

## **Informed Consent for Retreats with Kelli Underwood, To Be Aligned**

**I have read and agree to the following for trainings, personal and profession coaching sessions:**

- I am at least 18 years old. I understand the retreat is for adults and only therapy support animals are permitted.
- I agree to a 50% refund, if I cancel less than two weeks before the retreat date.
- I understand that as an imager, I choose how much to disclose with the group and my partner.
- I choose what to do in my imagery experience. The focus of the training is on growing co-facilitation skills and yet opening to deeper imagery experience supports my learning.
- I choose what events or material I am comfortable imaging with.
- I agree to take care of myself while I participate. I recognize that Kelli Underwood encourages me to do what is supportive and comfortable to my learning needs.
- If I have concerns or questions, I am encouraged to ask the trainer or assistants.
- I understand that facilitating myself or someone else through the 8 -step journey in T.I.I. is not recommended. It is best to have a co-facilitator who has attended a T.I.I. training or retreat and feels confident that can support me through my journey.
- I am participating in a training by Kelli Underwood of **my own will and volition and voluntarily** agree to all the terms and conditions of this informed consent
- I agree that all **personal information of all participants in the trainings is strictly and completely confidential**. I will not disclose any confidential information to any other person or entity under any circumstances. I shall not make any audio, video, audiovisual or any other type of recordings of any portion of any training. I will not duplicate, reproduce, distribute, publish or discuss any of the confidential information contained or related to the training.

- I agree that Kelli Underwood and To Be Aligned are not liable or responsible for any **unauthorized recording of the training**. I also agree that Kelli Underwood and To Be Aligned have no liability or responsibility for the use or exploitation of unauthorized recordings. A separate agreement will be provided to participants and assistants should a recording ever be approved by Kelli Underwood or To Be Aligned.
- I understand that If I suffer from any **health risk** or am pregnant and elect to proceed with the training I do so at my own risk. I also understand I can choose to say no if any activity feels unhealthy to me. If I withdraw from the training due to a health risk or illness, I understand a partial refund will be given.
- I understand **Kelli Underwood is the owner or licensee of all materials** utilized in trainings, coaching sessions, and consultations
- If I wish to **present Transformative Insight Imagery, or other materials** I obtained from Kelli Underwood, I agree and acknowledge that **Kelli Underwood must approve** in writing beforehand.
- I will not hold Kelli Underwood or assistants responsible for the quality of my partnered experiences and understand partnered experiences are an opportunity to practice co-facilitating and are not therapy.
- If I agree to participate in the Training as the **subject of a demonstration, I am doing so voluntarily and at my own risk**. I understand that the demonstration session may include questions about my personal trauma history and emotional, psychological, and physical symptoms I may be experiencing. I further understand that I am under no obligation to participate in the demonstration, that I may refuse to answer any question, and that I may pause or discontinue my participation in the demonstration at any time at my discretion. The Institute has no liability or responsibility for my participation or involvement in any demonstration and I accept that any result or no result may occur due to my participation or involvement.
- I agree to abide by all policies, procedures, and guidelines of the training, which are subject to change without notice to me.
- I agree to appear and behave in a professional manner with other participants, assistants, and trainers.
- In the event the institute or its authorized representative or agent or the training coordinator **requests that I discontinue my participation** and involvement with the training, I will immediately leave the training and premises. A refund for the remaining portion of the training will be given. I also understand Kelli Underwood reserves the right to discontinue my participation in future trainings.
- This agreement is the only agreement between me and Kelli Underwood, To Be Aligned, regarding my participation in the training, and supersedes all other similar agreements, and cannot be modified, except in writing by Kelli Underwood.

- I agree to abide by these **Covid 19 policies** for this retreat:
  - I will not attend if I have been exposed to Covid 19 in the past 14 days prior to the retreat and am awaiting a negative test.
  - I will not attend if I have symptoms of Covid 19 and am awaiting a negative test.
  - If I have been exposed or have symptoms, I will take a Covid 19 test within 48 hours of the retreat and share the negative results with Kelli Underwood.
  - I will follow the local policies for Covid 19 and the host site procedures for Covid 19 at the time of the retreat while attending. I understand that wearing a mask indoors may be required or recommended during the retreat. I understand and agree to follow all requirements of the host site, from wearing masks indoors, social distancing and even rapid testing.
  - I may be asked to take a Covid 19 rapid test prior to entering the retreat. If I test positive, I will not be allowed to attend. A 50% refund will be issued.
- I understand that I am assuming the risk of exposure to the coronavirus and other illnesses by attending this retreat in person and by traveling. I do not hold Kelli Underwood, To Be Aligned, assistants, other participants, or the host site responsible for any illness that may occur.
- I understand this retreat may be moved to online or re-scheduled, due to inclement weather in Chapel Hill, NC or Covid 19 status and recommendations locally and nationally. Refunds will be issued if I cannot attend.
- By registering I am stating that I have read and agree to abide by all statements in this agreement.