS

		Y N	Y N
Ears		New Agitation/Confusion <input type="checkbox"/> <input type="checkbox"/>	PAIN ASSESSMENT
Nose		Urinalysis _____ <input type="checkbox"/> <input type="checkbox"/>	Agitation <input type="checkbox"/> <input type="checkbox"/>
Throat		Impacted <input type="checkbox"/> <input type="checkbox"/>	Individual pain indicators <input type="checkbox"/> <input type="checkbox"/>
Nails		Retention <input type="checkbox"/> <input type="checkbox"/>	Changed behaviour <input type="checkbox"/> <input type="checkbox"/>

CARDIOVASCULAR

Heart sounds	
Peripheral pulses	

RESPIRATORY

Physical Deformity	
Trachea Central	
Supraclavicular Nodes	
Expansion	
Percussion Note	
Breath Sounds	
Added Sounds	

ABDOMINAL

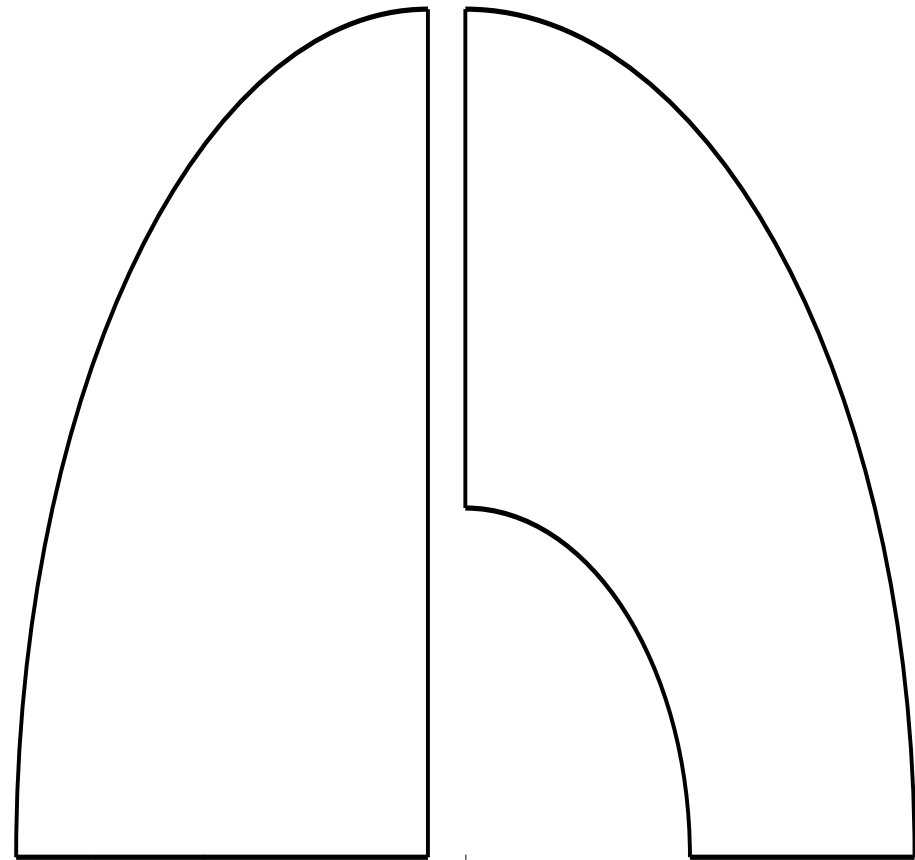
Y N	
<input type="checkbox"/> <input type="checkbox"/>	Soft
<input type="checkbox"/> <input type="checkbox"/>	Tender
<input type="checkbox"/> <input type="checkbox"/>	Incontinence
<input type="checkbox"/> <input type="checkbox"/>	Bladder felt
//_ ____ hrs.	Date and time when last passed urine
<input type="checkbox"/> <input type="checkbox"/>	Bowel sounds
<input type="checkbox"/> <input type="checkbox"/>	Masses:
<input type="checkbox"/> <input type="checkbox"/>	PR examination (if necessary) Findings:
//_ ____ hrs.	Date and time of last bowel movement

NEUROLOGICAL & LIMB ASSESSMENT

AVPU Conscious level: fully **A**lert, only to **V**erbal stimuli, only to **P**ain, **U**nresponsive (**Circle one**)

Pupils: **Equal** Y / N **Reacting** Right Eye Y / N, Left Eye Y / N.

Moving limbs: Right Arm Y / N, Left Arm Y / N, Right Leg Y / N, Left Leg Y / N.



Cardiovascular system

JVP:

Carotids:

Heart sounds:

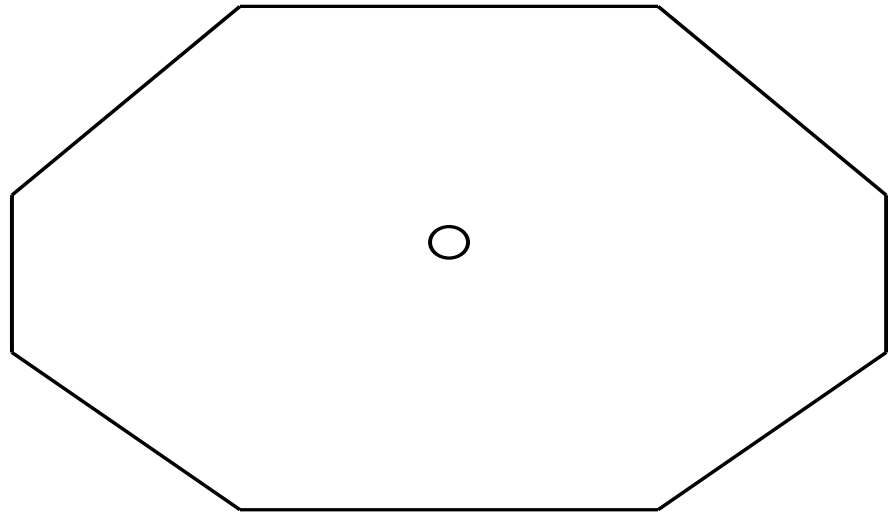
Murmurs:

Ankle swelling:

Respiratory system

Respirations:

Breath sounds:



Abdominal examination

Liver:

Spleen:

Kidneys:

Masses:

Herniae:

Bladder:

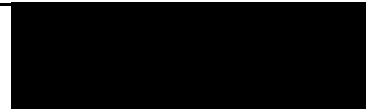
Aorta:

Jaundice

Anaemia

Cyanosis

Clubbing



Lymphadenopathy



Tremor:

Condition of Skin:

Condition of Feet:

Peripheral pulses:
Left post tibial
Left dorsalis pedis

Right post tibial
Right dorsalis pedis

ADVANCED CLINICAL SKILLS COURSE

Conclusion

Regulation
Roles /Context of Clinical Assessment
Competencies - complete with mentor
History-taking
General Assessment & minor illness
Skin
Cardiovascular
Respiratory
Abdominal
Thyroid
Basic Neurological & Locomotor
Some prescribing discussed
Test yourself on the quiz

