

Healing Your Timeline

Forgiveness Burn List

Dear Universe,

Under the laws of Karma and under the guidance of All That Is,

I now ask that any and all vows, agreements, binds, oaths and residual energy what so ever that is connected to the following to be released:

I call for this release across all time, space and dimension.

I ask that all is transmuted, forgiven and resolved for my highest and greatest good and for the highest and greatest good of all concerned.

I will no longer carry the weight of any unforgiveness or negative emotion or vibration that is connected to or associated with any of the above.

I call to any soul extensions, aspects or fragments that wish to hang on to this energy in any way to surrender it now.

All Is Well and I AM free.

With love & gratitude,



KATE SPENCER