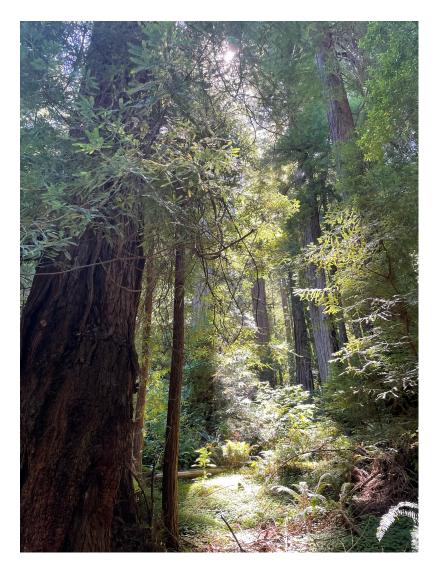
Activity Based Stress Release

Eurythmy4you.com International 8 week Course in English September 24/25 ~ November 12/13 2022



Weekly Instruction for Stress Release. Enjoyable Activities with Guidance in Self-Reflection alongside friendly, supportive conversation in an international community of good will ~ for more joy in everyday life.

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For more information & to register: https://www.absr.international/home