

Wild Orange

Citrus sinensis 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Sweet, fresh, citrus

Main Chemical Components: Limonene

PRIMARY BENEFITS

- Supports healthy inflammatory response when used internally†
- Creates an uplifting environment

Wild Orange

Citrus sinensis 15 mL

30170001

Wholesale: \$11.00

Retail: \$14.67

PV: 11

PRODUCT DESCRIPTION

Cold pressed from the peel, Wild Orange is one of dōTERRA's top selling essential oils due to its energizing aroma and multiple health benefits.† High in limonene, Wild Orange may support a healthy inflammatory response when used internally.† It can be used as a daily surface cleaner throughout the home. Diffusing Wild Orange will energize and uplift the atmosphere while freshening the air. Wild Orange enhances any essential oil blend with a fresh, sweet, refreshing aroma.

USES

- Mix with water in a spray bottle and spritz on surfaces for a cleansing boost.
- Add a drop to your water every day for a burst of flavor and to promote overall health.†
- Diffuse for an uplifting aroma and to freshen the air.
- Place one to two drops in palm of hand, rub hands together, cup over mouth and nose, and inhale deeply for an energizing boost.

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Frankincense

Boswellia 15 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Resin from *Boswellia carterii*, *sacra*, *papyrifera*, and *frereana*

Extraction Method: Hydro-distilled

Aromatic Description: Warm, spicy, herbal

Main Chemical Components: α -pinene, limonene, octyl acetate

Frankincense | *Boswellia* Essential Oil 15 mL

30070001

Wholesale: \$75.00

Retail: \$100.00

PV: 70

Primary Benefits

- + May help support healthy cellular function when used internally*
- + Provides a comforting, uplifting aroma
- + Helps to maintain healthy skin when applied topically

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product Description

Boswellia trees have been celebrated for centuries. The Babylonians and Assyrians would burn the tree resin in religious ceremonies and for contemplative meditation. The ancient Egyptians used it in perfumes and salves for soothing skin. Oil from the resin has long been used in Ayurvedic and traditional Chinese health practices. dōTERRA Premium Frankincense essential oil is a proprietary blend of resins from four species of *Boswellia* trees, *Boswellia carterii*, *Boswellia sacra*, *Boswellia papyrifera*, and *Boswellia frereana*. Considered the 'king of oils', Frankincense has extraordinary health benefits when used topically or taken internally.* According to pre-clinical research, Frankincense essential oil may promote healthy cellular function when taken internally.* Experimental research suggests internal use of Frankincense, high in α -pinene, may provide soothing effects to the body.* Because of the oil's significant level of α -pinene, preclinical research also indicates Frankincense may help maintain healthy skin structure.† Nourishing and clarifying as an addition to daily skin care, the oil's warm, spicy, herbal aroma creates a relaxing yet uplifting atmosphere.

Because *Boswellia* species used in dōTERRA Premium Frankincense essential oil grow best in different soils and regions, dōTERRA Co-impact Sourcing® is helping to diversify supply pressure and create future sustainable harvesting solutions.

Uses

- + Diffuse during reflection or meditation.
- + Apply topically or add to cream or lotion to nourish and calm skin.
- + Add a drop or two to a veggie cap as a part of your daily regimen.

Directions for Use

Aromatic use: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid or take one to two drops in a veggie cap.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

*Pre-clinical and experimental studies require additional confirming research. We look forward to the results of these additional supportive studies.

Douglas Fir

Pseudotsuga menziesii 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Tested Grade®

Application: **A** **T** **N**

Plant Part: Branch/Leaf

Extraction Method: Steam distillation

Aromatic Description: Clean, fresh, woody, airy

Main Chemical Components: β -pinene, α -pinene, δ -3-carene, sabinene

PRIMARY BENEFITS

- Cleanses and purifies skin
- Creates positive and inspiring surroundings
- Provides a refreshing, airy aroma

Douglas Fir

Pseudotsuga menziesii 5 mL

31590001

Wholesale: \$21.50

Retail: \$28.67

PV: 21.5

PRODUCT DESCRIPTION

Douglas Fir is a conifer that grows natively throughout North America. This tall, evergreen fir tree is frequently used in the Christmas tree industry and has a lemon-scented note that's sweet and refreshing. dōTERRA Douglas Fir essential oil is sustainably sourced from young trees in New Zealand, where it is a highly invasive species threatening the country's ecosystem. By harvesting young Douglas Fir trees and using them for essential oil, dōTERRA is helping combat the environmental impact of the trees overtaking the land while providing a premium conifer essential oil. Douglas Fir has a unique chemical composition that's particularly rich in β -pinene, contributing to its ability to encourage an optimistic and stimulating environment. Douglas Fir can also be used to purify the skin and surfaces. Blending Douglas Fir with citrus oils will create an uplifting environment while freshening the air.

USES

- Diffuse to freshen the air.
- Add one drop to facial cleanser, bar soap, or body wash for added cleansing benefits.
- Rub into hands and inhale deeply for an inspiring aroma.
- Combine with carrier oil for a relaxing massage experience.

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.