

LOVE VS. INFATUATION SUMMIT - Session with Dr. Lise Janelle and Marsh Engle

Lise Janelle:

Hello Marsh thank you for being with us thank you for participating participating in the global heart living movement with the theme this year of infatuation versus love and I wanted to make sure that people know listeners understood that and infatuation and love does not apply only in relationships can apply to any area of our life where we imagine having more pleasure and pain were imagine everything is going to be without any challenges that that does not happen so today marsh is going to inspire us still going to I'm going to jump in with this question marsh. I'm.

We would love me in the audience who would love to learn about how you came about writing your book and helping women live damnation what's your story what brought this about.

Marsh Engle:

Well first I want to say I love title that you've chosen and that you're taking on the conversation of infatuation because I've never heard it said that way, but it's so absolutely the truth and what I think you know to to respond to your question.

And writing the book and who takes the way back because I've I have my books that I wrote would be amazing woman book series And that Really directly to exactly what we're talking about how do we fall in love with her work and what that he had with writing the book series my life had been what it was I was running a marketing agency for television and film that I felt was exactly what I wanted to do with my life I felt you know I spent ten years building a very large agency and then ally started happening where my mom passed away I was diagnosed with lymphoma and my dad got all within eighteen months and that sounded great hard.

Really reflect not just on what was the work that I was doing but also how is our relating to myself and how was I relating to the future the legacy that I'd be creating hand was what I used to the fact I was running a marketing agency for television and film as rewarding as that was, was that the full extent of what I was to bring forth in the world and I think that many times we can think of lots of something and then were given this opportunity for pauses this happened to me more than one or two times I've had in a year where I broke my leg one time and I had to give great parcel when I found is that if we don't give ourselves that time supplies and in a line with what wishes to come through as one where the other will point out so it's it's a lot better if we can watch the signs of our life and really listen inwardly what's being spoken to us so that we can take those times to reflect and no were incomplete alignment one of things I want to say also is that.

You know in writing the books that I've written.

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You have written seven now but to wipe the books that I've written has been an evolution I wanted to think about that as well we're talking with you know what I wrote and I would develop my marketing agency and was very driven to build a large agency and then I was given pause and that sent on a journey to write eighty woman book series which opened me up to new ways of being it opened me up to learning from others that opened me up to what I firms and and began to coin a phrase or sentence success and leadership it woke me up till an entire new way of being in the world then I went back tonight wrapped up I scooped up all of the training the license had been created before I wrote the books which is as a promotional marketer and that knowledge and wisdom gave me the ability then to launch the amazing woman movement became a global movement in now three countries a hundred thousand women went to the program is quite you know it impactful program but along the way I think what I'm saying here is that.

We can be in love with our license at once when I was a marketer love of life that I had a chance I was given parts to learn and grow and expand and then I found a new way to relate.

Two when I was creating and I call this one a coaching my clients I call it constantly falling in love with what you're creating because you're going to be given these opportunities along the way to make shift turns and you're gonna be given these opportunities to stop the way things have been done or even more importantly do it your own way do it in a way that's trailblazing pioneering a new thought that you're bringing forth that maybe no one else in your community or your world I I know when I stepped away from writing stepped away from my professional marketing agency and I thought everybody was going to be so supportive of my dream of my idea of writing these books right I thought everybody did a lot of this is much as I love the net and I just you know just love the dream of it I love what I could see how it could impact was very new at the time we have to remember back in nineteen ninety nine two thousand two thousand one to honor an amazing woman or to honor and.

This is what the you know they always call back in an ordinary woman doing extraordinary things I think all extraordinary and I think we're all amazing women but back then in ninety nine it wasn't something that we spoke about so often it wasn't something that was Easily received surprisingly enough I mean it's only nineteen ninety nine at that that conversation started to come up and we began to look at it in a new way of course today it's very ordinary conversations that we honoring value and hold in high esteem amazing women which is all of us every single one of us is an easy one is an amazing woman in our own unique and distinctive light but I I thought everybody fall in love with this you know as much time with writing these book and taking on stages than it up at the idea of what was coming forth and I'm gonna tell you people thought I was not a kind of crazy I would hope that nobody would take the theory is that I'd never get a book deal I was told everything you can imagine and I if you don't have a deep love and conviction for the station and the jury those kinds of responses are going to

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take you out I mean we've all had those right where we were a little bit wobbly I even remember when I.

At the the vision of creating amazing woman's day which is that you know was that large celebration would bring women to either honoring one another and how it was my head I can remember taking it to one person at trusted adviser a trusted the mentor and I can remember going out to lunch we were walking across the street and I said to him I whispered to him for fear that he would be rejected because I'd already lived through the were you know the way my book of people responded to my books I was very very gentle with myself here and I was pretty much like this idea to replace the woman's day what do you think and he just stopped in the middle of the street he looked at me he said do it and I have many times thought back that she had I not been in love with it myself but also had I not chosen someone to speak that vision to initially that honored and values the creative the affect.

Love what the feeling of what that was that was going to be created had I chosen someone that did not honoring value it to respond to me I wondering what my future would have take taking on wondering if I would continue on with the movement I'm wondering what I would have done so I think that.

You know it's it's got to go beyond infatuation it's gotta go into a deep understanding of that the mission that is moving through you.

Is beyond your sensory mind it's beyond making a good idea or it's beyond packaging it in a way that will be acceptable to the world, it's really about when you fall in love with country it is a guidance I called Holly it's that sense that you really can not stop yourself no matter what the objections are no matter what somebody's point of view or opinion is of it even your own you know you've got it up against our own opinions of ourselves about who I think I am to do media interviews are who I think I am to do you know that.

Speak onstage or create a movement which you know back in those days when amazing woman watching twenty twenty one year two thousand one if that was movements works expected nice is of course they are today so I think that it's,

Lise Janelle:

And you're also in order they also have been around September eleven was that before or after September eleventh.

Marsh Engle:

It was it was the fourth September eleventh but on nine eleven I was writing my first book sold all culminated right and the same time when my first book was getting ready

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to release it was just getting ready to go to the publisher and nine eleven happened and I.

Lise Janelle:

Adult content out of view also.

Marsh Engle:

That was in there was a credible experience because I and I paused and asked if anybody are there female firefighters that with the first question I can answer idea research to find that their work but what I found when I researched their only twenty five female firefighters on the twelve thousand firefighters in York and I knew that I had a story to life boldly went in and got the deal you know which my publisher and said look I've got an opportunity for another book called making one amazing firefighter where we'll profile the female firefighters of York city and and really honored to be here they are and I didn't realize what a big story that was until I flew to New York and spent time in the fire houses of New York with these women and you know again I think we have to remember I was not a writer I had never had experiences of bush author I hadn't done interviews I was a marketing executive for television and film so I had never spoken on stage if I had never done interviews that he acts can I think about.

What that comfortable no did I have a whole lot of self talk that I had to walk around absolutely because I could not imagine that I'd been given the stream and then even more given the station at the dream of it and given the opportunities to step into that and had to really let go of anything that had less than my abilities privacy question ready to do this and you know it's amazing what happens when we fall in love with our work.

And we understand that our work can become our mission our work can be our calling and were really incomplete service and really surrender in your lap work it starts to recognize in ourselves how equip with become all the more already came in with how interested and curious I was about people started when I was a young child and I can remember you know like the little stories about neighborhood kids.

I was so curious about their lifestyle interested but I had forgotten that and then when I wrote series amazing woman amazing world and traveled to the fire houses of New York and did the work afterwards I was able to reach handle that and fall in love with that even more so I think when I talk about falling in love with their work over and over it's really about fall in love with our own abilities.falling in love with our own self value honoring how we've been equipped to respond to What we're what we Really brought ourselves here to share with the world.

Lise Janelle:

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So when you work with a woman and you're trying to you're helping them live very their purpose or live their mission.

How can you there are and whether it's a mission there after or and their heart speaking or just some emotion some infatuation that's that's driving them how how do you help them discover the difference.

Marsh Engle:

Well I think it cancer that many times a plant might come to me with an infatuation and then the work.

Them we can dig dig down deeper find the real calling her find the real mission underneath what with initially all this is an interesting thing to do or I saw somebody doing it and it looked like it would be fine what I do is I take what they originally have sought out and then we get depressed we dig deep into their own personal values deep on the waiter license equip them with experiences.

Value in honoring the value that sucked in those experiences and so we might take that that interested in saturation and find ways to tweak it or deep in it so that it can become something that could become rich in love can be heart center we could say or sold sole purpose driven and sometimes so it just takes like I call it a catalyst for action sometimes it takes just that he had an idea.

They can then become something much more in rich revalve and expanded so I think that.

If you're initially infatuated with something that doesn't mean you can't fall in love medicine.

But it does require that

We look every single day in this is that we follow up with and now I'm in love because you're gonna bump not even if you're in love with listed in such a path.

Away you're still gonna bump up to.

You know clients who don't understand you or you may be your message isn't seem to be reached being responded to the way you wish it were or maybe on the some of the opportunities you were dreaming up are to be and we have to continually navigate and tweak and deepen and I find that.

Might it you know the ones that I hold for the work I bring forth has deepened over time and the way I've been equipped to my life experiences has been detained DOD honor I hold for those like experiences has shifted and I see now that those are also profoundly

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needed for me to be able to do the work that I do today and I think that's how deep and we developed our own self love we keeping it through a compassion we also I I'm gonna stay that I often.

Coach a lot.

Trailblazing pioneers and you know I set them up to realize it's not to be easy if you're planning year you mean you're you're you're the one with the machete at the front of the line you're you're opening up the fuse of for a new a new perspective for people so be ready to be.

Rejected in some way so be ready to have people that question you are are going off an understand and it's up to us deep in that understanding constantly about what it is that we're really doing and what is it called to create.

And I have the feeling of that love the feeling of knowing they were ever evolving to our work.

Lise Janelle:

And and that's something that you just touch on that I really am passionate about bringing into this summit that we're doing together is that.

Being aware.

Like once I remember speaking with this woman and asked us if we would have been like for you if you had gone through the pain of labor but did not know that it was going to happen like women be the most frightening experience of your life you are excited to go to give birth to a baby it's all going to be hunky dory when a ride into the sunset together with my babies but then you did not know that labor would tough.

You would think you're dying you would just want to do yeah you would want to die and it in this you know that it's going to be challenging you can get ready for it you can you can have systems in place you can have techniques you can have support you can create things that I think it is so wise to talk about this that.

When we choose so important uppers.

Marsh Engle:

So important I believe that it's when we bump up against you know let's say it's rejection or let's say that it's a harsh judgment of our workers you know even you know it's very hard not take it personally but if it's it can be projected on tonight's or if it's a simple

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something didn't work out the way we thought it was like or make it's taking longer than we thought it worked I believe it us being given were really being given the opportunity to grow deep roots.

And what I mean by that is that we have to be really anchored and grounded it we have to know that it's not just airy fairy that elect that decision the stream and it's going to happen tomorrow we have to know yes we have a fishing yes we have a dream even not calling or efficient that we're we've seen now what we have to do is grow those deep roots indeed credible grounded like you said have systems in place have a team in place that can remind you constantly of and keep you course corrected so that if something comes along and you get a little wobbly for a moment you could bring yourself back it's in the center.

And the more that those roots grow.

And the deeper working call to grow those roots I believe it's a sign that the bigger the mission the bigger the opportunities the bigger the you know if we're talking about a business or message or whatever it is that we're dreaming

If I believe the cheaper are really so if we can begin to see that angers my point if we can begin to see those obstacles and there will be obstacles without a question this isn't a walk in the park when you try to take on.

Falling in love with your your mission in life are falling in love with your colleague are falling in love with yourself as the person that is the messenger that is willing to go out and shared the world If you're going to run.

Up either it's gonna be self rejection self judgment are you gonna running across it in other people and probably both you know the to have something to do with each other on certain letter more competent you become and

The more we ground ourselves and the more we look at those experiences are coming to us as opportunities for us to be.

In touch more profoundly in touch with who we are and how valuable we are each.

One of my favorite quote is.

Right now someone is noticing the value you're bringing to their lives and I have to say that many times to myself because.

It's.

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Your just let me keep going let me even if that somebody that's noticing it ourselves you know if even if that I'm noticing the values that I bring you to my life and through that three value to the lives of others and it's so important for us to recognize that those.

Those.

Bounces you know or does.

Let downs are those projections of those whatever it is gonna be a myriad of all different forms of this that those are opportunities for us to fall deeper in love not an opportunity most definitely not an opportunity to quit.

Definitely not an opportunity for us to believe what was being said it's an opportunity for us to know more clearly who we are how we've been equipped and how passionate we can become and through the part it doesn't matter I I honestly think sometimes people are sent to us just so that we can do deep and that self confidence or don't even that awareness of who we are and what we're here to share.

Lise Janelle:

Yeah yeah I know where I really look at having a mission or anywhere where we are committed and I can be in a relationship to a child when we doing that is the path to enlightenment because you to withstand the challenges the possible rejection all the things you really have to learn to love who you are.

And you know in the Bible.

The old saying love thy neighbor lying by self it doesn't say anywhere love thy neighbor more than nice house and and the key we are here to learn to do that and if we can with stand rejection and learn how to turn around to and use it to our advantage we are spiritually growing and expanding and as you say growing roots and we can be stronger and and more capable I do not know of anyone that made a difference in the world that had it easy like if we if we look at all the people that left their imprint in the world nobody had had it easy so, Yeah thank you thank you for sharing that.

Marsh Engle:

what came to mind as you were speaking is that I've often said to myself and to my clients is that many times we we think we're evolving our work we think we're the ones he's off the net and the exact opposite our work Stretch us and push us in Pull us and draw two axes opportunities so that we can use option show that's why sometimes we take on a mission or we respond to a call rain or we say this is a dream that I have I'm gonna say yes to it I call the no sacred yes sometimes we also prepared well that's because we're being called to be prepared for it would be drawn to the mission so that

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we can in the fall and I think if we can remember that because I you know even Gondry on certain at one point or another said what if the world by doing what I have and I signed up yet what your home I qualified to be the messenger of death is certain that any whites and we know Oprah's you know Oprah is such an inspiration to me and to many and I know that there's many times that I think he was talking about is like what in the world I remember there was even a story that I read once where she was that you're getting ready to sign for her.

For television deal back you know many years ago and she did attorney's office and she had a contract in front of her she said I have one question she looked at him and she said you have any idea what you're doing do you know what you're doing and that was a testament to her saying am I qualified for the world to come to me so I think we all can feel that where we don't feel qualified and if we can remember that our our life's work our life's mission and our calling is pulling us to expand in the fall it will help us in so we can ask ourselves the question you know what is this asking me to recognize within myself how is it asking me to honor and value aspect of myself that I'd either hidden away or sell.

Down in the basement or just simply said they weren't important enough Allah or their ordinary and we can begin to do that we can start to look in the direction of the evolution and expansion that are are good workers doing which is another way of saying we could fall deeper and last.

Lise Janelle:

There is saying about Gandhi.

I heard I think he's the one who said this quote.

I'd rather have the whole world against me than my own soul.

Marsh Engle:

Yeah.

Lise Janelle:

When you're telling at our call and the calling.

It becomes more powerful than any possible react rejection on the outside that's when we know that we are being driven by our hearts and not by other emotions.

Marsh Engle:

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Yes any earlier in our conversation you ask you how do you know when when you're infatuated with something it's a real calling it's released its love.

It won't let go of me if you ever had the idea that you want to let go of the I.

Want to let go of this and it won't let it go you just will not it wakes you up in the middle of the night and.

You know I find.

To turn the computer on it it's like for I know what I'm working on that again and it's like wait a minute this is not what I was going to do today but if there is a.

It's not.

All. or we we chanced can't let it go because it had to hold the glass and it wants to show with something it wants to share something to relax its you know what we can find that you know even talking about it brings that passion for me because I can feel it I could feel would work in that level of luck with what with our creativity and sent be in love with it from the point of not only allowing it impacted inspired you also know when steel how it might allied with others and we get that in a line that we really are unstoppable.

Lise Janelle:

And now It's beautiful.

I'm something I see a lot with my class and I'm sure you see it.
Woman with a mission outside the home.
And wanting to be successful having a loving family.

At first thinking okay I can do both and and them feeling on my god I'm not good at either when they re what do you recommend women what is it.

What it is mean for.

A woman to have success and carrying a family is it possible if it's possible how is it possible.

Marsh Engle:

Such a great question because I think it's individual to each woman.

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I really think you know we've been talking about are calling in our passions and it when I had my children which you spend quite quite a long time ago now I left my career and was a stay at home mom I was stay at home mom for three years and absolutely laughed at.

Loved being at home love being a full time mother.

Loved you know.

Spending time with my son and and then.

Any that happened which was my husband ask for a divorce which is a big thing.

And my life in one instance changed.

And I found that developing a career then became something that was more than just developing a career was developing a livelihood so that I could make money and.

Take care of my son's so my sons were very young so I had to learn I had to learn to adapt to one way of life and then into another and when I learned to adapt had to learn to do that without beating myself up really.

Really.

Harshly and I also had to learn that for me it required a tribe of people it requires my mom and dad were willing to help me I was willing to you know at a daycare center that I found that I really had my heart set on somehow found openings from sun and I was able to find out of a balance with in my career where I could take off during the day and and take him to the doctor's appointments and be able to pick them up from school and I was able to find a balance of that but I think that what I'm saying the most important thing is that we we know that before going to choose and if is chosen for us that we're having a full time career and also a full time mother that we have to have support we have told our people in to help and know that we don't.

Absolutely okay matter effective even better and you know one of the stories I have that I often tell it saying that as a single mom I was running a large marketing agency that we talked about I had it for like a year and so my son you know here they are in school and they come home from school and where is their mom older moms in the office working so I thought well that's not working for me so I.

Brought my son's friends in my office and gave them jobs there and that that was a good idea but it got even better because then I thought why not bring in some of their friends and give them jobs to so before.

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I knew it I had community of entries I had these my sons and their friends and I was giving them real jobs it wasn't you know they weren't coming here just to eat out they were doing real jobs they ran at some point may stay with me for a lot of years doing this and then what happened my son became interested in opening their own businesses.

Then they became interested in hearing marketing in the entertainment industry and they've gone to open their own age marketing agencies and one son works and branding and see now show up I beat myself up to honestly tell you that I wasn't kind to myself during those early years I thought I would mystery my son's by bringing them into the office I thought you know my mind set was if I was a good mom that I'd be able to do this that or whatever and as it turned out.

That was a great idea to bring my son to work in with me.
But at that time I wasn't so kind with myself had I been able to see the future realized I would have been loving.

Lise Janelle:

I don't I don't think you can tell a next generation of women.

Marsh Engle:

Eight
That's,
Exactly right.

Lise Janelle:

How the way that challenges but actually to.
To give their children some challenges so they can grow their own wings yes.

Marsh Engle:

Exactly and you know or their own money create you don't understand what it is to run a business understand not just the good side of running a business meaning you get you know you make money and you get to travel the world or whatever you know that the high side and it is now also the challenges of people not showing up to work the challenges of losing a client or the challenges as you're trying to create great innovation so that you are distinctive in the marketplace all of the things that go into building a business.

They were there front and center and I can go on and on and tell stories about how that was impactful to their futures.

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But.

I think what's important now is that.

At the time I couldn't love it because I thought it wasn't the right way to be and now I see that it was absolutely right my and I'm in love with it that the fact that that decision was made even if it was that necessity and so maybe if we pause and we noticed how white were doing things rather than to immediately go to well this isn't the way my mom did it or this is the way others are doing it but we can look at the situations and experiences and find out what's right about it.

Lise Janelle:

Yeah I hear something I often tell my parents and I'm coaching is. Your job as a parent is to make sure that if anything happened to you and you were not around you would feel safe in knowing that your children are and be strong and capable enough to live an amazing life. Which is what you did Fear of.

Marsh Engle:

Thank you And I agree with you thank you so much I yeah you know.

One of the things I was thinking about what we we jumped on on the couple together today is that it's so important for us to remember is that.

Our children are watching us.

They're watching us so closely there watching how we live our passion there watching how we honor our place in the calling to the desires that we had asked there watching us and this can be one of the most powerful tools we can leave with their message how valuable it is health care how valuable it is to express oneself how valuable it is to create and express our creativity even in our businesses are through our relationship Sir our arts whatever that looks like friends and they're watching us and hopefully they pick up the best of all of that and bring it into their own life experiences then.

I think that many times we one at Judge ourselves to follow your passions where in truth if we look for the good in it. We're reflecting to our youth and our young people and our children just how great it is. When we have life how great life be willing to allow yourself to experience in that song.

Lise Janelle:

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And what I like about you starring enjoy what used to be just like you know sometimes you ask someone how you know when you like cooking alone in northern home we were my mom love cooking and she showed me how to cook and yes we she and no cooking with love it connecting and with you the way you did it thank you but your your sons with you work so for them it became a moment of connecting being with my mom feeling useful feeling capable increasing their self worth my mom needs me so you doing it that way was a wise and you have kids want to go out and play video games and things like this but what you did I'm sure you know as adults they rather I Have had the experience that you brought to them then.

Playing Video games yeah they're fun in the moment but in the future unless you end up in the video game industry hungering to really serve you said you were able to connect pleasure to learning and growing and learning to fend for themselves and that that's correct and that's quite inspiring.

I'd like to ask you
What is the one.

Obstacle you believe most women must overcome?

Marsh Engel:

I think we talked a lot about it it's really quick second guessing and questioning ourselves

The second guessing and questioning ourselves and that's that stop start stop in Room that we see we start something and it will stop it or will start something you will get it pretty far along and we pull ourselves back away from it and we stopped at it you know when we spoke earlier in the call about.

We must fall in love over and over over with our work or in this case we've been talking career and and now livelihood more.

We have to fall in love with it over over we have to find the value in it we have to honor that value and we have to really recognize the difference it's making in our lives and the difference is making life to the others we have to recognize that and if we don't.

We're not recognize you for not leave that direction and now some value in it. we will fall into that pattern of is this right for me is it really necessary to get people isn't worth the time and then testing is that it is at this sad or whatever and every time we do that it's like picking up and that the the analogy always had like picking up a lot of mud and throwing it into our crystal clear vision that we had and we just knew that he had and so our vision becomes cloudy so we have the answer to that is to really fall in love over and over and over with the mission not just once but we're going to forget or it's going to

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evolve or it's going to call us to evolve that and if we don't we fall into this pattern of doubting ourselves I doubt your words scattering our values doubting the value of our work doubting is it making a difference some level of questioning is not a bad thing not once they could I ask a lot of questions constantly about it not help speaking clarity but dowdy centers I don't know if it's worth it or not I don't know if it's worth my time or not I don't know that it matters to people I don't know I don't know I don't know exactly give us such polarized in our work could be just like dragging us down so I think we must be able to begin to do a few things one is to value again I would say from the earlier in our call and then gets out you in ourselves and how we quickly stands and take responsibility for that great value that we can find and the ability to handle Colleen or to have something that's pulling us into a mission or to create a move or simply be really just fully in one area of our life it's really matters to us.

So.

If we don't we live a life of doubt which is a life and stop procrastination in denial and I don't think any of us nobody wants Iraq we want to have a look slash.

Lise Janelle:

I'm I'd like to ask you a personal question.

When is the moment that stands out in your mind a moment when you knew you were doing exactly what your room design supposed to be doing even noticed challenging.

Marsh Engle:

You know what I think it was morning.

I think it was this morning and.

Me and a friend of amenity of mine that I've had for nine years now.

A beautiful post on today's our anniversary at each other for nine years and she did this beautiful testimony.

On facebook

And she reflected from the very first moment that we met all the way through shifts and changes that she fell to make for herself and her life.

And how.

The reflection in the work that we had done together had made that difference to her he now runs an organization for use she's actually.

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Giving back in exactly what she had chosen to learn for herself in her own and she's giving that back to you.

I don't want to say that the approval of others is what motivates me.

And I don't want any of this to you know I if I were talking to coaching client right now I simply don't get attached to that because to me nine so that doesn't happen.

But when a reflection does come to us.

Let's not ignore it either let's say you know what that made a difference in that person's life and maybe it's just that one person.

And the life that was impacted but it's enough to say I'm gonna keep going.

And what you know interestingly and ask her.

Member we first start begin I was speaking about feminine success in feminine later showed up yet that's exactly what I was coaching and teaching in those early days with her and it reminded me of how much I love the power of that work the power of opening our our gaps of who we are as women we were in our family power with were in there feel feminine leadership that were in our our ability to use all of our our feminine aspect merge them with our ability to walk it out into the world how very powerful we argue reminded me of that.

And so I think sometimes.

Things come along kind of.

Not just a little bit not just back into the past.

In this case her words reminded me of something that brings great passion to me and not as the teaching of feminine and leadership so I decided this morning they bring more of that back into my work again because it brings so much passion to be bring so much into gas to my life but.

Personally you know how did I know what I was doing the right thing.

Lise Janelle:

Do you remember a moment where it even though it's challenging.

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You stood there you go yeah looked like you were saying like you can't quit they will let you quit your member one of those moments where was challenging and you didn't quit and as a result.

Marsh Engle:

A walk in the park of it the lashed.

May be I was invited to speak and this might be I was invited to speak in front of a thousand ministers while and.

Lise Janelle:

Wow

Marsh Engle:

That was a big opportunity.

And.

I don't know that I lived up to my optimism that opportunity I think I let.

My I think I got into my head a little warm and that.

It wasn't a failure but it also wasn't a big that was incredible even more of a well I.

Did that I know how I can change it she told Mike afterwards I gave myself some different time reflected on.

Do I really wish to be a speaker in the answer is absolutely yes and if that's the case.

It wasn't so much about getting training you know what it what it was about getting out of my head and into my heart more have is

Lise Janelle:

I was going to say it was about you getting to your heart you got you can learn that lesson that beautiful.

Marsh Engle:

So I got you know I was just in my head a little more than.

Lise Janelle:

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So how do you value in return serves you died there and at the time like as a result of having had this experience.

Went another time you got a great success because you went through this challenge.

Marsh Engle:

All I mean I you know I began to really realize that being on stage doesn't have to be a solemn experiencing what.

It should be the most fun effort you know what I did is I start bringing music into my talk I started bringing dancing into my talk I started bringing audience participation into my talks and I started making it a party and transformation which is still the same was no longer a solemn experience all of my talks now are a blast there's fun you know I walk off stage energized inspired and moved in so that the audience by I believe because.

Because we've.

We've not had to.

Make it hard work to transform simply allowed it to be a celebration of remembering who we really are which is kind of what I did that day did not and would not is in my head I was a remember who I truly am and when I started remembering who I truly am and when we can all remember who we are it's fine license and enjoyable it's meant to be a celebration and that's how I change.

Lise Janelle:

Thank you does this is this is what this is what is inspiring as their heroes journey I had a lot of because this is solid this is something we can think can and I'm pretty good for our audience can you tell us about it.

Marsh Engle:

I do and I'm I'm so happy that it's relating to our feminine mindset the gifts that I'm giving is relating to the sacred agreements my last book that I just released in March of last year.

And it is a beautiful book it's filled with a creative gotten so it's really the creative process from that sense of discovery into deeply needed into what we could consider to be a full blown in love with Colleen or in love with mission so the steps that are in the sacred agreements Booker very much that'll yes that I'm giving today is a wonderful one because it's a four part collection Of Audio that are mastermind sessions so they build upon each other to one upon the next one next on the next one all highly inspired big

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energy to ignite your authentic call your purpose your passion and turn those into very tangible action whether they be with you or finding ways to bring them to community and gathering with others in your actions so I'd love that now we catch a little bit on now seven success and feminine leadership it's exactly what we'll be doing in this free gift as our feminine manifesting mindset so it sound I hope that he took part in this because it's really something I enjoyed creating and I'm so happy to be able to share it with you I'm on a call today.

Lise Janelle:

He sounds really good and they can find your book also on your website.

Marsh Engle:

Yes marsh angle dot com March in a R. SHN an EMG LP dot com and not find lots of good stuff that we do live he spent seventy podcast series really seats are not allowed to speak in the sand and of course the free gift is right there for you as well and I'm very happy to share it with you.

Lise Janelle:

Right who are for the listeners can go to Marsh angle dot com you can get this free gifts there also on the global heart living websites to go and check their you'll see the gifts are also available there helps what would be your parting words when your parting words you want the audience that really remembers like what is it you want them to take. These were your last word you ever spoken or why would you want tell.

Marsh Engle:

Okay good I'm glad Because I yeah you know what I do is I I think it's good idea and it's okay I open my secret agreements book out and I found a passage in it and I did it right before the call and I thought I had one that I wanted and I worked on that the occupation is the opposite page is actually the passage that I'd like to share so I'm sure that with this today it's a good one to remember.

I share even more of my sacred work.

As you expansion work you expand your own evolution one of the most powerful things you can do is share all we know and all you have learned I share your wisdom you create the space for new insights to arise and fresh directions to emerge you

Grow more life more.

Today be the day that you set free even more of your sacred work hold nothing back share your gifts with the world.

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Lise Janelle:

Wow

That's beautiful

I can feel your heart I can feel your passion in there conceal the inspiration.

Thank you thank you so much more so with very empowering very enlightening variance firing and that's what we want we won't really want our audience to understand that when you fold a heart that best way of enjoying life to the fullest.

Easy but nothing is easy but if you choose to consciously fine you purpose your mission you can live in a maze and like an amazing life experience you I go on marsh website her book at the gifts and the.

And a You for listening and we have other amazing speakers stuff like Marsh the two biggest carry one.