



Catering for workshops Visingsö -Walking the path of gratitude-

Ekolokalt Hallands vision is to inspire and spread knowledge about how we can achieve optimal health by choosing a good and nutritious diet. To try a plant-based diet that is rich in minerals, vitamins and trace elements.

Raw products are living beings that consist largely of the same biochemical constituents as us. Food is energy and food also has a spiritual dimension. How it is been cultured and grown, how it is treated, stored and cooked matters for the energy that it provides. Our food is organically grown and as far as possible locally produced, prepared and cooked with gratitude and love.

Offer

Breakfast, Lunch & Dinner - 2150 sek

Welcome to book your food at info@ekolokalt.se, then you will receive an invoice. Let me know if there is any allergies or special food needed.

Blessings/ Hanna Eneslätt