




Inner Light Monthly Planner

This little light of mine
I am gonna let it shine...



Check the guide
with the months
in Spanish inside!





Monthly Planner



INNER LIGHT GUIDELINES

This document is meant to help you create a space in your life and your family life where there is open communication about the good in your lives. Those little or big things that make you smile and, many times, in the rush of the day, they pass without us noticing them. I was inspired by the Michaelmas Festival or Lantern Festival to do it, but I feel it will be amazing to do it all year round.

My suggestion is to create a monthly night, at least, where all the family reunites.

Create a fun, relaxed atmosphere. Maybe make a hot chocolate to come along with it.

And start asking the questions. Let the flow happen. If you see that no one speaks, just start yourself.

Relax, share, laugh, have fun and connect together.



Monthly Planner

Inner Light Glowing Activities



MONTH: _____

INNER LIGHT FAMILY QUESTIONS

- ★ What made you smile today?
- ★ Do you have a funny joke you can tell us?
- ★ What have you done today that makes you feel proud of yourself?
- ★ What are the things you love the most about yourself?
- ★ What would you like to do with us as a family that will bring you joy?
- ★ What do you love the most in your life?





Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light Family Activities



Notes





Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light Family Activities



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Inner Light Glowing Activities

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MONTH: _____

Inner Light Family Activities



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Good Job!



Now it is time
to let your light
shine!



Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light ME Activities



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How do I feel?

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Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light ME Activities



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How do I feel?

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Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light ME Activities



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Monthly Planner

Inner Light Glowing Activities

MONTH: _____

Inner Light ME Activities



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Inner Light Glowing Activities

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MONTH: _____

Inner Light ME Activities



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How do I feel?

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Let's Reflect

Now it is time
to reflect
about how we
feel.





Monthly Planner

How do We feel as a family?

MONTH: _____

Write down how you feel after doing one or more inner light glowing activities as a family.

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Monthly Planner

How do I feel?

MONTH: _____

Write down how you (as a caregiver, homeschooler, teacher, mom, dad...) feel after doing one or more inner light glowing activities.

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Monthly Planner



Months of the Year in English & Spanish

January

Enero




February

Febrero

March

Marzo



April


Abril

May



Mayo

June



Junio





Monthly Planner



Months of the Year in English & Spanish

July

Julio

August

Agosto

September

Septiembre

October

Octubre

November

Noviembre

December

Diciembre





Well done!

I wish you to light the world with your
beautiful light.

If you want to explore The Waldorf Inspired Spanish Circle Time further, there is a 14-day free access right now!

Get your 14 days Circle Time Free Trial at my website

www.waldorfinspiredspanish.com

Do you want more info about my offerings? Check my website or write me an email to

hola@waldorfinspiredspanish.com

Do you want to be part of my Facebook Group, where I post free classes, updates, and more?

www.facebook.com/groups/waldorfinspiredspanish

And if you want to follow me on Instagram find me as [WaldorfInspiredSpanish](#)