

Your Untapped Powers

The Worry / Knowing Framework

Thursday November 5, 10AM PST

MYSTIC SALONS

Mystic Conversations with Lindsay Pera

Join us…

The Modern Mystic Institute Offers Tools and Insights for Shifting Times

Welcome!

Tools and Insights for Shifting Times…

- **About Mystics Salons**
- **Society and new friends**
- **We are here to serve**
- **About me**
- **About these times: between curves, adaption and resiliency**
- **The time to call in #miracles is now**
- **Let yourself be guided**

Thank you for joining us…

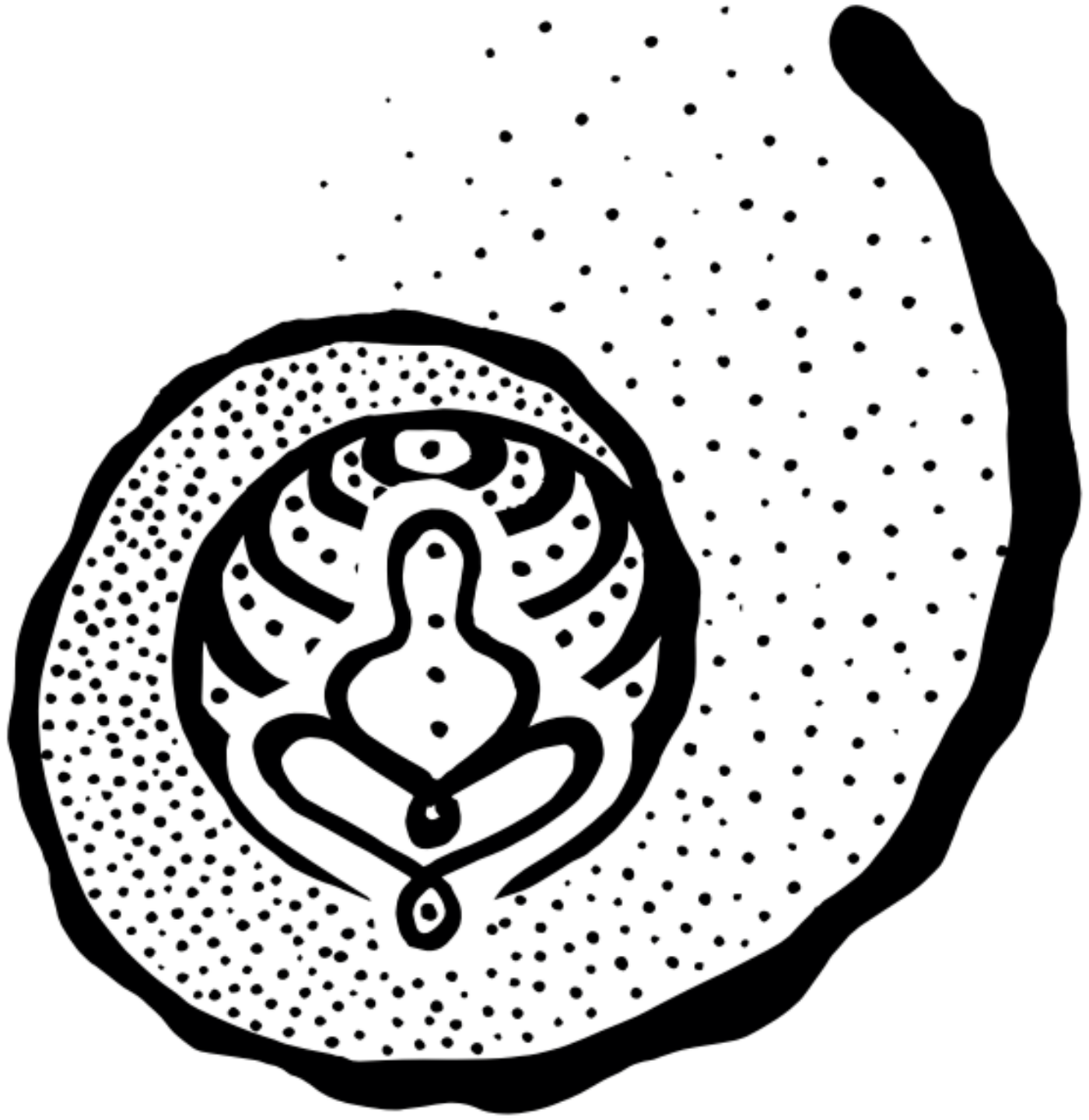
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Mystic Salon Topics

Tools and Insights for Shifting Times…

- **April I** Anticipating Shift: The Transformation Lifecycle
- **May I** Your KEY to Safe Shift: Creating Resonance using ACAR model
- **June I** Overcome Anything: The Gratitude S.E.C.R.E.T
- **July I Lost no more -** Clarity in Chaotic Times (The 8 Directions and how to summon them)
- **August I** Ancient Tool for Manifesting Anything and Everything (The Wheel & Rings primer)
- **September I** Create the Container for your Desires: The Magic Triangle
- **October I** Turn Envy into Manifestation: Alchemy of Envy
- **November I** The Worry / Knowing Framework and how to claim it
- **December I** A Map for New times: The Mystics Manifesto

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Bringing our Hearts and Minds Together

Intentions for this Salon

In this Salon we will…for the first time:

∞ Discuss a framework that evolved from the Mystics Path

∞ Discuss how we are moving from a “fact” based collective conscious to a “knowing” based

∞ This is NOT a dismissal of facts, truth or science

∞ It is about how you arrive at KNOWING

∞ It’s about the awareness of the source of your truth - intersection of thought and intuition - thinking and knowing

∞ This is the bridge between the Mystics Path and the Way of the Intuitive…it’s the foundation of the intuitive arts and more…

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The Origins of this framework

∞ The rise of disinformation, obfuscation and corruption

∞ The rise of social media and dubious “fact” sources

∞ The arrival of Odin in the Mystic landscape

∞ Odin’s first guidance was about “Thought Discipline”

∞ Odin’s teachings include: “Thought Discipline”, “Thought Mapping”, the “Wound Matrix” and more…

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Inquiry for Knowing

- If one thing has become clear since 2016, it's that you cannot simply “trust” a source of information just because you have trusted it in the past.

- With the rise of disinformation, the weaponization of conspiracy stories and the undermining of trusted sources of information, science and news we have found ourselves in a time where we are faced with a new type of existential crisis…

- *What is real?*
- *What is true?*
- *What do I believe?*
- *Who do I trust?*

How do you know what is real? What is “true.”

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The Odin Downloads

Odin brought an etheric smackdown as it pertained to our thoughts, thinking, cognition and reasoning. Even before movies like the Great Hack or the Social Dilemma came into form, Odin was sending messages through the ethers raising the alarm about the disinformation and obfuscation that was doing real harm to the human collective's ability to ascertain fact from fiction, or to unify around its humanity instead of be divided by its fear and resistance to releasing the toxic old paradigms crumbling before us. Odin called us forward to learn our tools of "Thought Framing, "Thought Discipline" and "Thought Mapping" - and to begin to access our thresholds to remember our innate intuitive pathways. The year of the Mystic will give birth to the Way of the Intuitive in the Age of Consciousness. Our guides and mentors on the journey are no shrinking violets. There is no time to waste. The time is upon us. We must act now, before it is too late, as we are (almost) out of time.

Discernment begins within.

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Evolution of Consciousness

The challenge of these times is that our old systems of trust and allegiance are being called into question.

The opportunity within this challenge is that we are being called upon to develop and cultivate news pathways for thinking….and new pathways for KNOWING.

We are moving beyond a time of “fact” based reasoning along, and moving into an age of consciousness, a time where intuition and knowing will walk alongside thinking and reasoning.

In these times we are being invited to cultivate our intuitive pathways, and to better understand our thoughts and how they do and do not serve us in times of uncertainty.

Moving from reasoning to intuiting evokes the Mystics Path

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The Worry / Knowing Framework

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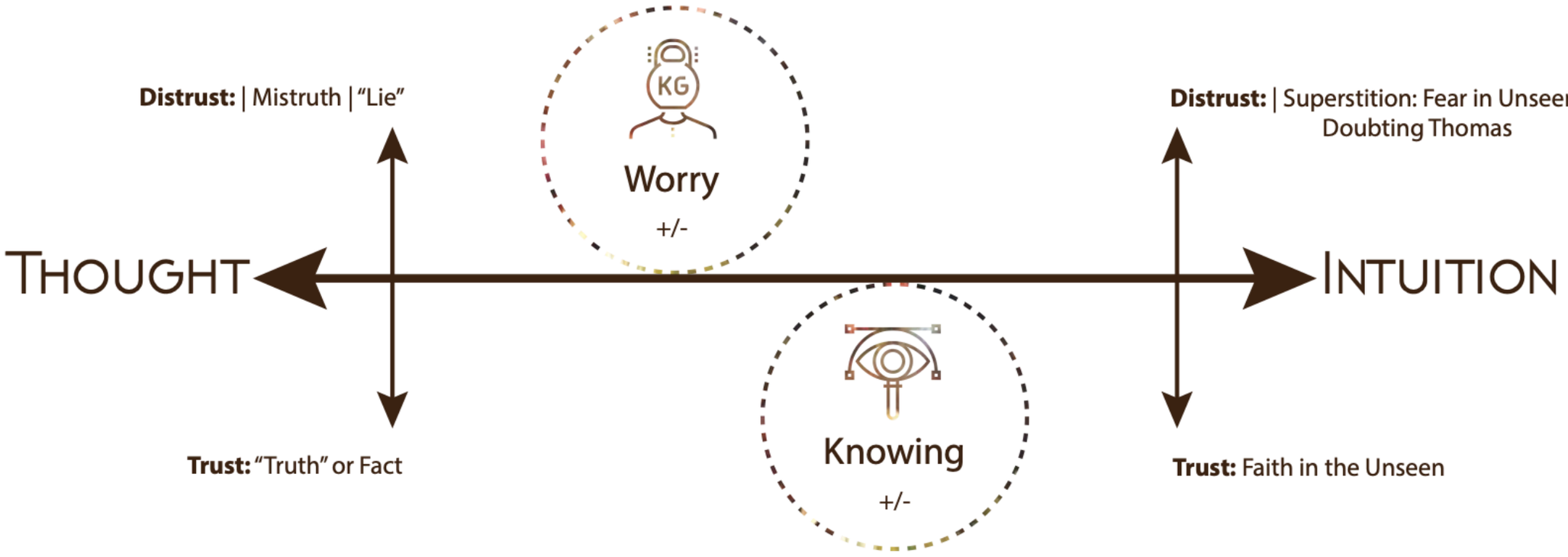
LindsayPera
Thrive. Expand Connect.

The Worry/Knowing framework

A Guide for Examining Your Thoughts

MysticsSociety
Purpose. Passion. Prosperity.

Guide: Fear



Guide: Hope

One is worry, and one is knowing

There is both shadow and light in our thoughts and inquiry...

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Energetic Practice of Thinking / Knowing

“Settling the Storm with Thought Discipline and Thought Mapping”

∞ The foundation of intuitive arts

∞ Supports you in organizing chaotic thoughts or pysiological responses

∞ Creates calm and grounding

∞ Helps identify how the thoughts are impacting the body

∞ And how the body’s voices are connected to your thoughts.

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Sacred Inquiry of Thinking / Knowing

- **Do I have perspective?**
- **What is the nature of the thought?**
- **Is there a pattern?**
- **What is the origin?**
- **Where does it show up in my body?**
- **When your body is speaking (fatgiue, pain, grief) use this tool to map “back” to the thought of origin.**



Consider the “origin” of thought.

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Tips for Knowing…

- **There is no "right or wrong" way**
- **Explore in your journal, your planning processes, your creative time**
- **Experiment with different applications, intentions, experiences**
  - **Somatic indications**
  - **Conscious pathways**
  - **Energetic tool kit**
  - **Intuitive skills**

This shift will be guided by a deep remembering of what, and who, you really are.

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Wrapping the Bundle

- **Our old pathways of “thinking” are limited and strained**
- **You are being guided to new skills of thinking and discernment**
- **Understanding the Thinking / Knowing framework offers riverbanks to cultivating Thought Discpline and developing new tools for reasoning + intuitive based knowing**
- **Your Knowing becomes a pathway to…**
  - **Discernment and clear intention setting**
  - **Cocreation**
  - **Manifestation**
  - **Shift**

Consider the “origin” of thought.

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In Conclusion & Gratitude

- **Calendar our monthly Salons and Business Alchemy Breakouts**
- **Share and invite**
- **#together:**
- **Sherrie@MysticsSociety.com - Emergency Sessions with Lindsay or MMI Mentor**
- **Join and Engage in the Mystics Society**
- **Daily prayers: bring it, share it, let's do it…**



Thank you for joining us.

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