



## Catering for workshop 7 Planet Alignment Husbygård 2021

The vision for Ekolokalt Halland is to inspire and spread knowledge about how we can achieve optimal health by choosing a good and nutritious diet. A plant-based diet that is rich in minerals, vitamins and trace elements.

Raw products are living beings that consist largely of the same biochemical constituents as us. Food is energy and food also has a spiritual dimension. How it is been cultured and grown, how it is treated, stored and cooked matters for the energy that it provides. Our food is organically grown and as far as possible locally produced, prepared and cooked with gratitude and love.

### Offer

Breakfast, Lunch & Dinner - 2250 sek

Lunch & Dinner- 1900 sek

Lunch- 1100 sek

if you arrive on Friday and would like dinner and breakfast, an extra cost of 150 sek will be added.

Welcome to book your food at [info@ekolokalt.se](mailto:info@ekolokalt.se), 073-962 02 54, Hanna Eneslätt

After the registration you will receive an invoice. Let me know if there is any allergies or special food needed.

Welcome with your order / Hanna



  
**Ekolokalt Halland**  
VEGETARISK & RAW FOOD CATERING