

Annita Keane
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Boost Your Manifesting Skillset byDESIGN Workbook

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A NOTE FROM THE AUTHOR

WELCOME, MY BEAUTIFUL
FRIEND.

This workbook is designed to help you compare your existing manifesting skillset with what you learn in this workshop.

As you look over your notes, you will see how to fine tune your existing process according to your design.

If you want to dive deeper into your manifesting skillset I invite you to hop into my new group: Manifest by Design" Transformation Community

<https://www.annitakeane.com/page/24639>
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I look forward to seeing you there.

Annita

CONTENTS

INSTRUCTIONS: Just print this workbook and write what you do now in your manifesting process. Write what you will do different on the right hand side. Compare the two and refine your manifesting process accordingly.

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MAKE A COMMITMENT TO YOUR MANIFESTING PROCESS

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STEP 1. HOW ARE YOU WIRED TO COMPLETE?

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STEP 2: HOW DO YOU ASK FOR WHAT YOU WANT?

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STEP 3: NURTURE YOUR GOAL

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STEP 4: HOW DO YOU TAKE INSPIRED ACTION?

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STEP 5: HOW DO YOU ALLOW?

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NOTES



WORKSHEET 1

BOOST YOUR MANIFESTING SKILLSET BY DESIGN

Question #1: First Name

Question #2: Last Name

Question #3: Email Address

Question #4: Date of Birth

Question #5: Place of birth

Question #6: Get your Chart : www.mybodygraphs.com

Question #7: Human Design Type & Profile

Question #8: Decision Strategy



BOOST YOUR MANIFESTING SKILLSET

STEP 1 : DECLUTTER, COMPLETIONS

INSTRUCTIONS: Making room for what you want to come into your life is a foundational key to effective manifesting. Write down how you complete things currently on the left and add any new ideas from the workshop on the right. Do you notice anything you will do differently?

OLD STORY

NEW STORY



BOOST YOUR MANIFESTING SKILLSET

STEP 2: ASK FOR WHAT YOU WANT

INSTRUCTIONS: The way you relate to anything is the way you relate to anything. How you get your needs met in your relationships is how you will converse with the universal energy. Write how you ask now on the left. How will things change after this workshop?

OLD STORY

NEW STORY



BOOST YOUR MANIFESTING SKILLSET

STEP 3: NURTURE YOUR GOALS/ SABOTEURS

INSTRUCTIONS: Write how you nurture your goals now on the left. Are you aware of your saboteurs? Write anything new on the right and compare to discover how you will finetune your manifesting skillset moving forward.

OLD STORY

NEW STORY



BOOST YOUR MANIFESTING SKILLSET

STEP 4: INSPIRED ACTION

INSTRUCTIONS: How do you read your manifesting signals now? Can you hear your guidance? Does anything get in the way of you taking action. Write in the left column, Has anything changed after this workshop? Write this in the column on the right.

OLD STORY

NEW STORY



BOOST YOUR MANIFESTING SKILLSET

STEP 5: THE ART OF ALLOWING

INSTRUCTIONS: Do you find it easy to allow the abundance in your life? What do you say yes to now? Write this in the left column, Has anything changed after the workshop? What will you say yes to or no to moving forward. Write this in the column on the right.

OLD STORY


NEW STORY

MANIFEST BY DESIGN

SUMMARIZE ANY CHANGES TO YOUR MANIFESTING PROCESS HERE

MANIFEST BY DESIGN

NOTES



Manifest

MEET THE AUTHOR

ANNITA KEANE

Best Selling Author, Coaches Coach, Human Design Specialist...

One thing I've learnt from all my experience with people is that there is no such thing as "One Size fit's All". This applies in every area of our lives especially manifesting. You have your own way of making things happen - or not and I'm excited to show you how your design holds the key to your success.

My work has been distributed across the world and translated into several different languages. I love golf and plan to play in every state of America.
XO

Do You want to learn more about your unique manifesting strategy?

Hop into my new group "Manifest by Design". Transformational Community. Use this link for more information.

<https://www.annitakeane.com/page/246392>

HAVE QUESTIONS?

Email info@annitakeane.com and I'll do my best to get back within 24 hours.



IG.COM/ANNITAKEANE



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WWW.ANNITAKEANE.COM

**" THE WORLD AS WE CREATE IT IS A
PROCESS OF OUR THINKING. IT
CANNOT BE CHANGED WITHOUT
CHANGING OUR THINKING"**

**"ONCE WE ACCEPT OUR LIMITS, WE
GO BEYOND THEM"**

**"YOU CAN NEVER SOLVE THE
PROBLEM ON THE LEVEL ON WHICH
IT WAS CREATED"**

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