



Newborn Mothers

Postpartum Education and
Care Professional

Optional Practitioner Certificate

Newborn Mothers is creating an optional Practitioner Certificate for Postpartum Education and Care Professional training. The Practitioner Certificate requirements involve completing a range of practical client support, assessments and tasks.

Learning Principles

Vocation focused

The Practitioner Certificate prepares you for hands-on client work. Each assessment will equip you to build your resources and broaden your knowledge of supporting clients in postpartum education and care.

Inclusive of various learning styles

In the same way that Newborn Mothers delivers the course in an accessible way, we invite you to submit your assessments in a way that best suits you. You can submit via audio, video, text or visual images/photos.

Practitioner Certificate Requirements (subject to change)

Client Support

- Support three clients with a minimum of six hours per client, 18 hours total. You will need to support two of these clients within their first 12 weeks postpartum.
- Submit client feedback from one client and one family member (from different families).





Resources

- Create a resource and referrals list across the various Postpartum Education and Care work areas.
- Connect with a local professional organisation, group or class (like breastfeeding groups, birth education, or maternal child health centres).
- Draw on something from the reading list to resource you in working with an area in depth with one of your clients.

Assignments

- Submit three reflections on supporting each of your clients - expressing how you integrated the learning from two or more modules with each client.
- Complete and submit the workbook activities for 9 out of the 12 modules.

Quiz & Evaluation

- Receive 80% or more in the Completion quiz.
- Submit an evaluation of the Postpartum Education and Care training.

Other requirements

- Understand local legal requirements for working in your state/country including:
 - Mandatory reporting
 - Required vaccinations
 - Food handling and hygiene
 - Police check
 - Working with children check
 - First aid training



Additional Information

Time Limits

The training and practical requirements take 100 hours and you have two years to complete your Practitioner Certificate, with extension available if required. Practitioner Certificate requirements are subject to change with three months' notice.

Should I add the optional Practitioner Certificate or is the Completion certificate enough for me?

If you do not wish to undergo the assessments required for the Practitioner Certificate, you can graduate with a completion certificate after completing a quiz and receiving 80% or above. You will still have access to the workbook and activities, but your work will not be assessed.



There are three things to consider when deciding which certificate is right for you.

1. What kind of work do you wish to do?

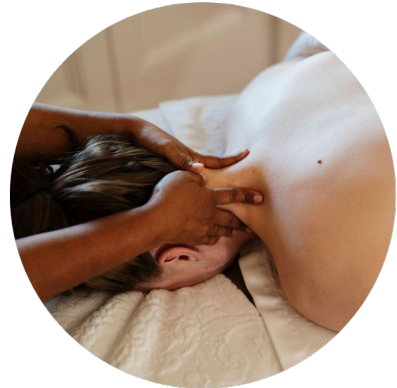
The completion certificate may be adequate for you if you want to work privately as a postpartum doula. In most of the world the doula industry is not regulated, but some agencies or funded roles may require higher qualifications. Consider local laws, job opportunities and your risk appetite.

2. What other qualifications and experience do you have?

The Completion Certificate may be adequate for you if you are already qualified and looking for professional development for your existing career. We will apply for the Completion Certificate to be recognised for professional development by the Australian College of Midwives, DONA International, Australian Natural Therapists Association and more.

3. Are you highly self motivated?

The Completion Certificate may be best for you if you are confident you can complete the course without feedback on the activities and assessments. Some people have the integrity to reflect honestly on their learning, are self-motivated to seek extra resources, and don't need accountability or feedback.



The Practitioner Certificate is for you if;

- You have no prior experience or qualifications, or
- You want the confidence and credibility of a higher certificate, or
- You appreciate feedback on your learning and accountability to graduate.

Benefits of the optional Practitioner Certificate

- Accountability to complete practical activities and tasks
- Feedback on your workbook and activities as you learn
- Credibility for you and peace of mind for your clients

PLUS! We are working with the International Institute of Complementary Therapies to create a new modality. The Practitioner Certificate will eventually give you access to professional membership and insurance with IICT in Australia, and hopefully worldwide!

If you have questions about the Practitioner Certificate or the Completion Certificate, please email julia@newbornmothers.com