

Date:

Design Your Day ~ Create Your Life

How Does It Get Any Better Than This?

In the morning

Today's Affirmations: I am... _____

Today's Intentions: I will... _____

8 PILLARS:

Today's Conscious Actions To Embody Highest Self:

____ Community _____

____ Creatorship _____

____ Consciousness _____

____ Commitment _____

____ Choice _____

____ Contribution _____

____ Celebration _____

____ Ceremony _____

3 PRIORITIES of focus for today:

Reflections at Bedtime

What I learned _____

How I made a difference _____

Synchronicities/evidence of alignment _____

How did I do on fulfilling my pillars (1-5)? _____ Intentions? _____ Vibration? _____ Priorities? _____

What will I improve on tomorrow? _____

I am grateful for _____

"Every day, in every way, I'm getting better and better" ~Émile Coué

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