

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Morning Sessions	Potential regular classes coming soon	10am PILATES Southill Parish Hall Starts 15th Jan 2024	10am YOGA (Full Body Fix) Sandy Roundabout Club Starts 17th Jan 2024	10am YOGA (Revive & Restore) Sandy Roundabout Club	9.45am UP THE WALL PILATES Broom Village Hall	One off events /potential regular classes coming soon
Morning Sessions		11am GROOVE-IT FIT (Dance Fitness) Southill Parish Hall Starts 15th Jan 2024		11am PILATES Sandy Roundabout Club	10.45am YOGA (Flow, Stretch & Strength) Broom Village Hall Starts 12th Jan 2024	
*this timetable is as of Jan 2024 - changes may occur so please visit website for current classes, events and offers - More classes may be added						
depending on demand, instructors & availability						
Evening Sessions			6.30pm GROOVE-IT FIT (Dance Fitness) Sandy Roundabout Club	6.30pm PILATES Southill Parish Hall		
Evening Sessions			7.30 pm YOGA (Revive & Restore) Sandy Roundabout Club	7.30pm YOGA (Flow, Stretch & Strength) Southill Parish Hall		

CLASS TIMETABLE

2024

From 3rd January 2024

Single Sessions from £6.99
(spaces permitting)

Monthly Memberships from
£27.99
(online sessions & equipment included)



hello@charlottebrawn.com

07947910071

www.charlottebrawn.com/fitness
-yoga

TERMS & CONDITIONS 2024

General

- To register for a 4 week Introduction or a monthly place at class please contact Charlotte at hello@charlottebrawn.com / 07947910071
- You must be over 18 years of age to join the classes unless permission has been granted.
- All participants must complete a health questionnaire form before starting their first session, this will be sent to you when you first sign up.
- Please advise Charlotte before any session if there are any changes in your health following the health questionnaire (blood pressure, pregnancy, pain, recent operation).
- All classes run weekly with Charlotte or a qualified fitness/wellness professional

Payment

- 1.Payment for all classes must be received in advance of attending classes. Booking is required.
- 2.Payment is taken online via a secure payment processor.
- 3.Please contact Charlotte if you have any issues with payment or you'd like to pay with a different payment method.
- 4.People on the waiting list will be offered a place as soon as there is availability.

Holiday/Absence Allowance fro monthly memberships

- Short notice absence cannot be refunded but you may attend another class within that month/period {spaces permitting} if you cannot attend your regular class.
- Please provide 1 months notice of any holidays you have booked or any prolonged absence. If you have given 1 months notice I can pause your monthly payment until you return. {up to 2 weeks}
- If any planned absence is longer than 2 weeks you cannot be refunded for any additional sessions you miss. If you choose to pause your membership for longer than 2 weeks your place cannot be saved and will be offered to those on the wait list.

Refunds

1. There is a two-week cooling off period from the date of your first month or introduction month. Please ensure you can attend the scheduled number of sessions to get the most out of your first month. I regret no refunds or transfers can be given after the two-week cooling off period.
- 2.No refunds are given to unused classes but you may me able to attend another session within the same month/period if spaces are available.

Instructors and Cancellations

- 1.In the unlikely event that Charlotte should have to cancel a session, she will give you as much notice as possible and she shall open space in another session, create a pop up session within the same period or your payment will be amended for any scheduled sessions that do not run due to cancellations.
- 2.Sessions are taught by Charlotte or taught by a fully certified, fully insured instructor.

Class Etiquette:

- 1.Please arrive 5 minutes prior to your scheduled class.
- 2.Make sure you can stay for the full duration of the session.
- 3.Mobile phones must be put on silent.
- 4.You will need to bring along your yoga/exercise mat and your equipment welcome pack to each class.



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