

**We think of Play as something
that comes easy to children.**

**But many children do not
develop pretend play skills
naturally, and need some help.**

If your child:

- is socially unaware of others
- has difficulty with friends
- is anxious in social situations
- struggles in play with others
- has different or delayed language
- is neurodivergent (eg ASD, ADHD)
- or plays differently to peers

then Learn to Play therapy can help.

**Suitable for children
18 months to 10 years**



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about

Angie



**Angie is a Mental Health Accredited Social
Worker and Child & Family Therapist who
has been working with children and
grown-ups for more than 25 years. She
applies the wisdom of neuroscience and
psychological therapies through the
medium of evidence based Play Therapy so
that counselling is fun.**

Learn to Play Therapy

**Information
for Parents &
Carers**



at

**The
Counselling
Space**

Coffs Harbour

The Benefits of Learn to Play

Play is fundamental for healthy brain development and for building skills such as:

- problem solving
- collaboration
- empathy
- and creativity.

These are critical elements that contribute to children's life-long well-being and learning.



Please feel welcome to contact Angie directly to discuss whether your child would benefit from the Learn to Play program (or other accredited play therapy approaches).



Feelings

Build emotion language
Identify emotions
Manage big feelings



Language

Story telling
Build vocabulary
Develop narrative



Understanding

Problem solving
Extended attention
Logical sequencing

Social

Turn taking
Playing with others
How to do friendships

