



LIFE VISIONING

2023

GUIDED BY ANNE RIBLEY

IF-AS MANIFESTING ELEMENTS

USING THE 4 MANIFESTING ELEMENTS SUPPORT YOUR LIFE VISIONS TO BECOME REALITY



Inspiring Intentions



Focus / Faith / Frequency



Abilities / Aspiring Actions



Structure / Systems

7 CORE ENERGY BODIES

USING THE 4 MANIFESTING ELEMENTS SUPPORT YOUR LIFE VISIONS TO BECOME REALITY



Emotional

Mental

Character

7 CORE ENERGY BODIES

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Soul

Body

7 CORE ENERGY BODIES

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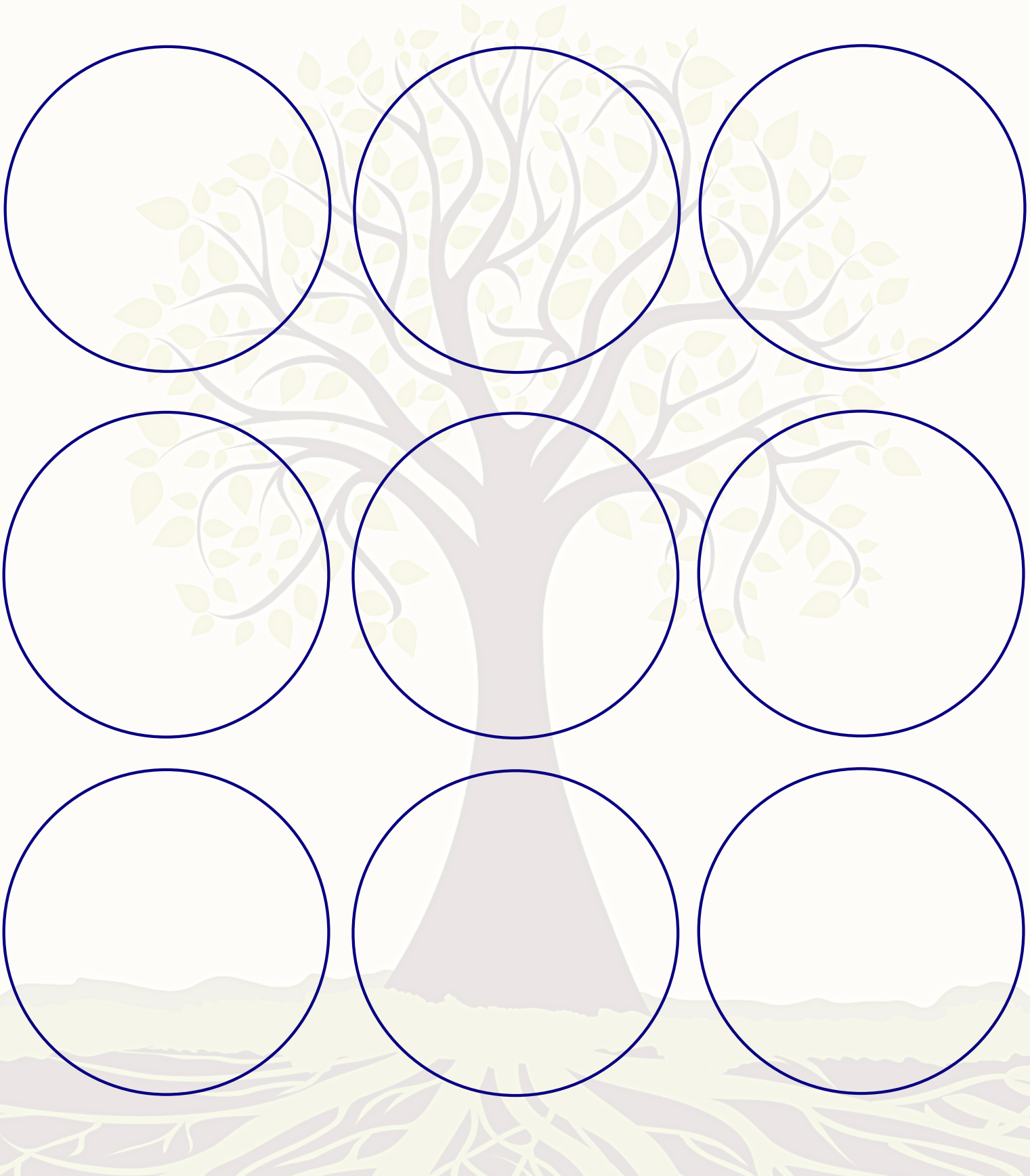


Relationship

Worldly Worth

LIFE VISION DREAMS

FILL IN EACH CIRCLE WITH A BIG VISION DREAM USING SIMPLE WORDS OR PHRASES.

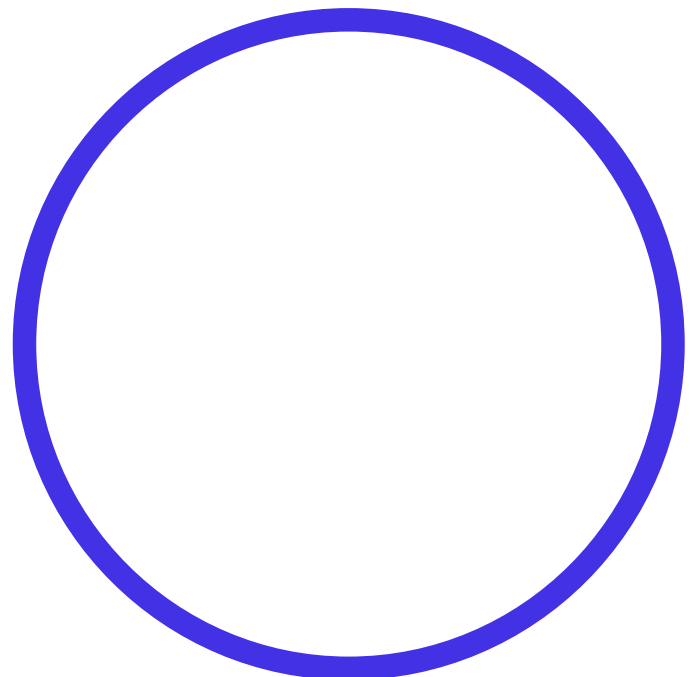


LIFE VISION DREAMS

WRITE DOWN YOUR TOP THREE BIG VISION DREAMS FROM YOUR LIST OF NINE THAT FEELS THE CLOSEST AND WARMEST TO YOU NOW.



TOP LIFE
VISION



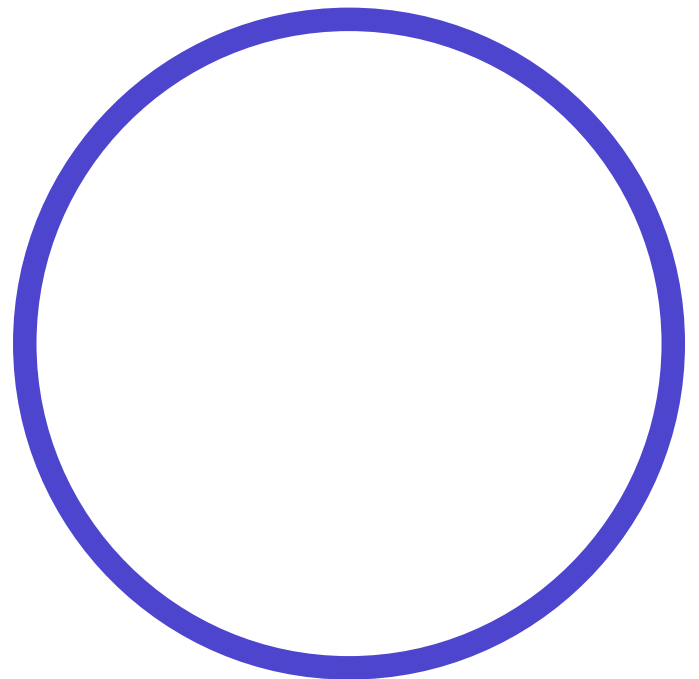
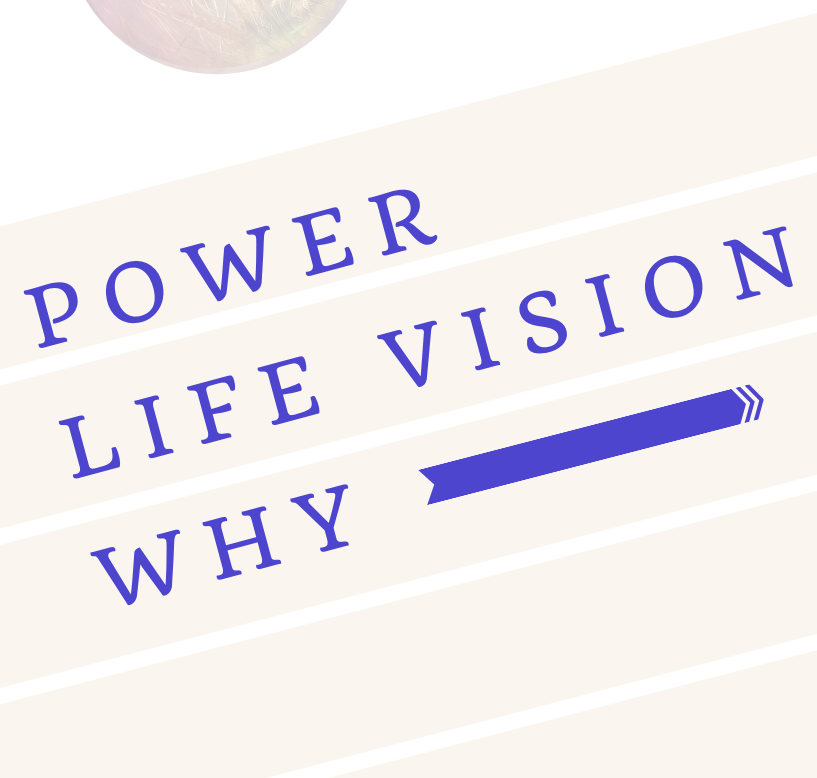
INSPIRING THE WHY

*.FILL IN EACH CIRCLE WITH AN IMPORTANT WHY THE DREAM INSPIRES YOU USING SIMPLE WORDS OR PHRASES.
START EXPANSION AND THEN MOVE IN CLOSE AND PERSONAL WITH WHY IT MATTERS.*

The worksheet features a background illustration of a tree with a thick trunk and many branches, each bearing small yellow leaves. The tree's roots are visible at the bottom, spreading across a light green field. Overlaid on this background is a 3x3 grid of nine large, empty circles, each outlined in a dark blue line. These circles are intended for the user to write their reasons for pursuing a dream.

MY LIFE VISION WHY

WRITE DOWN YOUR TOP KEYWORDS OR PHRASES THAT YOU IMMEDIATELY FEEL
THE CLOSEST (WARMEST-HEAT) ENERGY AROUND YOUR LIFE VISION

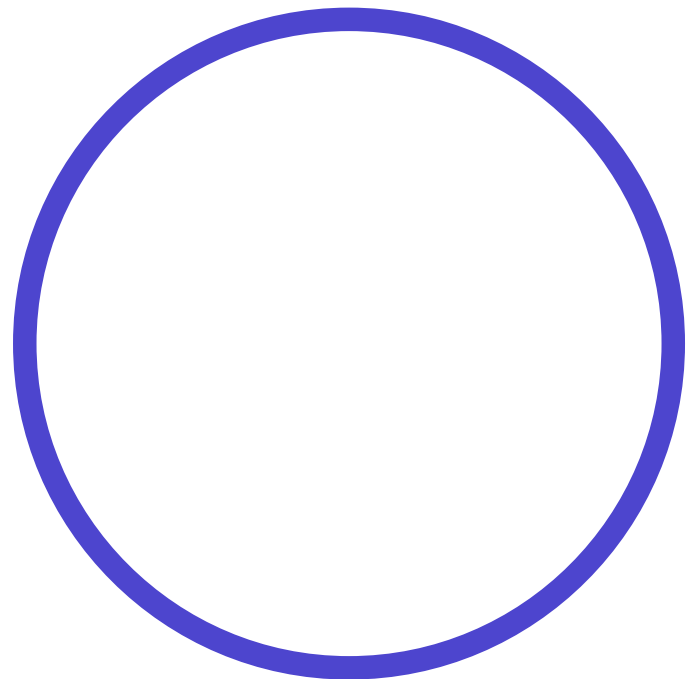


STARTING 2023 GOALS

WRITE DOWN ALL YOUR GOALS AROUND YOUR ONE TOP LIFE VISION



GOAL
FOCUS



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LIFE VISION LETTER 2023

WRITE YOUR LETTER TO 2023 ABOUT HOW YOU WANT THE YEAR TO LOOK, FEEL, AND BE FOR YOU.
BRING INTO REALITY ONE OF YOUR TOP LIFE VISIONS. HOW DOES IT FEEL DURING AND AT THE END OF THE
YEAR... WRITE YOUR LETTER TO THE YEAR, FOLD UP AND PUT IN AN ENVELOPE TO OPEN JANUARY 1, 2024.

Dear 2023,

SIGN & DATE