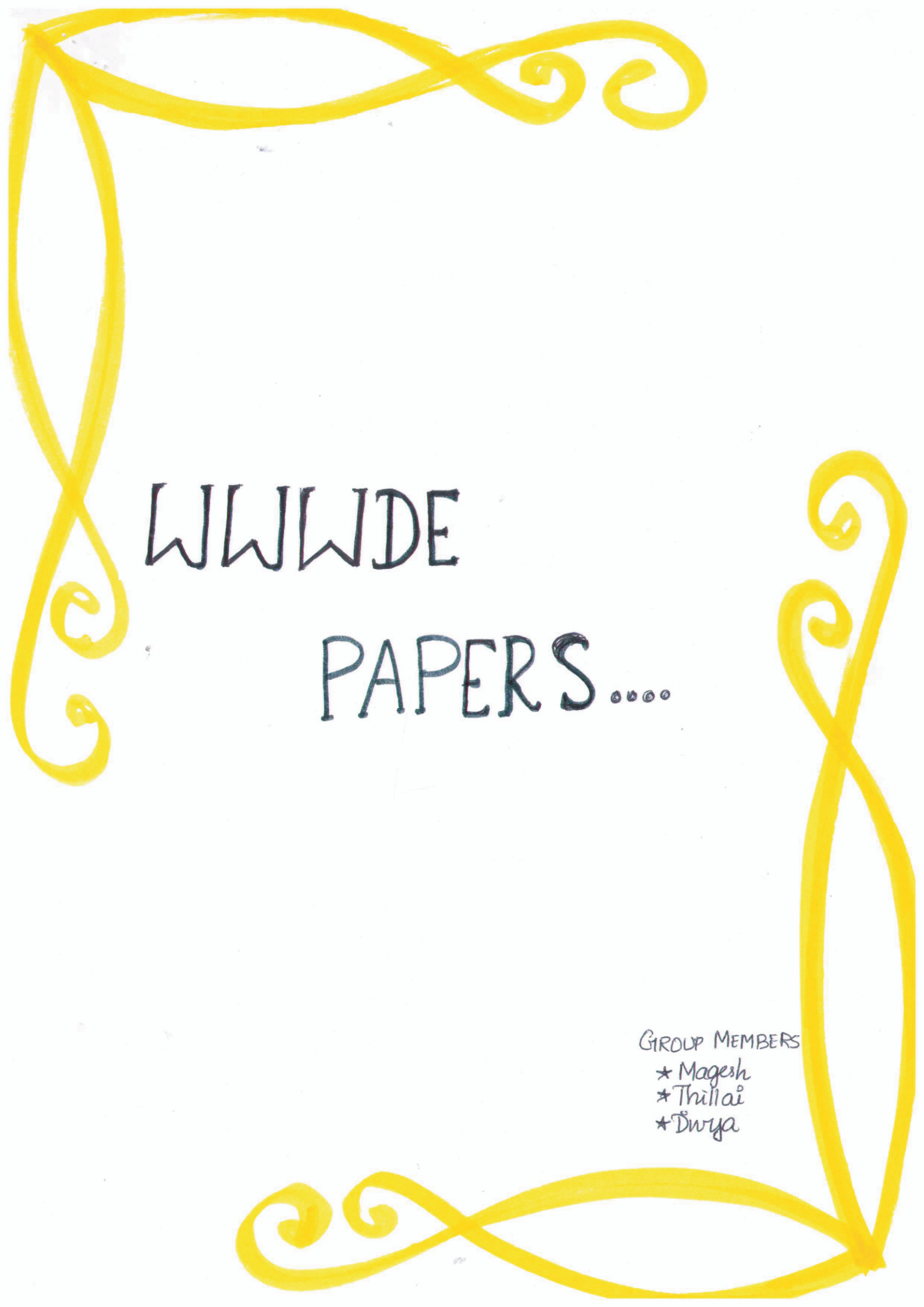




WWWDE

PAPERS....

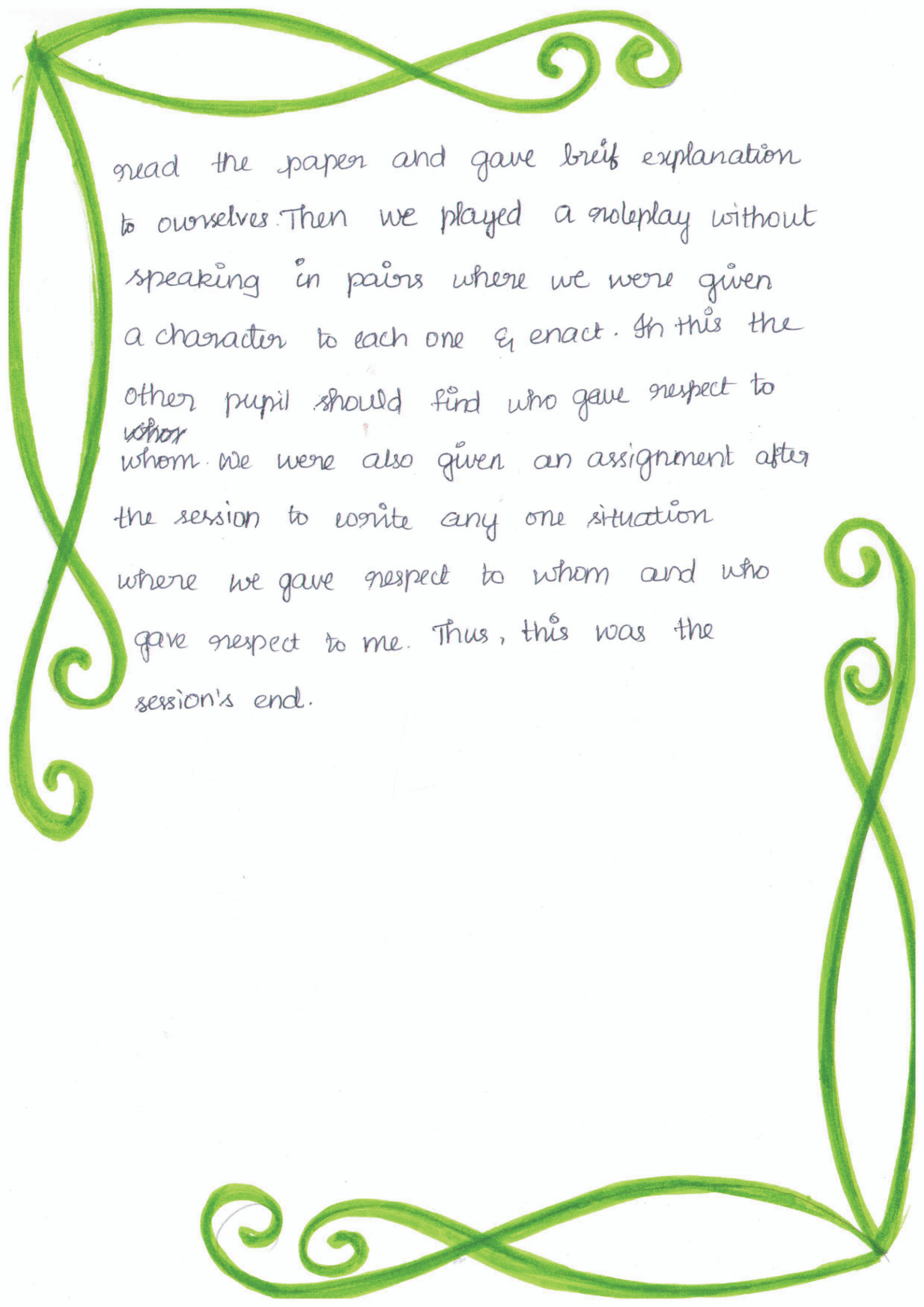
GROUP MEMBERS

- ★ Magesh
- ★ Thillai
- ★ Divya

SESSION -1 WHO AM I?

The session one's concept was "who am I?" In this session we were asked a question "Who are you?" But there was no answer determined. Uncle said us to collect some of the things from the nature & represent ourselves based on their advantages & disadvantages. As this was the first session uncle gave us an introduction based on the topic BBDE (Back to basis design education). It is just based upon world view, social, economy, and ecology. Then we learnt deeply about feelings wheel and we were asked to write dairy daily. Then on the second day of the session we had class about respect. Uncle made us sit in 6 to 7 groups and gave us a paper about respect to others. Each & everyone

DATE	ACTIVITIES / TOPICS	AMES PLAYED	EXERCISES AND VIDEOS PLAYED
20/7/17	4 dimensions of BBDE redesigning our presence who am I? aspect, system, capability striking events	thinking of sad & happy events → sleeping meditation. → chant works	"UNIVERSE IS WITHIN US" short video. "Here and now" exercise
21/7/2017	feeling wheel Expressing thoughts and feelings. Nature walk (choosing our resemblance object) Respect for others	Rabbit game diary entry (works) nature walk's experience writing role play (pairs work)	"DYNAMIC EXERCISES" "Respect for others" paper was given
18/8/2017	Improving concentration and listening skill A quick & calm meditation for learning about ourselves	matchstick activity meditation & thinking.	
	Sub conscious mind powers	Waking up time practise.	slide show/PPT
19/8/2017	self concept 2 sources (who we are?, who we think we are (or) should become) Recollecting good experiences self concept (graph)	a small nap (draw the good experiences on a chart)	PPT (Subconscious 'understands only present') 18 points beautifully expressed PPT.
September session	Comfort & discomfort zone	uncomfortable groups joined & did a collage	SURVIVE - comfort LIVE - discomfort



read the paper and gave brief explanation to ourselves. Then we played a roleplay without speaking in pairs where we were given a character to each one & enact. In this the other pupil should find who gave respect to ~~whom~~ whom. We were also given an assignment after the session to write any one situation where we gave respect to whom and who gave respect to me. Thus, this was the session's end.

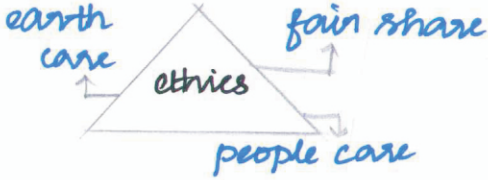
DATE	ACTIVITIES / TOPICS	GAMES PLAYED	EXERCISES AND VIDEOS PLAYED
September session (cont.).	experience with uncomfortable zone of friends - able	dealing with them as a group.	
27/10/2017	Working with sand & on sand. Inspirations in my life Inspirations of my life Professions of parents	dealing with magnetic power group discussion (sharing others inspiration)	occupressure's benefits. "Martin Luther king" poem....
28/10/2017	What we want to become? Strategy II - sharpening the saw.. Stephen Covey.	Mission and vision writing school's' vision mission experi-encing	(would like to share my vision & mission at last page) HIW → context of LTG & STG.... story of Lurden -jack
27/10/2017 (cont...)	<u>GOAL</u> - reaching the stage of success. <u>ROLE</u> - responsibility is the part of the role. TIME MATRIX table (writing) MEDITATION - Mind free from all the thoughts.	Role of me in the family. Writing of 2 activity to make the role effective 5 weeks preparat-ion writing...	
	<pre> graph TD ENERGY --> GROWTH GROWTH --> LIFE LIFE --> MOTIVATION MOTIVATION --> CREATIVITY CREATIVITY --> VITALITY VITALITY --> ENERGY ENERGY --> MOTIVATION </pre>	How can you take care of yourself? why doing exercise? nutrition other issues spiritual intellig-ence	exercises showed

SESSION-2

We learnt an exercise called dynamic exercise & practiced a lot for 3 days of this session. Then we had a deep explanation about thoughts & feelings. Uncle said us to remember the striking events which happened from my small age by closing our eyes & lying down. Then we drew an collage based on these striking events. Then we learnt about conscious & sub-conscious mind. Subconscious mind does not agree it, it accepts whatever conscious mind sends. Conscious mind is like the watchman of the gate. What I say is taken to the conscious mind. Choose my thoughts & make my own decisions. The suggestions & comments of others have no power to hurt one. Reject or accept??? choose.

DATE	ACTIVITIES / TOPICS	AMES PLAYED	EXERCISES AND VIDEOS PLAYED
28/10/2017 (a great day really)	→ CREATING OUR OWN REALITY	science of deliberate creat- -ion I create my own reality. vibrational being Law of attraction summoner of vibrational energy I get what I think about.. vibrational transmitters & receivers eternal persona- focusing -lity & how	→ PPT SKYDIVING - VIDEO
28/10/2017	BELIEFS & THOUGHTS - My powerful beliefs were once my gentle thoughts EMOTIONAL GUIDANCE SCALE → HIGH - joy, passion, eager, belief, optimism, hopefulness ANGER - revenge, hatred, jealousy, fear, insecurity, guilt, grief, despair. LOW - contentment, boredom, pessimism, impatience, overwhelmment, disappointment, anger. INNER DANCE (2 days)	(experience of inner dance) drawing our experience of inner dance	Freshening our dreams (a quite small rap)

Next we learnt about the electrical language. It is five types. Based on this self concept uncle gave us an practical assignment that before sleeping we must write in which time will I wake up on the next day and say to the subconscious mind I sleep. Then try to wake up at the same time in the morning without any alarm or clock. Then we made a table based on our subjects to decide our marks and timings to read in each subject with our subconscious mind. This made very useful to our exams for better scoring.

DATE	ACTIVITIES / TOPICS	GAMES PLAYED	EXERCISES AND VIDEOS PLAYED
27 28/11/2017	LEADERSHIP - Is a leader born/made? Graph - bureaucratic, autocratic, executive, dedicated PURMA CULTURE & 3 principles * respect & care for earth & people * respect & care for people * fair share PURMA CULTURE is ... * political act * Today * Time * solutions * concrete dreams  PURMACULTURE ATTITUDES: problem is solution ↔ work with nature not against it ↕ minimum effort for maximum effect ↔ everything garden MDG - millenium development goal. SDG - sustainable development goal.	Find the member who has the style of leadership in them! Learned the principle of purma culture: * Small and slow is better * Learn and experience; not on books Learned: * Decision planning * Resource planning * energy efficient planning Learning poverty: marble game presented a PPT & created innovative ideas for every SDG	T.P Leadership questionnaire → paper short video/movie → "SISLIA ISLAND OF PURMA CULTURE" explained using easy sketches/drawings. 

SESSION-5

In this session it was all about the leadership, styles, permaculture, elements based on temperaments & SDG goals. Now let's see about personal style descriptions of leadership.

1.1 STYLE:

Such message carrying & minimum contact characterise this style of leadership.

Active responsibility is avoided. The less

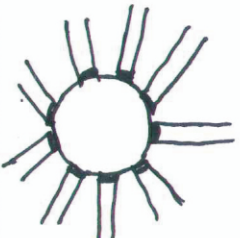
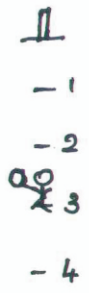
such a person sees his immediate superior, the better. Those under him

are left to fend for themselves, even when his own action seems to be called for.

Being present as if absent is the 1.1 leader's accommodation to a given situation.

9.1 STYLE:

In this type of leadership people are regarded essentially as instrument or means for getting the job done. There is great emphasis

DATE	ACTIVITIES / TOPICS	AMES PLAYED	VIDEOS PLAYED
27/11/2018	Improving memory power.	we had sticks with us & was asked to make a circle shown before of same size. 	
30/11/18	TEMPERAMENTS - personality types. powerful choleric - fire - task driven perfect melancholy - earth - thinker peaceful phlegmatic - water - peaceful popular sanguine - air - energetic Temperaments brings gift & shadow	kept 4 charts. As a group moved to each chart & wrote about the 4 elements.	power point explanation
2/3/18	Self Motivation Types of companies: * Public Sector * Proprietors * Private sector * Public limited * own individual companies. Co-operative society. Objectives of Elected the general assembly	showing rings into a stick  Sat in group & wrote 3 trades	Elected the presidents of general assembly

on the task, the job to be done, a 'produce or perish' philosophy. The individuals he need are bent to the job and are more or less disregarded except in so far as they show themselves to be tools of work. The use of power and authority is the basis of control.

1.9 STYLE:

Working under this style of leadership is a comfortable experience. People are encouraged rather than driven. The leader expects his group to turn out some work of loyalty and acceptance, on atleast to avoid trouble and keep the pleasant, non-threatening atmosphere. The leader is like a big brother, & not a stern parent-figure.

5.5 STYLE:

Fiction among the group members is thought to be costly in terms of getting the job done, & so a carrot-and-stick

approach is often used by the leader to manipulate the group without their knowing it. The balance act, however, can sometimes fall, since there is often no true commitment to the group members on the part of the leader. In a very real sense, they are still instruments of production (9.1) but the leader makes efforts to conceal this from them, for injurious effects it might have on the job itself.

9.9 STYLE:

This leadership orientation meets a basic need of people to be involved & committed to worthwhile tasks.

Sustainable Development Goals:

NO POVERTY:



End poverty in all its forms, everywhere.

NO HUNGER:



End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

GOOD HEALTH:



Ensure healthy lives and promote well-being for all at all ages.

QUALITY EDUCATION:



Ensure inclusive and quality education for all and promote lifelong learning.

GENDER EQUALITY:



Achieve gender equality and empower women & girls.

CLEAN WATER AND SANITATION:



Ensure access to water and sanitation for all.

AFFORDABLE RENEWABLE ENERGY:



Ensure access to affordable, reliable, sustainable & modern energy for all.

GOOD JOBS AND ECONOMIC GROWTH.



Ensure equal jobs opportunities & economic growth.

WKDE

① What I learnt?

I learnt that whatever I did, I didn't do up to my potential and I came to know that there is much potential in myself. And WWD gave more confidence to do my work.

② What are the changes?

- * I have many changes
- * I am now more confident than before as I learnt grounding your legs lets fear go down.

③ What are changes in relation with family?

Before I had different view and others had different ones and we were contrast in nature. Now we are able to adjust to each others with help of temperaments.

④ Which part of the course you liked the most?

I liked screen printing the most as it showed where WWD is applicable in the material life of a person.

⑤ Will you suggest others to experience WWD?

Surely yes as it is very useful and helps us to enhance many spheres of life.

