## · WEEKLY RECIPE ·

# DAD'S CAESAR SALAD



Aimee's dad Dennis N. has been making homemade caesar salad since she was a little girl.

#### **INGREDIENTS**

- 2 heads of romaine lettuce
- grated parmesan cheese
- 3 garlic cloves
- 3 Tbls. store-bought oil-based caesar salad dressing
- 1 Tbls. Worcestershire sauce
- 3 Tbls. olive oil
- 1 Tbls. anchovy paste

### **DIRECTIONS**

Wash, dry, and chill romaine lettuce.

Crush 3 cloves of garlic in a large wooden bowl. Smash garlic around the sides of the bowl with the back of a spoon.

Add the store-bought caesar salad dressing to the garlic bowl. Then add the Worcestershire sauce, olive oil, and anchovy paste. Mix together with a heavy sprinkling of parmesan cheese.

Shred lettuce into bite-sized pieces into the bowl of dressing. Toss and keep tossing until all lettuce is coated.

Finish by sprinkling more shredded parmesan cheese on top of salad.

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## **AUNT LOUISE'S CAESAR SALAD**



This creamy caesar salad is absolutely amazing! (Aunt Louise got Aimee's vote. Shhh... don't tell Dad!)

#### **INGREDIENTS**

- 2 heads of romaine lettuce
- 1/2 cup shredded parmesan cheese
- 2 garlic cloves minced
- 1 tsp. Worcestershire sauce
- 2 Tbls. fresh lemon juice
- 1 cup mayonnaise
- 1 tsp. anchovy paste
- 2 Tbls. Dijon mustard
- 1/4 tsp. each salt and pepper

## **DIRECTIONS**

Wash, dry, and chill romaine lettuce.

In a bowl combine mayonnaise, lemon juice, minced garlic, Worcestershire sauce, Dijon mustard, anchovy paste, salt and pepper, and shredded parmesan cheese.

Use a hand blender to incorporate all ingredients together.

In a large salad bowl, tear lettuce into bite-sized pieces.

Spoon some of the dressing onto lettuce tossing until all the lettuce is coated. Sprinkle with more shredded parmesan cheese.

Refrigerate remaining dressing for up to 2 weeks.