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<https://youtu.be/nEtdGsGUzr8>

* [Word: how to change the font of the Table of Contents heading](https://youtu.be/pSoUaUNj5l8) <https://youtu.be/pSoUaUNj5l8>
* [Word: how to add the sections before the Table of Contents into it](https://youtu.be/wIlfT2vzugo) <https://youtu.be/wIlfT2vzugo>
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* [*Word: how to add a landscape layout table into a portrait layout document in Word*](https://www.youtube.com/watch?v=UJcAasdYqxI&index=5&list=PLo0N0fsKrssVP0a_IymcriVc1-NRxK-0H)[*https://youtu.be/UJcAasdYqxI*](https://youtu.be/UJcAasdYqxI)
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## Declaration

I (name of candidate) declare that this (Thesis/Dissertation/Research Report) is my

own, unaided work. It is being submitted for the (name of degree) at the

(name of university), (name of city). It has not been submitted before for

any degree or examination at any other University.

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Name of candidate Signature of candidate

\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_ 20\_\_\_\_\_\_\_\_ in\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Dedication

## Presentations arising from this Study

## Publications arising from this Study

## Abstract

## Acknowledgements

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## List of Abbreviations

# Introduction

## Background

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Praesent euismod, lectus quis consectetur auctor, diam est dapibus neque, quis consectetur felis erat quis nisi. Nulla sagittis porttitor lectus, vitae egestas ligula faucibus ultricies. Nullam volutpat enim non erat egestas, ut porta odio mollis. Mauris in nisl eget lectus imperdiet malesuada sed iaculis tortor. Praesent ac sapien accumsan, ultrices est eget, commodo arcu. Curabitur consectetur porttitor eleifend. Vestibulum semper dictum sapien, sed tristique eros luctus ut. Donec eget augue non est molestie feugiat ac id enim.

## Problem Statement

## Aims and Objectives

## Significance

## Outline of this Research Report/ Dissertation/ Thesis

*Example of a figure to illustrate the sections contained in your thesis, dissertation or research report:*

Figure 1.1. Outline of the thesis

# Literature Review

## Introduction

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## Search Strategy

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## Heading 2 Style

### Heading 3 Style

### Heading 3 Style

### Heading 3 Style

## Heading 2 Style

# Methods

## Study Design

## Study Setting

## Participants

### Source of Participants

### Sample Size

### Sample Selection

#### Inclusion Criteria

#### Exclusion Criteria

*This is an example of a table and the table heading which will be included in the List of tables section:*

Table 3.1 Inclusion and exclusion criteria of the participants

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## Instrumentation and Outcome Measures

### Heading 3 Style

### Heading 3 Style

### Heading 3 Style

## Procedure

### Pilot Study

### Main Study

## Ethical Considerations

## Data Reduction

## Statistical Analyses

# Results

## Results Topic 1

### Heading 3 Style

Figure 4.1 An example of a figure

### Heading 3 Style

Table 4.1 An example of a table

|  |  |  |  |
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| Column Heading | Column Heading | Column Heading | Column Heading |
|  |  |  |  |
|  |  |  |  |
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It is acceptable to use a smaller font such as size 11 or 10 for the contents of a table

## Results Topic 2

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### Heading 3 Style

# Discussion

## Heading 2 Style

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### Heading 3 Style

### Heading 3 Style

## Heading 2 Style

### Heading 3 Style

#### Heading 4 Style

#### Heading 4 Style

#### Heading 4 Style

# Conclusion and Recommendations

## Conclusion

## Clinical/Practical Recommendations

## Recommendation for Future Research

## Strengths and Limitations

# References

# Appendix

Appendix A Information Sheet

*Add the appendices in the order as it appears in the text*

Appendix B Consent Form

Appendix C Ethical Clearance Certificate

Appendix D Turnitin Report