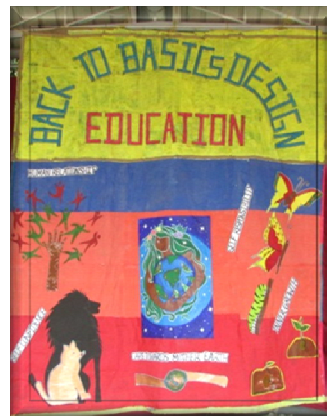


Annual Report

By

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## BACK TO BASICS DESIGN EDUCATION



Back to Basics Design Education course, a pilot project first in India started at Siddharth Village School in the year 2014. The Back to basics design education for 59 student of age group 13 years was conducted over a period of one year (16<sup>th</sup> June 2015 to 31<sup>st</sup> March 2016) . The course emphasized more on experiential learning.. This was a pilot project which was organized in ten phases throughout the year.



The Gaia Education, UK has granted certification for Back to Basics Design Education organized by Thread, Siddharth village at Siddharth village school. "Gaia Education is in on the UNESCO Roadmap for implementing the Global Action Programme on Education for Sustainable Development

The syllabus of the workshop was drawn and adopted from Avishkar process of siddharthvillage and GAIA Education, UK and was conducted by trainers of Team for Human Resource Education and Action for development (Thread, Orissa) and AIRCOD, Bangalore. This education to reality enables children to face different situations in particular, during teen age and to



prepare them for future.

This project is universal in scope and local in application and is based on four dimensions of sustainability- World view, Social, Economy and Ecological dimensions.

Why do we need to undergo back to basics design education. A popular view exists that to correct the problems of our educational system, we have to get back to basics and rather than focusing efforts only on the three R's –Reading, Writing, Arithmetic, while being highly skilled in the three R's is of great value, something even more fundamental, something even more basic, is going back to basics i.e, principles of life, nature, planet. Thus students are here really taught to become self learners and learning from life experience.



During the BBDE session, the students, underwent the hardship of facing fear and has come out of the fear. The knowledge, attitude and skill acquired in the subjects are tuned in such a way they take the responsibility of success and failure. The students were taught how to change their attitude for a happy life, how to manifest desires, the students learnt to associate their

thoughts and feelings with incidents in their life and find the reason for their success and failures, how to tap the sub conscious mind through the ten steps of success mechanism ,how to set goals and ways to achieve it, identify the shadows hindering their achievement towards goals, therapeutic sessions and simulation games were played to change the mindset of pupils to respond to life and problems, conflict resolution session really helped the students to resolve the conflict with their friends. Learning is the key to survival. Because the environment and the human body constantly changes, the human brain needs mechanisms to adapt to these changes. So the students were taught about perceptual traps which helped them to differentiate perception and reality and move ahead.

The initial sessions of BBDE were focused on looking within. Who Am I? The topic with the “Here and Now” exercises triggered to move on to Life Road of each individual making it easy with expression of happiest and saddest thoughts and it provided opportunity for each participant to become closer to each other. Understanding the term “Respect” through role play induced different attitudes towards oneself.



Understanding the term “value” and one’s own values in life and its importance to one’s making decision with commitment and conviction was yet another simple learning for understanding life. Yet Who am I? Remained a puzzle for the students to ponder over next passing days of BBDE training.

The session on Ecological foot prints and the role of students and the community at large while exercising their own rights and the peak oil with the title No Petrol and no diesel after 2020 was explained by the facilitator with 25 posters helped the students to learn the importance of taking the issues of climate change seriously.



As a follow up of this, In the event of Chennai flood and in the back drop of cop21 Paris negotiations, the BBDE students conducted an awareness campaign “Chennai flooding, Delhi chocking, What is next to Hosur” .The students resolved to reduce the carbon foot prints in their own houses and also

decided to demonstrate to the public and educate them the adverse effect of climate change and the urgent need for alternative life styles. Armed with researched information’s on peak oil and climate change issue with posters, the campaign was conducted for the public in Hosur on 28<sup>th</sup> January.



A session on “Awakening and transforming consciousness: Appropriate Mind Management and Application (AMMA) (Experiential)” was conducted by Dr. Shridi Prasad Tekur, Pediatrician and a child specialist who trainer in Neuro Linguistic programming (NLP)

The programme was intended to make children to focus on their academics and other activities and make them aware of their feelings, thoughts and thereby developing an attitude of assertiveness. The session also facilitated children to know who he/she is and gave courage to make choices and achieve what one aims at. The students were also taught the techniques of dreaming, planning, doing and celebrating their life and anchoring happiness to achieve their goal.



Understanding and analysis of present society, conducting effective group discussions, Goal setting sessions were helpful to understand the need of strengthening the students community on different styles of leadership with the emphasis on situational leadership styles.

The goal setting session conducted for the students, which helped the students to undergo the process of transformation.

The session started with the objective of making the students understand the real meaning of goal, to investigate themselves for their goals, know the importance of positive thinking and to think about success..... and the process for success.



The session started with the question by the facilitator, “Who wish to get A1 in the X board based summative assessment and appear in media?”. 17 out of 59 students raised their hands, some said they still did not think about that. Few students who had a thirst to sprout are Snikitha, Kruthika, Harshita, Abitha, Madan, Darsan, Aswin, Vijay Rahul, Sowmya, Abdul, Manju, Poojitha, Jefferin, Sreeja, Keerthana, Varshini and Anitha. The 10 Steps Of Success Mechanism, starting with the thought as the seed which have

a thirst to sprout till the last step of tapping the sub conscious mind) was conducted intensively for the students and the students have shown a drastic improvement in their studies, The research depicts the comparative study of their marks in SA1 and SA2 in all the subjects. Based on the research conducted to test the impact of BBDE, Excluding these students, 18 have shown good improvement in studies, 10 remain the same.

The inner dance session was conducted as a part of BBDE by the trainer Dr. Pi earth walk from Philippines. The principle behind this inner dance is that Shiva and Shakthi energy is within oneself and one cannot work in the absence of other which is actually the raising of the Kundalini energy. It is a powerful process that can help unleash our highest potentials in this



life. It is a way of perceiving parts of reality as they truly are --- as ENERGY, VIBRATION and as FREQUENCY. It peels away the layers of limitation, mask by mask, fear upon fear; bringing forth our life's deepest purpose. When you do this, when anyone does this, it creates an opening, an invitation for not just you, but for all those around you to open further to their authentic nature as well. “.

Followed by this Dr. Pi guided the students to experience the Inner Dance with help of the musical notes.

The students could see a lot of nature and nature related objects like clouds, flowers, trees, mountains, hill tops, water bodies etc, some could visualize vibrant colours like gold, pink, violet, orange etc. A few could visualize emptiness.





Some felt fresh, relaxed and light. Some were able to float in air. Some explored, felt, loved and experienced the body moving in ways it never had in the past. One of the students felt that he was holding a conversation with higher self. Some could not balance both the sides and were in a confused state. You can also see the feelings they experienced during Inner dance in the posters which we have displayed in the ground.

The explanation on principles of permaculture added with more practical's



on conserving water through a frame, bio

char, pesticides made of cow urine and cow dung, vermin wash created interest among the students. Different unique methods of cultivation like Nature bed, Edible food tower, building bakery dome, lawn sofa set with empty cement bag filled with sand were also taught which brought in the value of reduce, recycle and reuse among the students.



The students of SViS were attracted to permaculture as ..... It teaches them that the problem is the solution, teaches them to observe and

ask questions, it provides a network of inspiring supportive people with the same desire for a life more connected to nature.

Thank you! Thank you! Thank you! For all the souls especially Mr. G. John who made this BBDE course to a great success.

A positive energy of gratitude goes to SViS management and the principal who encouraged and gave full support to organize this BBDE course for the students of class VIII.

