

CLAIRE WALTON

High Performance Coach & Bestselling Author

ABOUT ME



I coach leaders within large global and UK organisations such as; Japan Tobacco International, Co-op, Home Group, Arriva Group, Benenden Health, Connect Health, Brandon Trust, Northumbria University, NHS and many more.

I have an extensive background in Senior Leadership and Executive Director roles across diverse industries working at big brands including; ASDA, WHSmith, Dixons Retail and Carlsberg.

I fundraise for My Sisters Place and offer discounted rates for smaller charities.

I am mum to Emily, age 29, live with Jay and I am a life long learner.

COACH AUTHOR SPEAKER CHARITY

Executive Directors
Leaders
Entrepreneurs

Bestselling book
Super Neuro You
Published April 2021

Speaking about
Achieving your Highest
Potential Self & High
Performing Teams

Campaigner and
Fundraiser for
My Sisters Place

*Clients say Claire
is MAD!*



It is no exaggeration to say Claire has transformed how I approach both challenges and priorities within my role and the pressures we all face as part of normal life. - Debi Bailey - CEO

Claire has a knack for getting to the heart of the matter. Her coaching style is insightful and genuinely uplifting. - Bob Andrews - CEO

Buy the book, read the book, do the work – it will make a difference. - Helen Smith - Chief Commercial Officer

Really interesting, informative and amusing book - Amazon customer

A BIT ABOUT MY BOOK

'Super Neuro You' is designed to help readers access the superpowers of their Highest Potential Self (HPS) and positively influence the people they connect with: family, friends, colleagues and people in the community, creating a huge ripple effect of positive change.



I actively raise funds for My Sisters Place with various personal challenges, launch day Kindle sales and by running group coaching events where all revenues go to MSP.

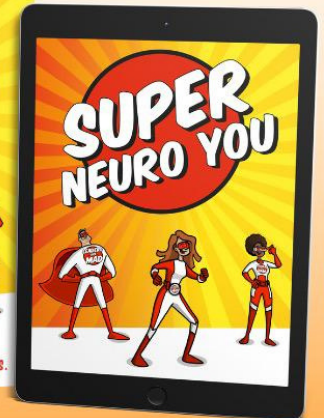
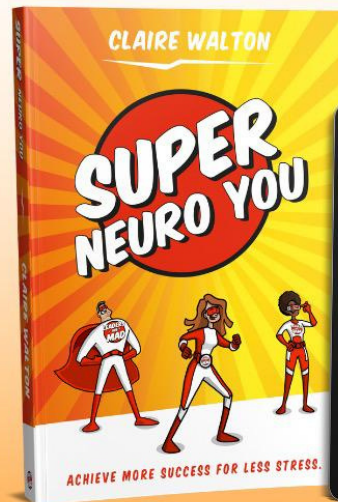


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Coach & Author

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authors
AND CO.



AVAILABLE NOW

INVENTIVE BOOK

A powerful story, an insight into coaching & access to lots of practical tools, activities and techniques based on neuroscience and psychology



[Click here for my fundraising page and my 1 YEAR without sugar challenge](#)

I would love to hear from you - to speak at your event, coach you or your team, write for your publication, be profiled in your publication, be interviewed on your podcast, supply you with a bulk order of my book.

[Podcasts - Inspiration North - 2021](#)

[Podcasts - It's a People thing - 2021](#)

[Press Release - 23rd April - 2021](#)