

Make Over Your

Bathroom Cabinet



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Give your bathroom cabinet a perfect makeover with dōTERRA products and a few handy tips.



1. **dōTERRA Salon Essentials® Hair Care** includes Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum, and Healthy Hold Glaze.
2. **Correct-X®** essential oil topical ointment.
3. **dōTERRA Touch™**: essential oils for young or sensitive skin.
4. **ClaryCalm®**: the best blend for your worst week, period.
5. **PastTense® Tension Blend** for your head and neck.
6. **dōTERRA On Guard® Beadlets**: on the go immunity support.*
7. **dōTERRA Breathe® Drops** for clear airways and easy breathing.
8. **dōTERRA Breathe® Vapor Stick**: apply around the chest or neck area for a cooling, soothing feeling.
9. **Veggie Caps**: an excellent way to experience the benefits of essential oils internally.
10. Essential oils from the **Family Physician® Kit** for everyday health needs.
11. **DigestTab™** for soothing digestive relief.*
12. **Deep Blue® Rub** is a go-to after a workout or any physical activity.
13. **DYI Lavender Bath Salt**
 1. Fill glass container of choice about halfway with Epsom salts.
 2. Add 10-15 drops of Lavender essential oil, secure lid, and shake.
 3. Remove lid; mix in 1 tablespoon of dried lavender flowers (optional).
14. Use glass votive candle holders to store your **dōTERRA supplements** for easy access.
15. **Melaleuca essential oil**: apply to skin after shaving or combine with your facial cleanser or moisturizer.
16. **dōTERRA Natural Deodorant** infused with Cypress, Melaleuca, Cedarwood, and Bergamot essential oils.
17. **Peppermint** and **Wild Orange Lip Balm**.
18. Add a few drops of **Geranium** to **dōTERRA Fractionated Coconut Oil** and use as a moisturizer for your body.
19. **Veráge Skincare Collection/Immortelle Anti-Aging Blend**: Everything you need for smooth, healthy, youthful-looking skin.
20. Diffuse **dōTERRA Peace™ Blend** during an evening bath for a calming feeling.
21. **dōTERRA On Guard® Foaming Hand Wash**.
22. Use **Citrus Bliss® Hand Lotion** for softer hands and an uplifting aroma.
23. **dōTERRA On Guard Natural Whitening Toothpaste** for clean mouth and fresh breath.

Tip: Save shelf space by hanging metal personal care tools on an adhesive magnet strip.

Tip: Line walls with a patterned wallpaper for a custom and fun look

Note: This cabinet and shelves can be found at IKEA. Clear storage containers can be purchased on amazon.com

We would love to see what you've done with your bathroom cabinet! Email your photos to living@doterra.com