



SUPERHEROE

This transformative program of life and prosperity is implemented at the Center, thanks to the donation from High Tide Global, U.S.A.

In a **playful** and **fun** way

54 of the **87**

children and young people at the Center were exposed to various sessions during 12 weeks, in order to **RECONNECT WITH THEIR SELF-ESTEEM** and receive tools for **EMPOWERMENT AND SELF-CONFIDENCE**, being key foundations to build a better future for themselves.



What did we learn?

I now use positive affirmations to create a mindset to help me succeed in life.

I am aware of the importance of my internal dialogue and being inspired to visualize the future I want to create.

I properly manage my emotions, so I can better deal with conflict.

I learned the importance of collaborating as a team with respect and learning to make decisions.