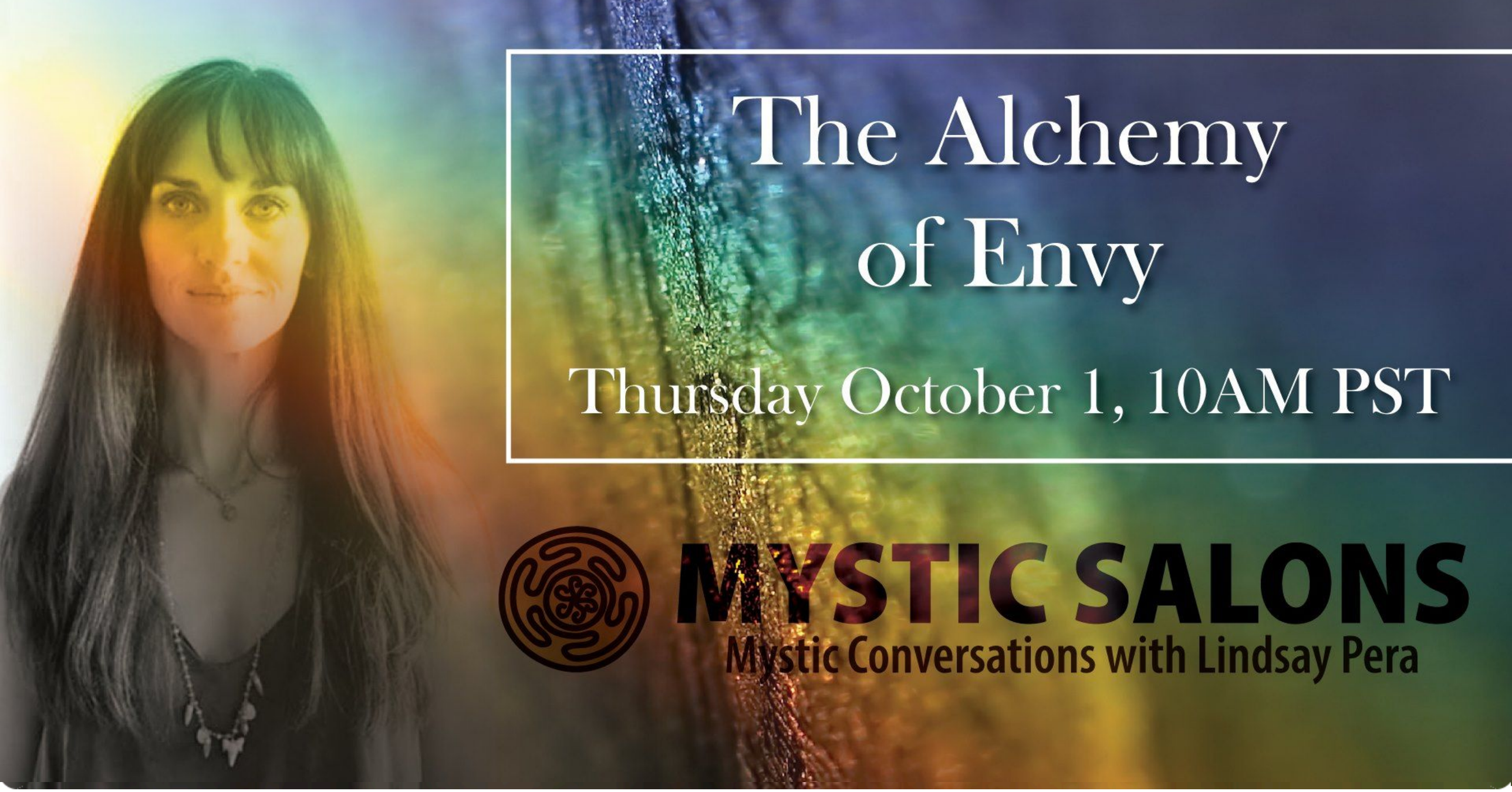

The Alchemy
of Envy
Thursday October 1, 10AM PST
MYSTIC SALONS
Mystic Conversations with Lindsay Pera

Join us...



∞ Welcome ∞

Tools and Insights for Shifting Times…

- **About Mystics Salons**
- **Society and new friends**
- **We are here to serve**
- **About me**
- **About these times: between curves, adaption and resiliency**
- **Let yourself be guided**

Thank you for joining us…

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About these Salons

Tools and Insights for Shifting Times…

- **Bringing resources out from the inner rings**
- **Applying new paradigm frameworks and methodologies to your life AND livelihood**
- **Restoring a container for conversations of the Mystics Path**
- **Each Salon will focus on a single framework you can apply immediately**

…your presence is all that is required (owl eyes + deer ears)

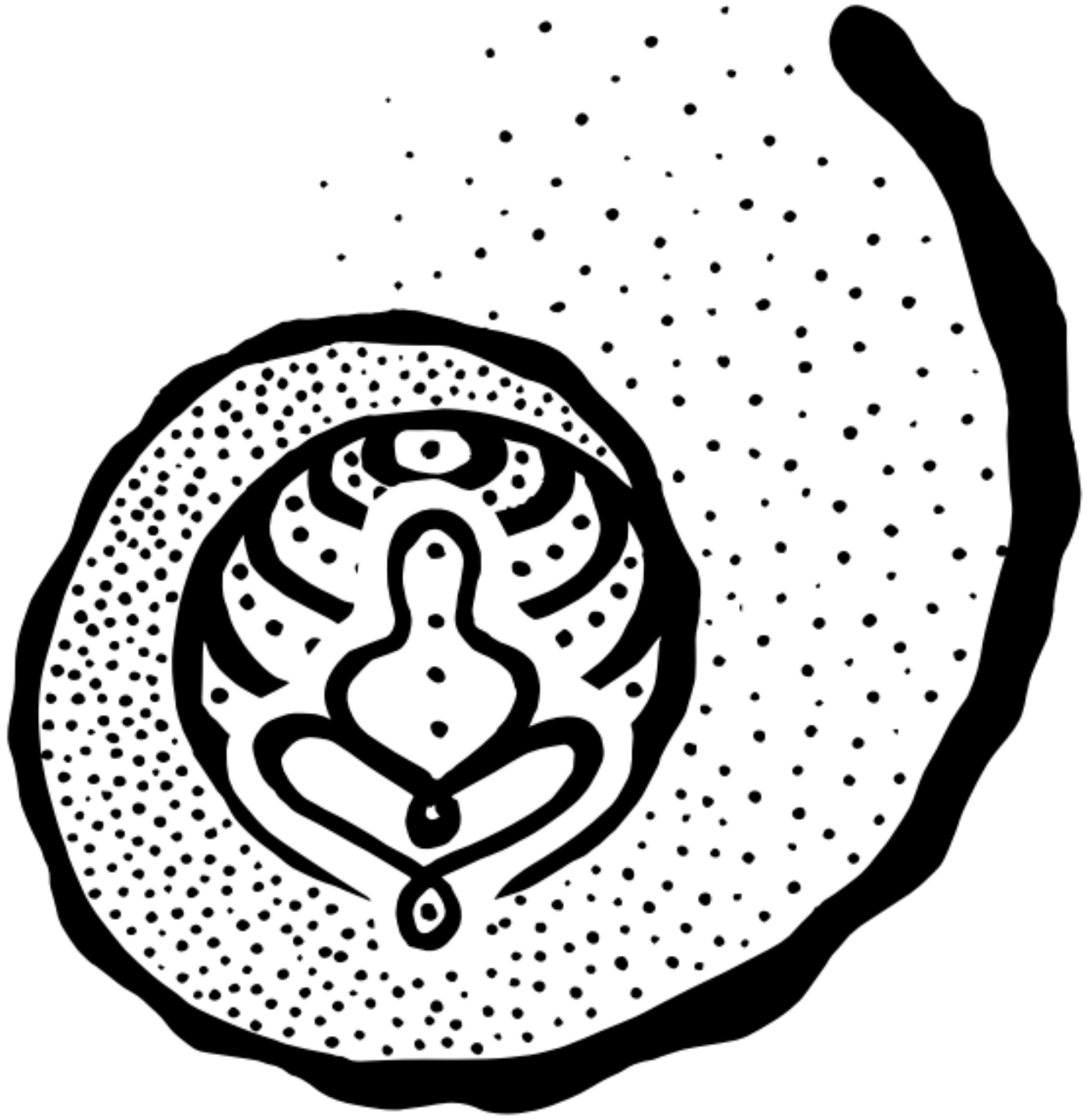
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Mystic Salon Topics

Tools and Insights for Shifting Times…

- **April I** Anticipating Shift: The Transformation Lifecycle
- **May I** Your KEY to Safe Shift: Creating Resonance using ACAR model
- **June I** Overcome Anything: The Gratitude S.E.C.R.E.T
- **July I Lost no more -** Clarity in Chaotic Times (The 8 Directions and how to summon them)
- **August** | Ancient Tool for Manifesting Anything and Everything (The Wheel & Rings primer)
- **September I** Create the Container for your Desires: The Magic Triangle
- **October I** Turn Envy into Manifestation: Alchemy of Envy
- **November I** The Worry / Knowing Framework and how to claim it
- **December I** A Map for New times: The Mystics Manifesto

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Bringing our Hearts and Minds Together

Intentions for this Salon

In this Salon we will…

∞ The story of this journey

∞ What is envy?

∞ What happened to it?

∞ Why it was villified

∞ Framework to help you transmute envy into manifestation

∞ We will also touch on the connection between the emotional alchemy and sacred commerce

…Envy is a gateway.

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But first!
Q: Where had (does) Envy show up for you?

- **A recurring person?**
- **A recurring theme?**
- **A recurrent longing?**

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What is ENVY

- **An emotion**
- **An impulse**
- **A feeling**
- **An experience**
- **A reaction**
- **A lost pathway to the divine feminine and manifestation**

…we all have it. You can reclaim it.

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What if envy isn't what you think it is….

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What happened to ENVY

- **Labled**
- **Judged**
- **Criticized**
- **Deemed “vice”**
- **Other-ized**

…can you FEEL what has been done to Envy?

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Why ENVY was villified

- **Part of stripping of the tools**
- **Opression**
- **Battle against autonomous beings and sovereign thought**
- **In order to create compliance**
- **Weaponization of desire, manifestation and the divine feminine**

Envy. It was too…powerful.

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Can you feel the power in Envy?

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Where had (does) envy show up for you?

- A recurring person?
- A recurring theme?
- A recurrent longing?

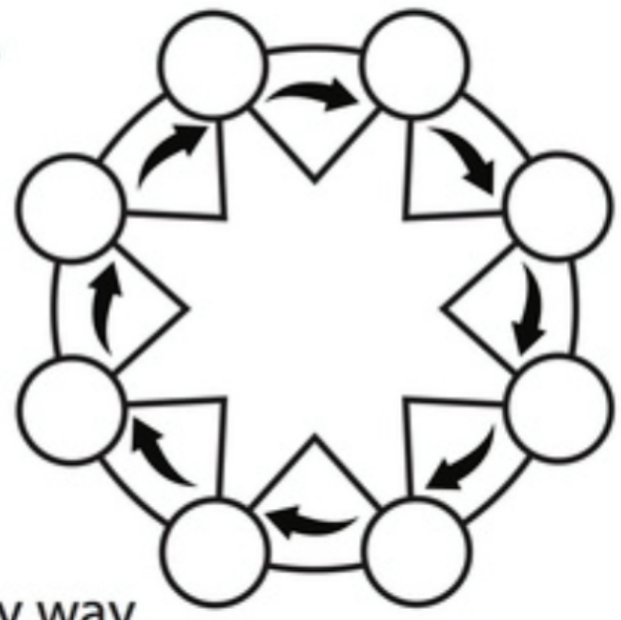
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How to transmute envy.

Mystic's Society
Purpose. Passion. Prosperity.

Lindsay Pera
Thrive. Expand Connect.

The Alchemy of Envy



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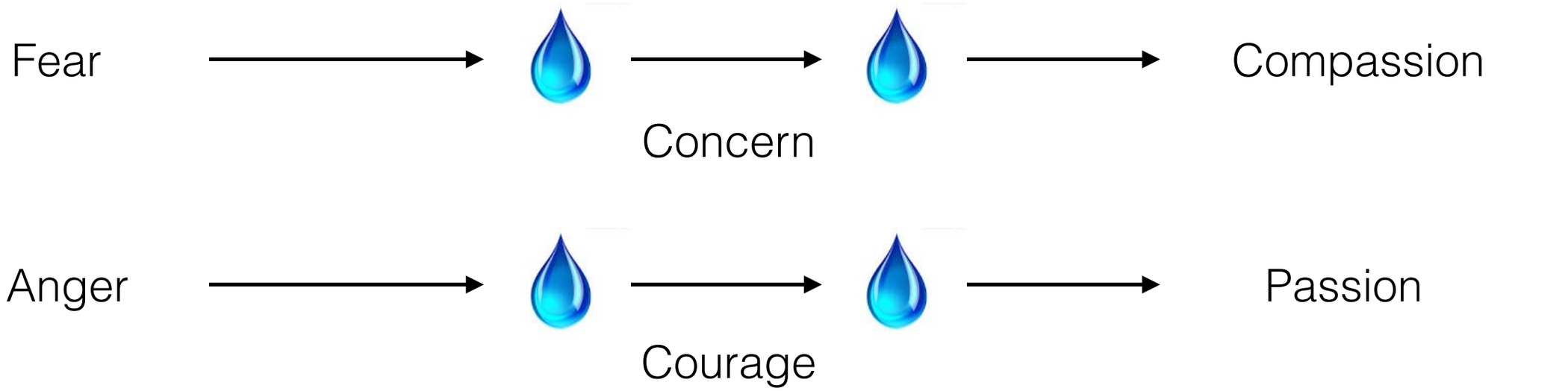
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Tools for your Toolbox

- Emotional Alchemy
  - Alchemizing any emotion
  - Especially Envy, Fear & Anger
  - Transmuting Loss of Hope into Connection
- Bringing your desires into form
- Activating your Intentions
- Accountability to your Intentions - Shift Wheel
- An energetic tool for
  - Grounding
  - Releasing and Clearing
  - Balancing and Stabilizing
  - Manifesting

Alchemy of Fear & Anger

- Own It
- Look at It
- Listen to It
- Act on it



Source: Sacred Commerce, Ayman Swaraf

Alchemy of Emotions

- Notice It - Pause - What is it?
- Look at It - Awareness - What is it showing me?
- Listen to It - Inquiry - What is it telling me? (often an unmet need or desire)
- Act on it - Transmute it - How can I appy it?

You can transmute almost any emotion with these basic four steps.

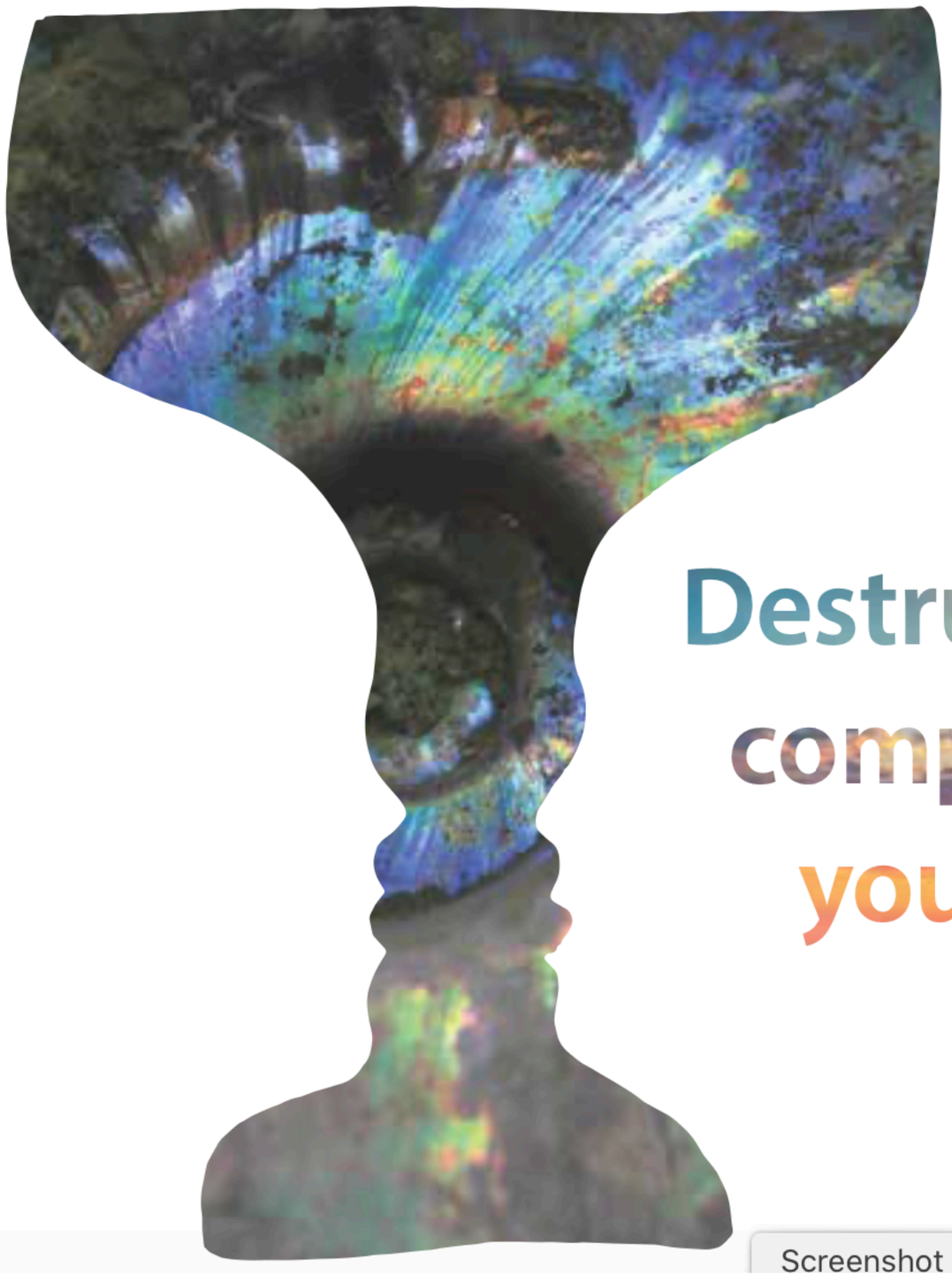
Tips for reclaiming your envy…

~ I see what I desire ~

- There is no “right or wrong” way
- Explore in your journal, your planning processes, your creative time
- Experiment with noticing your inner critic…release judgement…allow

~ Like that, but my way ~

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Destructive envy and comparisonitis dim your brightness.

Screenshot

Wrapping the Bundle

- Your envy shows you what you desire
  - Or what you want
  - Or what wants to be healed
- Your ENVY
  - Shows you where your focus goes
  - What your priorities are
  - How to do it your way
- Alchemy of envy is a peacemaking tool
  - Manifestation
  - Healing
  - Shift
  - Peacemaking…(no scarcity)
- It’s all about permission

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Mantras of healthy envy…



Three key mantras:

- **Bless and Release**
- **Yes, thank you, more please.**
- **Like this, but my way…**

In Conclusion & Gratitude

- **Calendar our monthly Salons and Business Alchemy Breakouts**
- **Share and invite**
- **#together:**
- **Sherrie@MysticsSociety.com - Emergency Sessions with Lindsay or MMI Mentor**
- **Join and Engage in the Mystics Society**
- **Daily prayers: bring it, share it, let's do it…**



Thank you for joining us.

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