

*TRANSCENDING
PERCEIVED
LIMITS....*

EFFORTLESS CREATION



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TRANSCENDING LIMITS



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FOCUSED VISION

Building Our Reality



INTENTION

My heart would sing because I have done this.

COMMITMENT

I stay curious and I find the **actions** and **strategies** to make my intention happen.

DEVOTION

Heart-centered consistent focus on your intention.
(Focus Wheel)

MANTRA

A repeated word or phrase that keeps us focused on intention and commitment

FOCUSED VISION

Building Our Reality



01 shape your reality

What would you create in your personal life if it were effortless? (Intention)

02 shape your reality

What would you create in your business/career if it were effortless? (Intention)

FOCUSED VISION

Building Our Reality



01

shape your reality

How would these intentions positively impact you personally?

02

make your reality

What positive impacts will these intentions have on your business and those you serve?

03

make your reality

What positive impacts will it have on you professionally?

FOCUSED VISION

Building Our Reality



01

shape your reality

What excites you most about these intentions?

02

make your reality

What could get in your way of making these intentions reality?

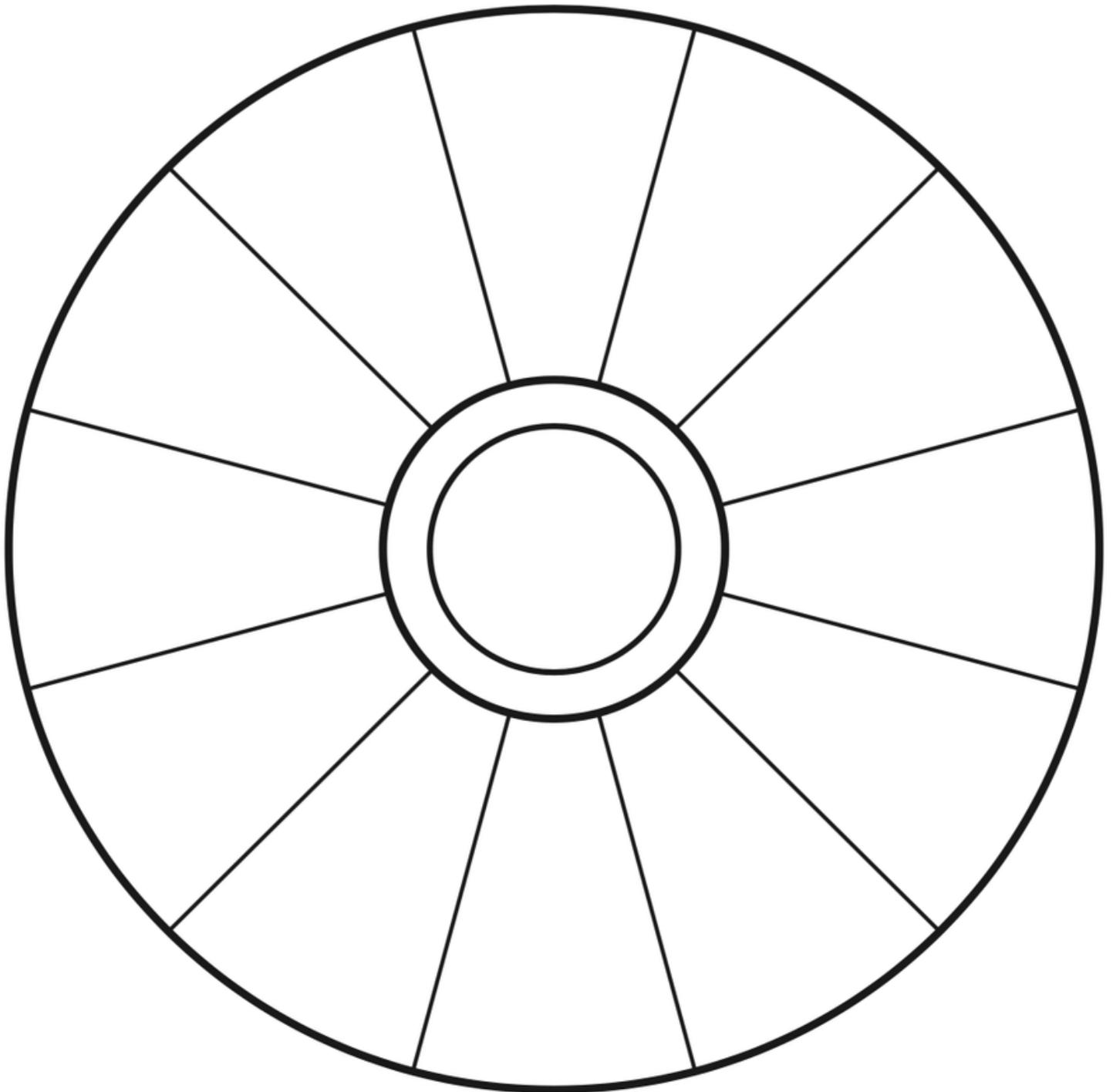
03

inviting new reality

What are 3-5 adjectives that describe how you would ideally like to create these intentions?

FOCUS WHEEL

Create and place where you can review it daily



VISION

Map by short, medium,
and long term goals



Short Term
Up to 90 Days

Medium Term
3-6 Months

Long Term
1-3 years