Francisca Murez



Supplies List



For this lesson, I invite you to go for a walk in nature. Look for dried nature elements that are great to create brushes and make marks. Here are some examples:

 Grass, Flower pods, Branches, Dried grass leaves, Corn dried leaves

We will also need:

- Twigs
- Thread
- Stripes of fabric
- Different types of papers
- Acrylic ink
- Walnut ink

Hey there! I'm Francisca Nunes



I'm a mixed media artist, an explorer of the intuitive creative process.

I love to share my creative process to help people unleash their creative Souls.

I found in Art a way to combine my passions: botany, nature, and art, Using nature, color, texture, collages, doodles, and marks I explore my creativity and share it with other creative souls, through online classes and in-person workshops, and art retreats.

I really believe that everyone is creative and that through Art Journaling and mixed media explorations we can unleash our inner voice without rules, judgments, or fears, in an intimate process of discovery of our own creative expression.

Unleash your Creative Soul

Would love to keep in touch with you!

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