

Join us…

The Modern Mystic Institute Offers Tools and Insights for Shifting Times

Welcome!

Tools and Insights for Shifting Times…

- **Welcome! Monthly Mystic Salon**
- **Who: Society and NEW friends**
- **Why: We are here to serve**
- **About me**
- **Today**
- **What we knew and what we see now**
- **Let yourself be guided**

Thank you for joining us…

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



About these Salons

Tools and Insights for Shifting Times…

- **Bringing resources out from the inner rings**
- **Applying new paradigm frameworks and methodologies to your life AND livelihood**
- **Restoring a container for conversations of the Mystics Path**
- **Each Salon will focus on a single framework you can apply immediately**

…your presence is all that is required (owl eyes + deer ears)

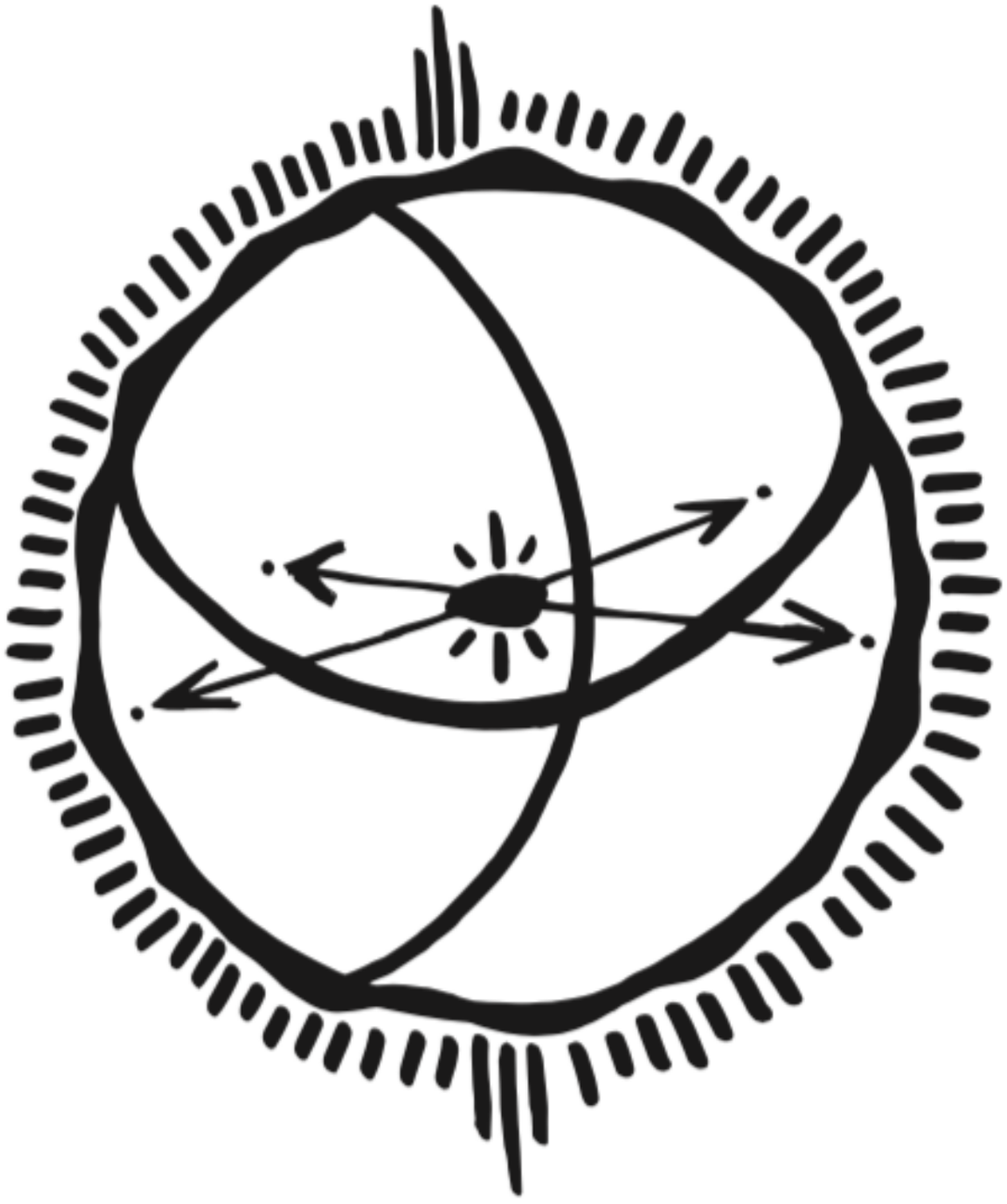
All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

Mystic Salon Topics

Tools and Insights for Shifting Times…

- **April I** Anticipating Shift: The Transformation Lifecycle
- **May I Your KEY to Safe Shift: Creating Resonance using ACAR model**
- **June I** Overcome Anything: The Gratitude S.E.C.R.E.T
- **July I Lost no more -** Clarity in Chaotic Times (The 8 Directions and how to summon them)
- **August I** Ancient Tool for Manifesting Anything and Everything (The Wheel & Rings primer)
- **September I** Create the Container for your Desires: The Magic Triangle
- **October I** Turn Envy into Manifestation: Alchemy of Envy
- **November I** The Worry / Knowing Framework and how to claim it
- **December I** A Map for New times: The Mystics Manifesto

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



Bringing our Hearts and Minds Together

Before we get into today's topic…

- Full Moon - Eclipse - Retrogrades - Direct
- Corona's Guidance: Transition, "Transformation" and Rebirth - BUT: but first…
  - Reckoning, Revisioning, Repair
- All Three Transformational Levers
  - Heath & Wellbeing - Fire
  - Prosperity & Abundance - Elementals
  - Relationships: Time
  - Returning to the words spoken before all else
- Where to begin….

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



What is the Timeline?
What is Time?

Perhaps not the right questions…

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

A little bit on Time..

- It’s everywhere
- Our awareness is shifting
- Relationship is shifting
  - Time and Dreamtime
  - as they relate to revisioning
  - and to lucidity
- Kairos to Chronos
- As it relates to change or shift
- As it invites “hope” (the 2022 Ritual)

“….digesting takes time” - Claire Hayes
“we don’t HAVE time…Time, has us….” - Mariana Bandarra

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



So what do we DO?

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

The Words Spoken Before All Else

Gratitude is an ancient practice….

- Guided by the Indigenous Peoples of the WORLD
- It's IN all of us - orignial instructions
- It's been co-opted to the detrement of the magic
- The first step in ME walking toward healing & Peacemaking
- One of the top topics I'm asked to speak on

You are wired to make magic through Gratitude…

The Words Spoken Before All Else

Examples….

- Nicole Lee - The Accelerator
- The Great Law of Peace of the Iriquois Nation
- 365 Days of Gratitude - My Story
- Implementation of Gratitude
  - 8 Shields
  - My Life
  - My community
  - Business
  - Teachings

You are wired to make magic through Gratitude…



The Traditional Thanksgiving Address (and it's adapations)

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



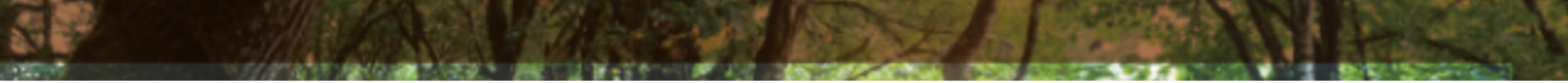
From the Mystics Path

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



A touchstone of key manifestation frameworks…

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



Mystic's Society
Purpose. Passion. Prosperity.

Lindsay Pera
Thrive. Expand Connect.

Manifestation Life Cycle



Notes:

- Start in the North East
- Allow yourself to go around and around the wheel
- Take note of what happens in your mind / body / spirit as we go around the wheel
- Notice how each turn informs the next - more refined, more resonant, more true
- Think: Nautilus….

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

LindsayPera
Thrive. Expand. Connect.

POTENTIALITY CYCLE

MysticsSociety
Purpose. Passion. Prosperity.

Self Assessment:

1. Know each turn of the wheel
2. Identify areas of strength
3. Identify areas of learning edge
4. Modify your core routines - both individual and business - that support your vision & goals
5. Remember “Butterfly Effect” Ex. Gratitude
6. Work your Wheel



All rights reserved ©2017 LindsayPera.com | The Mystics Society

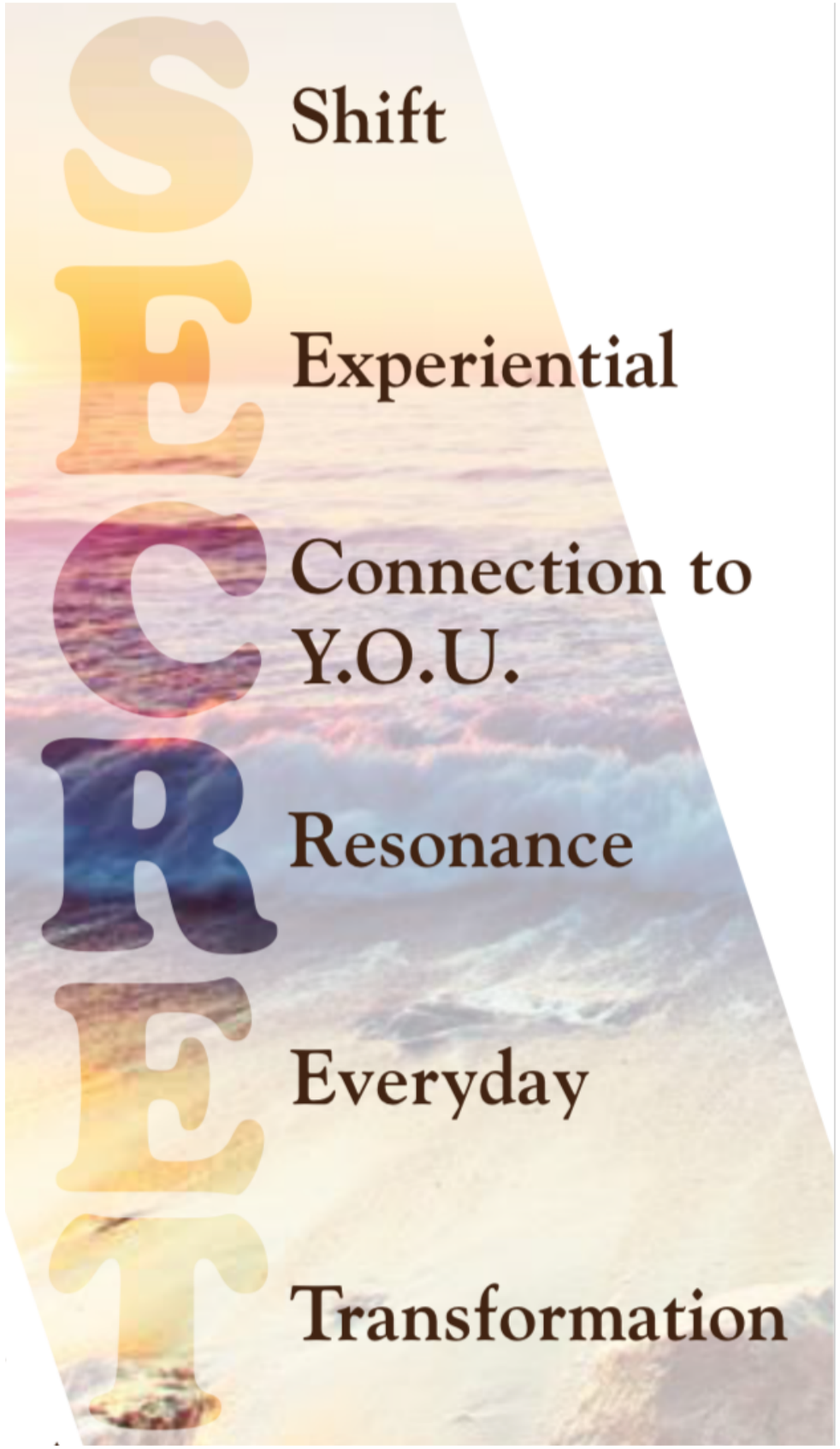
All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



A Framework for Magic

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

- It's a tradition
- A spell
- A pathway to manifestation
- A remembering
- A framework





S | Shift

It's the subtle shifts that gratitude calls our attention to. Shift is how we invite quantum leaps in our life without the "grand lead" or the trauma of exponential change up front. Even the tiniest shifts of the rudder of a ship can significantly alter the course of the boat. Trust in the subtle nature of the change that results from practic-ing gratitude over time.



E | Experiential

So here's the thing, when people are seeking to create a gratitude practice in their life they often say they "think" about the things they are grateful. And thinking about gratitude can be powerful. But the real trick is to identify the moments when you are actually feeling grateful.

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



C | Connection to Y.O.U.

Y - *Yourself*
O - *Others*
U - *Universe*

In addition to bringing more peacefulness and wellbeing into our lives, cultivating a regular gratitude practice has the additional benefit of alleviating the sense of disconnect or loneliness so prevalent in our times. Gratitude brings you closer to you - as you deepen your understanding and awareness of what brings you pleasure, peace and calm you develop insights of how to invite more of that goodness into your life. In time this deepening of connection extends to our relationships with the world around us, people, places and things. New relationships



R | Resonance

Our resonance is the energetic or vibration we are putting out. It is the frequency at which we create – therefore it directly affects the frequency of what we attract. Putting out a positive 'vibration' attracts positivity, and visa versa. At its most simple, your resonance is what people are picking up, feeling, or sensing underneath, or behind what you are putting out in the world. It also goes much deeper, to subtle levels of resonating with what the world needs, what the world is calling forth from you. When we cultivate a gratitude practice, we begin to resonate at the frequency of gratitude. What you put out, returns to you, and you begin to experience more of the things you are grateful for. It's a glorious

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



E | Everyday

How often do I "need" to do my gratitude practice? This is one of the most common questions when someone is considering a practice. What's too much? Too little? Just right? The truth is gratitude has a snowball affect, the more you access true thankfulness, the more your life is filled with things to be thankful for, and the gratitude just grows and grows. But to feel truly grateful for all things in all moments is a goal most of us will be unlikely to attain in our lifetimes, so somewhere between "all the time" and "once in awhile" is likely the sweet spot. Try for daily. Try for upon waking at the very least. Then maybe toss in a statement of gratitude before meals. Then maybe at the end of your day? Gratitude does not have to take time or resources from the rest of your day - even the most simple act of thanks - done regularly, over time can usher in the most magical transforma-

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society



T | Transformation

Quite simply, gratitude has the power to transform in the most subtle yet profound ways. Instead of radical shifts that require herculian courage and strength - all you needed was awareness and intention. There is no way to not invite positive change once you align to embodying thankfulness. And transformation leads to awareness of the power of positive change, which brings us back to where we began. In the appreciation for subtle shifts and the magic they bring downstream.

The Gratitude Secret is a way to think about the benefits and rewards of cultivating gratitude. Choose a practice, keep it simple, and show up each day, in gratitude.

served © copyright 2015 | LindsayPera.com | Mystic's Society

A Simple Practice

Upon waking, just say thank you. You've received another day. Yes, you can layer it with intentions and desires, but, to practice gratitude is simply to say thank you. To practice gratitude is to acknowledge that all of this life is a gift. It is a blessing and a gift to get another chance each day, to simply wake up in the morning after going to sleep at night, to have the sun rise for you again. Each time the sun rises and you wake, you get a new start, a fresh, blank page before you. This is the page on which you get a new chance, each day, to write the story of your life. Start with gratitude before all else. You'll soon be grateful you did.

rved © copyright 2015 | LindsayPera.com | Mystic's Society



Workshop a Ritual for these Times

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society

KEY INSIGHTS FOR 2022

For 2022 the four-card spread yielded these cards and insights:

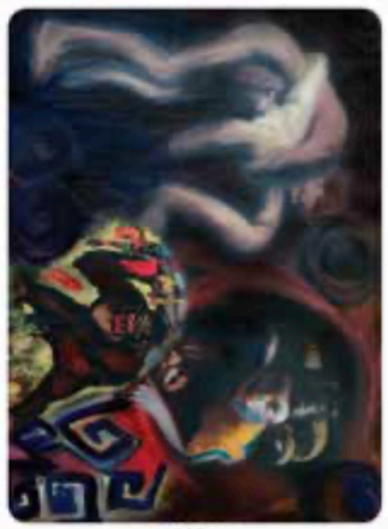
East: Love (6)
South: East (27)
West: Fear (15) and **Clarifying** card: Transformation (13)
North: Shaman (5)



6 | Love



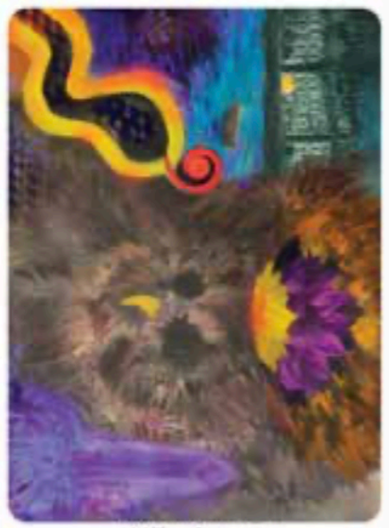
27 | East



15 | Fear



5 | Shaman



13 | Transformation

copyright | linsdaypera | MMI 2020

The 2022 Ritual

Anchoring Hope as we tips the scales….

Identify a challenge / opportunity present in your life or business:

- Start in the West: **Fear** - Worst Case Scenario
- Axis to the East: **Love** - Best Case Scenario
- Move to South: **East** - Identify where “hope” emerged
- Axis to the North: **Shaman** - Commit to the ritual
- Close in Gratitude - *“for all that is, all that was, and blessings already on their way.”*

Ritual can mean: Offering, altar tending, ceremony, dance, breath and more…

……together we weave Hope through Gratitude.

In Conclusion & Gratitude

- **Let you be you**
- **You have a robust toolbox**
- **You were made for these times**
- **Calendar our monthly Salons and Business Alchemy Breakouts**
- **Share and invite - “not on our watch”**
- **Remember Y.O.U.**
- **#together:**
  - **Sherrie@MysticsSociety.com - Emergency Sessions with Lindsay or MMI Mentor**
  - **Join and Engage in the Mystics Society**
  - **Daily prayers: bring it, share it, let’s do it…**

Thank you for joining us.

All rights reserved © copyright 2015 | LindsayPera.com | Mystic's Society