

# The CRAVE Pledge

I , \_\_\_\_\_ , pledge in this  
moment, to fully COMMIT TO MY LIFE!

I pledge to manifest a life that my soul is calling to  
create.

I commit to respecting the process and pace that  
keeps my momentum moving forward to creating  
with inspiration  
and motivation.

I pledge to consciously create my life through my  
awareness and power of choice.

I pledge to live my highest purpose as a sacred act  
of service to myself and to the world that needs my  
unique and authentic soul gifts.

I commit to my life as the sole creator of my  
experience here.

I take all responsibility for the way I feel, the  
meaning I assign and the choices I make in creating  
my my life.

Date \_\_\_\_\_

Signature \_\_\_\_\_