



SUPPLIES

Note: This list is comprehensive and covers the specific items I used, including colors, etc. Please use what you have. All sizes are listed based on what I used. Your journal may vary so make adjustments accordingly.

Posterboard (heavy weight) - 1 @ 8" x 28" and 2 @ 6" x 9"

[Newsprint](#)

[Wax Linen Thread](#)

[Book awl](#) and [book binding needle](#)

[Heavy Pellon Interfacing](#) - approximately 9" x 2"

Fabric - quilting fabric works great - about 20" x 3"

[Doodle pen - black](#) - Ohto Fude Ball: *I use this pen but you can use any black doodle pen. A note about this pen: The Ohto Fude Ball pens are actually ball pens made to write like brush pens. It has broad lines great for writing names and addresses on postcards but writes smoothly and lusciously like a brush. The ball tip makes it easier to control and use the pen for writing compared to a brush pen. I like how smooth it is and it writes perfectly over dried paints.*

[Stabilo Marks All Pencil - Black](#)

Ruler

Paint brushes - One of my favorites is the [Bob Ross Wildlife Eye Brush](#)

Black dye ink pad - I like [India Ink](#)

Rubber stamps: I used [Journal Impressions](#) (the one I used is mounted on wood but it is sold unmounted), [X-Marks](#) and [Small Chevron](#)

[Watercolor pencils](#)

Lead pencil

[Hole punch](#)- a 1/8" or 1/4" circle

[Scissors](#)

Adhesive - I use [UHU Glue Stick](#)

[Cutting Knife](#) and [Mat](#)

[Wax pastels](#)

Ribbon or [Seam Binding](#) - about six pieces about 14" to 20" inches each

[Twine](#) - about Three pieces at about 24" each

[Shank button](#)

[Curved Safety pin](#) or Button pin

[Pallet knife](#)

[BIC Wite-Out Shake N' Squeeze Pen](#)

[Signo-Unibal Gel Pen White](#)



SUPPLIES

Card stock for templates used to mark holes for hand sewing: 1 @ 9" x 4" and 1 @ 7 3/4" x 4"

Card stock for template used to measure max size for Book #1 Pages: 7 3/4" x 6 1/2"

Assorted Mail Art pieces that you have saved.

Assorted Cards, notes and other meaningful things you have received and saved.

Misc. old book papers, scrap papers, etc.

A variety of card stock or watercolor papers - I used blank ones and some that were painted that I had in my stash.

Acrylic Paints - Assorted/I used these colors:

[Golden Raw Umber](#)

[Golden Titanium White](#)

[Golden Fluorescent Pink](#)

[Golden Green Gold](#)

[Amsterdam Sky Blue Light](#)

[Golden Fluorescent Blue](#)

[Martha Stewart Marmalade](#)

[Dina Wakley Turquoise](#)

[Dina Wakley Lime](#)

[Dina Wakley Blackberry Violet](#)

OPTIONAL:

[American Crafts White Chalk Pen](#)

[Water Brush](#)

Markers

[Hair Spray](#) - I use this to seal my work and use an inexpensive kind.

Sewing Machine - I use a sewing machine but I also suggest options if you do not have one.

[Soft brayer](#)

[Invisible Care](#)

[Mixed Media Paper Book papers](#)

[Art Pops™ Mixed Media Stickers](#)

[Dylusions Spray Ink](#) - Calypso Teal

Stencils: I show [Punchanella](#) and [StencilGirl Stencil Mimosa](#)

[GelliArts Gel Printing Plate](#)