



Guidelines & Agreements for Our Journeying with the Muses Online Sanctuary

GUIDELINES for Our MEMBERS ONLY Online Sanctuary
PLEASE Read & Agree prior to entering the Members Only Space

Welcome Beautiful Soul, to our online Sanctuary to Share & Connect as a Global Community of Journeying with the Muses ~ Meditative Art. You are honored, supported and welcomed here.

Our Community Forum/Musings is a place to Share what comes thru our journeys with the Painting Portals. To be witnessed, held & supported in a **judgement & shame free** sanctuary.

These guidelines & agreements are to set a sacred container for our sanctuary.

We are here to connect as a global community sharing insights, authenticity, questions and inspiration related to Downloads & Messages from our Guides & Intuition, Moon Cycles, Womb Wisdom & Power, Goddess Magic, Divine Feminine Empowerment, Sacred Leadership, Earth Wisdom and Heart Truth.

As a Reminder, ALL Artwork we will be Journeying with is Original Artwork & are Copyrights of Karen Balon Art© & Fire Moon Goddess Studio. Journeying with the Artwork is for personal use. Please respect these copyrights. Do not download without prior written permission from Karen Balon Art.

GUIDELINES FOR THINGS TO SHARE HERE

Please share Responses to the Journaling prompts, your experience with Journeying, love notes, inspiration, heart sharing, and struggles or questions you may need support around.

OUR 13 SACRED AGREEMENTS

Let us enter this space and mindfully come from a deep place of light and love in all our interactions here.

1. Agree that everything shared is absolutely confidential & sacred. Posts or comments are not to be shared outside of this container. Except for your own personal experiences.

2. SHOW UP AS YOU ARE, allowing yourself to be witnessed and also taking time to witness others. Come from the depth & well of love in your heart when posting here, with openness and full authenticity.

3. Tell the TRUTH & RESPECT one another's diversity of perspective and personal experience. Commit to honesty, integrity, trust, vulnerability & respect for everyone present.

4. Commit to be deeply inclusive within this sacred space that honors and celebrates all diversity & life. We honor and uphold the Divine in all. We will not tolerate racism, homophobia, transphobia, sexism, classism/elitism, ableism, sizeism, ageism, anti-Semitism, Islamophobia, fascism, or xenophobia and agree that any disrespect of this will not be tolerated.

5. Treat everything with loving kindness & radical acceptance of self and others at all times.

6. Find, trust, speak and act upon the truth of your own experience (i.e. share from 'I'). Only offer advice if and when it is specifically asked for; otherwise, just witness. Please also refrain from giving any wellness or medical advice.

7. Recognize that this is a mutually supportive community. Be clear both in your giving and in asking for what you would like to receive. Be willing to reach out and ask for support when you need it.

8. Take responsibility for your own needs and self care, engaging often in self reflection.

9. Be present in mind, body, heart & soul as well as all your senses and practice deep listening, loving kindness & empathy at all times.

10. Refrain from naysaying, self-deprecation, group therapy, whining or gossip.

11. Stay committed to your own personal & spiritual growth along the way and look for synchronicities.

12. We want to support all the creative works you are sharing in the world & also want to keep this space FREE from an influx of SELF-PROMOTION. Please DO NOT use this space for self promotions, recruiting or spam

13. Understand that if these sacred agreements are disrespected, we have a Zero tolerance policy, we will delete the comment(s) and your membership may be revoked.

I, _____(State your name), Agree to and will honor these agreements & guidelines while sharing and interacting in Journeying with Meditative Art, Journeying with the Muses & in the Musing Members Forum.

And so it is. And so it is. And so it is.

I am Grateful for your understanding & cooperation of these agreements in creating a safe, supportive, loving space for us all.

Free free to reach out with any questions to: karen@firemoongoddess.studio

Peace & Love

KarenElizabeth   

* Credit ~ Sacred Agreements Creatrix ~ [Lainie Love Dalby](#)