

Theodor Hundhammer

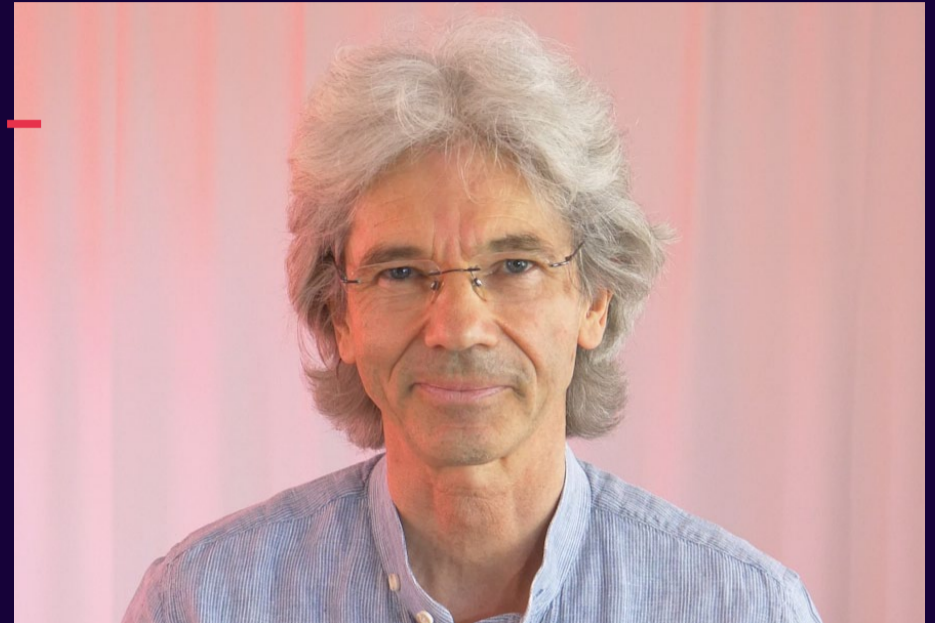
MSc Eng., Dipl. Eu and CEO

Theodor is the founder of Eurythmy4you, producer of the videos and artistic content.

As an avid glider pilot, he built experimental gliders and graduated in the fields of gear mechanics and factory operations at the TU Braunschweig. He also worked in curative education and trained as a kindergarten teacher. During his time as a plant engineer at WALA-Heilmittel GmbH he developed his thoughts on the spiritual significance of technology for humans.

After studying Eurythmy in Holland and America and Eurythmy Therapy in Germany, he founded his practice in Bern and Biel in Switzerland. In addition to his therapeutic work, he worked as a project administrator for health projects in Africa and Asia.

For Theodor, eurythmy is a way to our inner forces, whose potential he wants to make accessible to all people. For this he also develops and teaches eurythmy on skis. Eurythmy4you is his heart project, and he is pleased to welcome those who wish to join. The possibilities are almost limitless.



Connect with Theodor

- ✉ theodor@eurythmy4you.com
- ☎ +41-76-450-94-12
- 📘 facebook.com/eurythmy4you
- 📺 youtube.com/eurythmy

Interview Topics

1. Eurythmy programs for health and self-development
2. The interaction of Buddhism and Anthroposophy
3. The specific structure of the Eurythmy4you group programs
4. The dynamic relationship between art and technology in human development since Leonardo da Vinci

Sample Questions

1. What is eurythmy?
2. Why does eurythmy have such a strong impact on health?
3. What kind of health problems can you treat with Eurythmy?
4. How did you break out of being an engineer to getting involved with eurythmy?
5. Why did you develop Eurythmy on skis and why is it so rewarding?
6. What makes your programs so successful?
7. What moves you when you work with people online?
8. What questions do participants have and what positive effects do they report?
9. Why do you call high sensitivity a gift?
10. When should I take a group course and when should I take an individual course?
11. Is there a spiritual background behind your products?
12. Is there any research work on the programs of Eurythmy4you?