



# CATALYSTS FOR CIVIC ENGAGEMENT AND COMMUNITY RESILIENCE

PATTERNS OF ENGAGEMENT  
TOOLKIT METHODOLOGY

# PATTERNS OF ENGAGEMENT

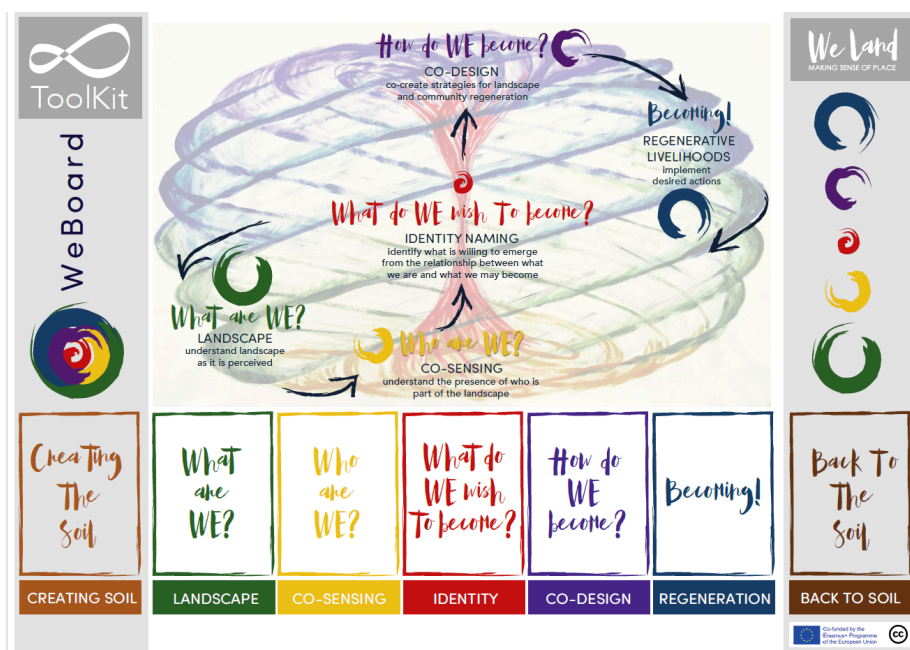
## *TOOLKIT METHODOLOGY*

How do we engage through the “WeLand -  
Making Sense of Place”

## Introduction

This toolkit is presented as the practical guiding mirror of the guidelines, following the same structure, to develop a set of 8 patterned sessions to apply for Community Engagement. The guidelines will be helpful to understand why to implement these interventions, this toolkit will be helpful to know when and how to apply these interventions. And the curriculum will be helpful to know what to implement. These three layers of the 8 Patterns of Engagement, will constitute a practitioner's guide for community catalyzers towards resilience and regeneration.

The toolkit layer is designed as a set of 8 different patterns to guide how we engage with the regenerative design thinking process “WeLand - Making Sense of Place” and its WeBoard & WeMeta Cards, which constitute the basic Community Catalysing process to accompany a community to move from a Me Paradigm to a We Paradigm that includes the more-than-human world through self-development.

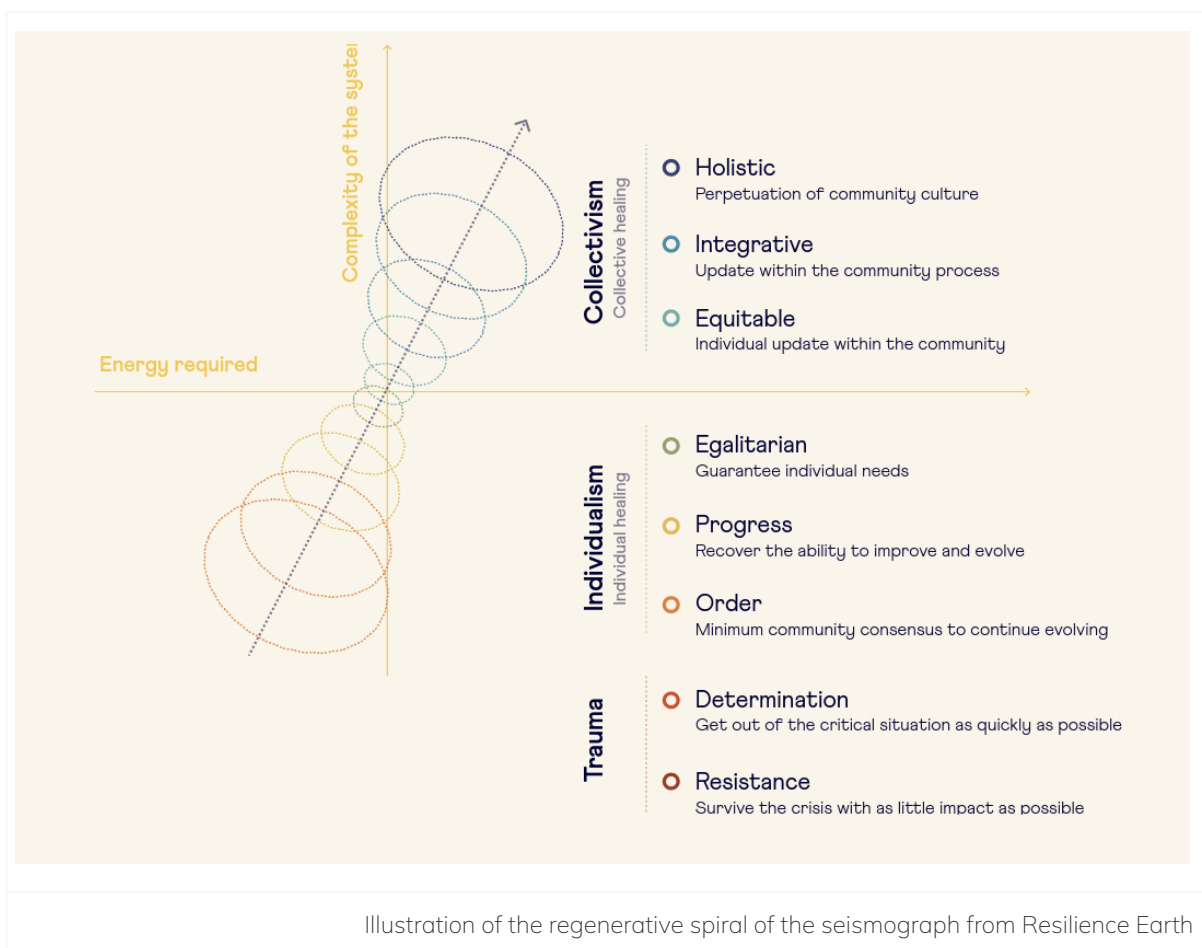


Our purpose with this proposal is to engage community catalysts all over Europe (and wherever they are based) into a trans-rural and trans-local learning community that enables us to accelerate our learning process and nourish the transformation of our local communities to be able to face the systemic crisis that we are living.

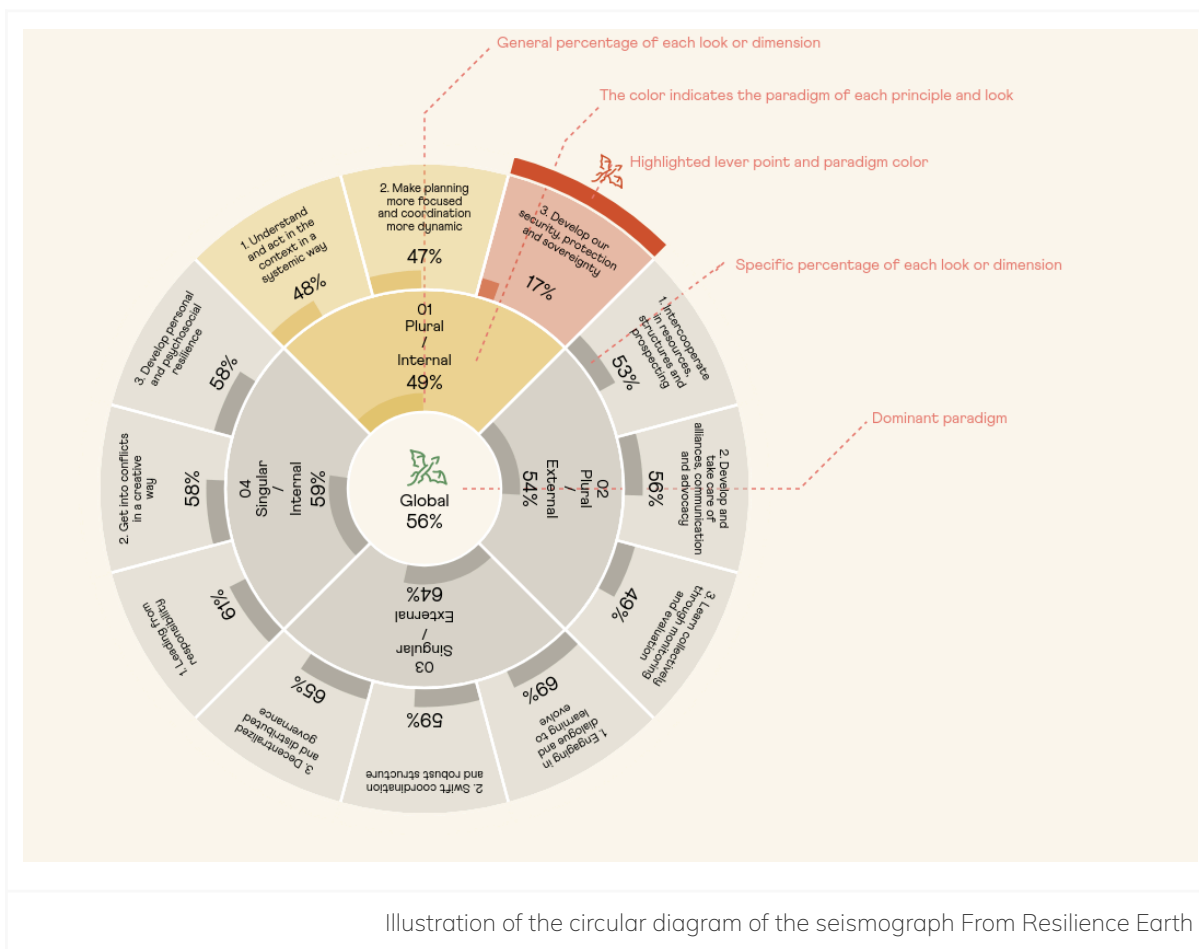
## Seismograph

The Seismograph is a digital diagnosis tool that helps identify which is the level of resilience where the community is standing. This is an easy and accessible tool that can be easily sent to the community as a whole, and be able to find which are the main leverage points that this community is struggling with.

The seismograph framework is based on 8 community paradigms, that are coherent with the 8 Engagement Patterns we are proposing in this toolkit.



Once the seismograph has been answered, the application sends you a circular diagram where the results are clearly expressed, and from where it is easy to identify the paradigm of the community as well as its resilience level.



This is a recommended first step before the intervention in the community, to be able to know efficiently which is the best Engagement Pattern to apply. However, this tool should not be the only input to know where to begin, as it is a digital tool that needs to simplify to become useful, and community reality is never a simple phenomenon.

Seismograph link: <https://sismograf.resilience.earth/en/guide?org=youth#5>

## *FUNCTION*

### 1. Sensing and Expressing Essence (Torus):

#### **Invitation:**

*Engage through intuition, sensing place being expressed through essence to embody the freedom that enables responsibility.*

#### **Context:**

Many communities in Europe, still struggle with their old and recent history, because of war, dictatorship or other types of colonisation processes. Reconciliation is a process that has rarely been applied, and when it has been applied, it's been quite superficial, mostly oriented to the leaders and economy, rather than the population and the culture as a whole.

We also struggle with other important open conflicts, never fully dealt with, like patriarchy, social classes, or structural racism.

All of those open wounds, still generate big separation in our communities. The democratic political parties structure doesn't help to transcend these issues, as this structure tends to polarize conflict and centralize ideologies, accentuating the fragmentation at the local level. Where instead of gathering around what we have in common, our communities and our land, our institutions focus on centralized political struggles, that normally don't represent us.

When we find a community that hasn't worked at all in reconciliation, and that is either fully reactive to outside decisions because of unworked trauma, or still uncertain about where they are in their transformational

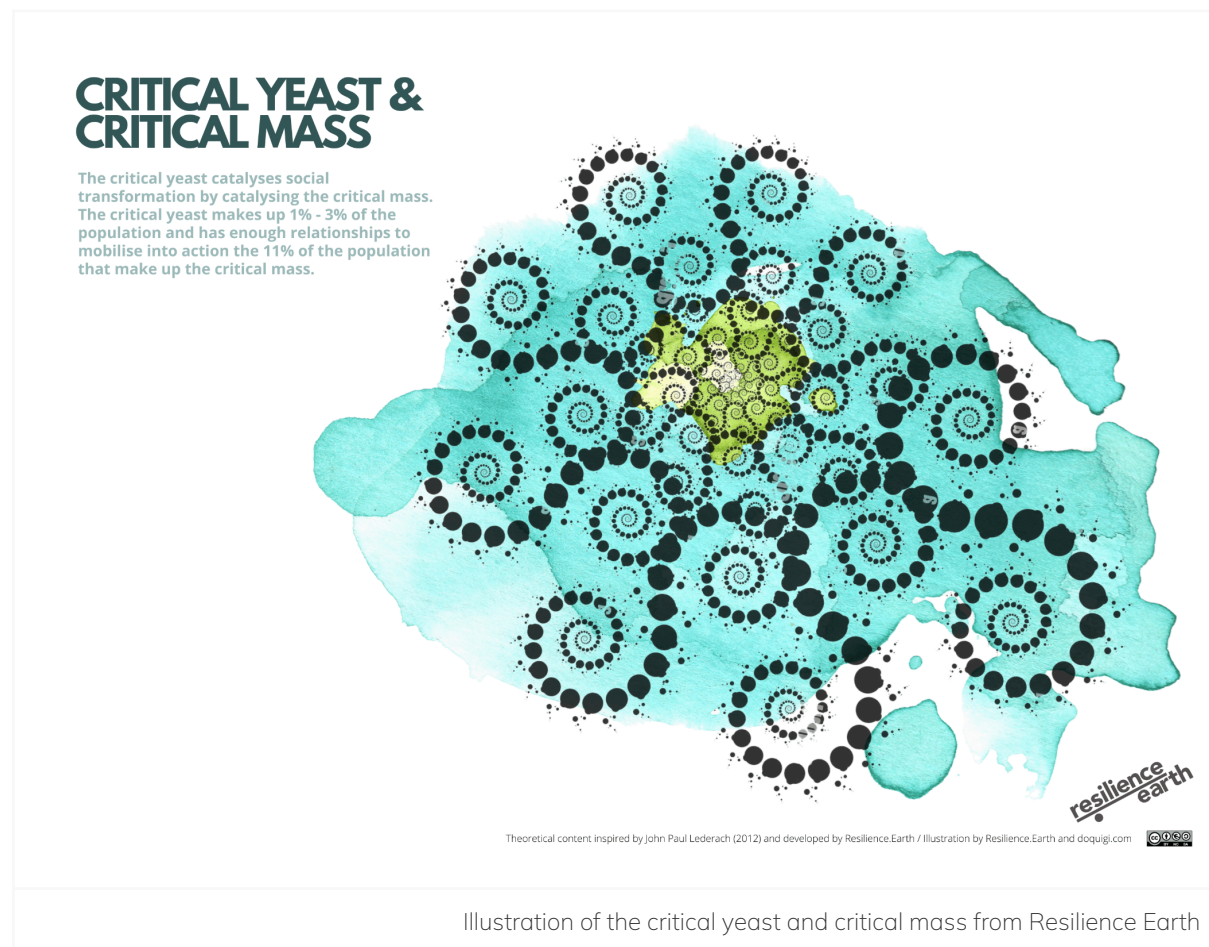
journey, we propose to start with this first pattern “Sensing and Expressing Essence”, where we’ll be focusing on weaving relations to generate a hardcore, able to catalyse the rest of the community to more resilient levels.

### Seismograph level:

Resistance

### Preparation:

Jean-Paul Lederach, a renowned international peace builder, proposes for war conflicts to work on creating a critical yeast, capable of catalysing the critical mass.





The critical mass, a widely known concept that refers to the minimum percentage of the population that needs to engage in a transformation process, for this to take place, has different interpretations. We prefer to be conservative in this aspect and take one of the studies that assumes a higher percentage, that is 11%. Meaning that if we are capable of dynamising the 11% of the population towards a common goal, this will be unstoppable. But 11%, is still a pretty high percentage, and not so easy to reach. That's the reason why Lederach proposes to first focus on the critical yeast, which is much easier to reach, to start a reconciliation process.

To reach the critical yeast, we need to identify different leaders in the community representing the main polarized perspectives, but when choosing the people, it is important to choose the ones more able to sustain a conflicting dialogue with respect. These leaders could be around 8 to 10 people. It is also important to identify what Lederach calls the pollinators, characters among the community, capable of transcending these polarisations, which are respected in different fields of the community. These pollinators could be between 6 and 8 people. Once we have our critical yeast of about 14 to 18 people, we can start with the process.

### **Methodology:**

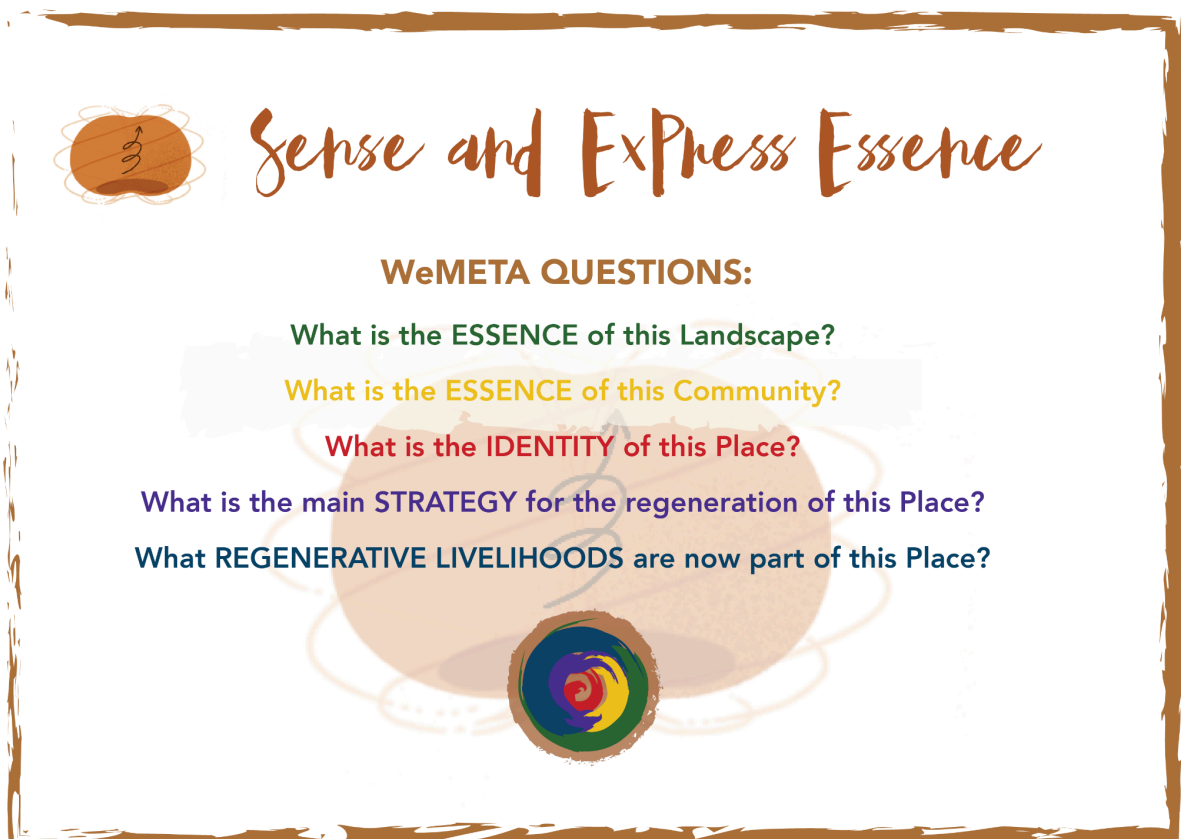
To weave the relations among the people of the critical yeast, we propose to go through the WeLand using the WeBoard, a process that is fully explained in the [www.catalyst.community](https://www.catalyst.community) platform:

<https://www.catalysts.community/intro-process-we-board-en>

As the fundamental pattern, expressed through the WeLand, you would be following the process as is already set. Going phase by phase. Choosing the diverse activities you, as a collective, feel are appropriate for the moment you are in. One iteration, a full cycle focussed on increasing

relationship with Place and amongst the community that is activating change.

This is the basic pattern that we will be fractalising around more complex ways in the next patterns, to adapt it to each context. The WeLand is a process of five phases, that enables the community to engage in a regenerative development process:



**Sense and Express Essence**

**WeMETA QUESTIONS:**

- What is the **ESSENCE** of this Landscape?
- What is the **ESSENCE** of this Community?
- What is the **IDENTITY** of this Place?
- What is the main **STRATEGY** for the regeneration of this Place?
- What **REGENERATIVE LIVELIHOODS** are now part of this Place?

## 2. Managing a Dynamic Balance (Edge of chaos):

### **Invitation:**

*Accept the hidden or explicit polarities (us & them, shadow & light, top-down & bottom-up, objective & subjective) that are present by voicing both spectrums of essence to sustain our process towards a dynamic balance.*

### **Context:**

Any community needs to be operative to fulfill basic needs, therefore when there is a lack of inner community organisation, this is normally externally imposed by higher institutions in a hierarchical structure. These institutions could be from the same culture or an external, colonizing culture. In any case, the power of the community is not being expressed.

Institutions, in many cases, represent the rigid part of the community. And the more rigid the institutions, the more chaos and fragmentation we can find in the community. To balance this out, we need to add inner complexity to the community organisation and to be able to do that, we need to face inner conflict from a creative approach.

When we find a community where polarization is alive, like open conflict or tangible tensions, it means that there is the determination to face inner conflict and evolve. Therefore, it is important to generate a safe space to be able to dialogue about these conflicts.

### **Preparation:**

In the case that this is a build upon from pattern 1, it would be interesting to keep the critical yeast alive, by organizing it like a town council. In the

case that you want to start from this face in the community intervention, look at pattern 1 to organize a town council through the critical yeast methodology.

Once we have the town council, we need to organize an open session, where anyone can attend, including more reactive people. This is a good thing as we want to deepen on the inner conflict of the community, but you need to make sure that you are capable of generating a safe space, and that you have enough capacities to sustain the conflicting process without scaling it up. If this is not the case, think about the possibility of collaborating with a conflict resolution expert, to facilitate this session.

### **Seismograph level:**

Determination

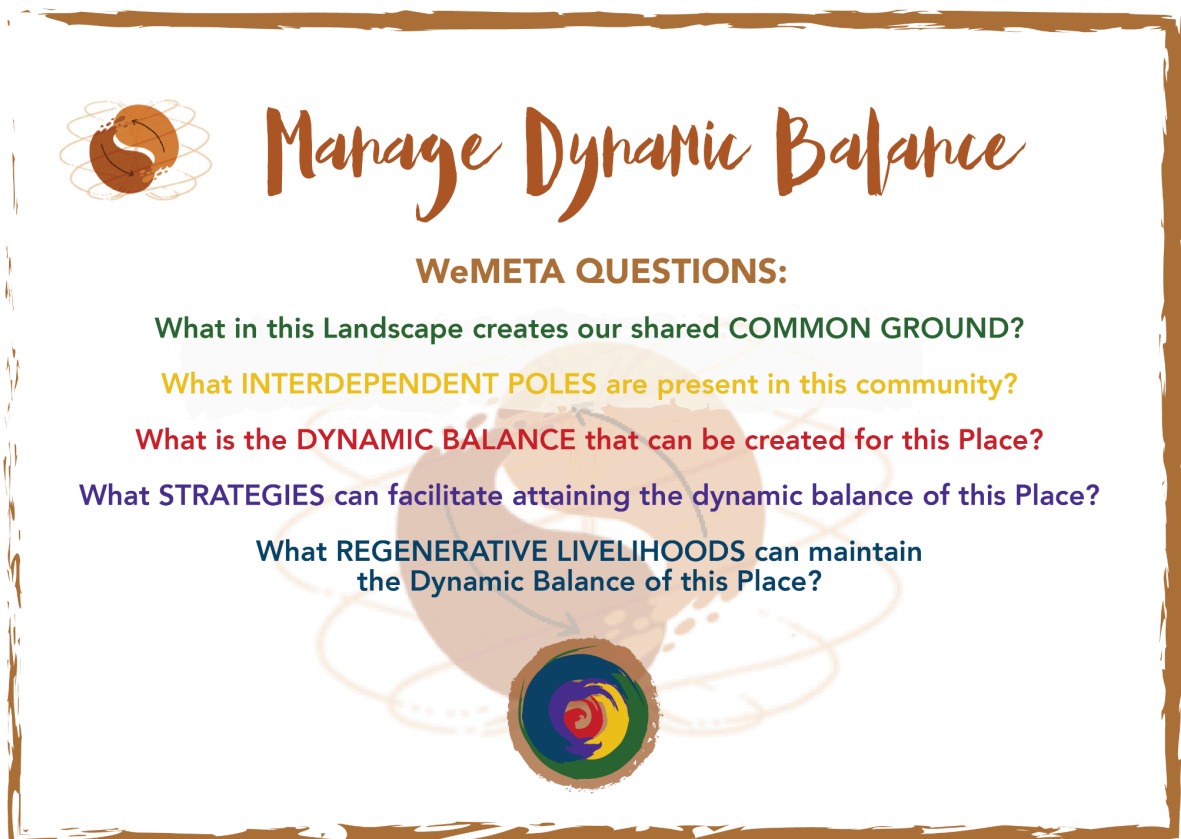
### **Methodology:**


In this case, we propose to use WeLand and make sure we have both polarizing views and perceptions being expressed all along the process. When we do this exercise, we will be facing polarising perspectives, and power and privilege issues. It's important to pay attention to the underlying issues, what's really happening?; Which are the unresolved traumas?; Which is the structural and cultural violence affecting the community?

This pattern is a reflective one, and we do not look for clear conclusions or deep reconciliation. We look to visualize what's actually happening in the community, which traumas are hidden, and what's blocking the community's evolution.

We will be working as a single group, and we will be paying attention to the complementarities and contrasts of the two polarized views and their outcomes.


To conclude this session, it is important to point out the different leverage points and live conflicts of the community and to make explicit that a session to approach these matters, from a reconciliation perspective, will follow up.



 **Manage Dynamic Balance**

**WeMETA QUESTIONS:**

- What in this Landscape creates our shared **COMMON GROUND**?
- What **INTERDEPENDENT POLES** are present in this community?
- What is the **DYNAMIC BALANCE** that can be created for this Place?
- What **STRATEGIES** can facilitate attaining the dynamic balance of this Place?
- What **REGENERATIVE LIVELIHOODS** can maintain the Dynamic Balance of this Place?



### 3. Nourish Emergent Change (Resilience Cycle):

#### **Invitation:**

*Approach crisis as a creative destructive renewal process to birth new maturities that transcend rigidity and scarcity, enabling emergent change through reconciliation.*

#### **Context:**

Reconciliation brings new beginnings, once the trauma has released its information and learnings, we can move on, now being more adapted to the context. If the community is aware of facing its inner issues, jumping to pattern three is probably wise. This pattern enables the community to deepen its knowledge around its own story of place, as well as help the community to project and generate its own theory of change.

Usually, communities at this stage, are not capable of defining their own strategies, or how they want to develop their place, because of a lack of rootedness and empathy. Once the community understands where the trauma was coming from, and why their community organisation is the way it is, they are in a position to start hacking the cultural and structural violence, to start owning their place, their development, and their institutions.

This process requires co-responsibility, and it needs to acquire the capabilities to reconcile emerging tensions and conflicts in the future, to not get stuck again. This gives the community the capacity to adapt to emergent change.

**Preparation:**

In the case that you are approaching this pattern as a build-upon from pattern 2, use its output to properly design the session, by focusing on the leverage points and the inner traumas detected in the last session.

In the case that you are starting fresh in this pattern, it would be important to generate a critical yeast (look at pattern 1) and co-design the session with them to make sure that you know precisely what you are facing, and which are the specific issues that you will be working on at the session.

In the first iteration, to be able to deepen the knowledge about the story of place, probably you want to invite community elders, who bring traditional knowledge. And maybe also some people specialized in geology, biology or other sciences that can bring knowledge about the place.

In the second iteration, to be able to project into the future, it would be interesting to bring someone expert on statistics, a member of an observatory, or knowledgeable people on which are the main arising challenges of the territory, the community, the bioregion, the economy, and the governance. If people are not available, do some homework and bring some statistics that nourish the debate, you can hang it on the walls.

Don't hesitate to invite technicians from the outside of the community, if the community is not holding those competencies. These technicians make decisions about the future of the community, it's their responsibility to participate in a co-creative space like this.

**Seismograph level:**

Order

**Methodology:**

This time we will be doing a double WeLand iteration. The first iteration will be going around the resilience cycle, from a past perspective, this could mean having to do more than one cycle if the story of place you need to wonder about is ancient. Once the story of place related to the issues you are looking to reconcile is done, you can start the iteration about the theory of change, projecting into the future. To do this, you will go around the resilience cycle, but this time looking forward. What are the main challenges that we need to reconcile? How can we develop our potential? What will enable us to develop that potential? How our potential can be at the service of the bioregion?

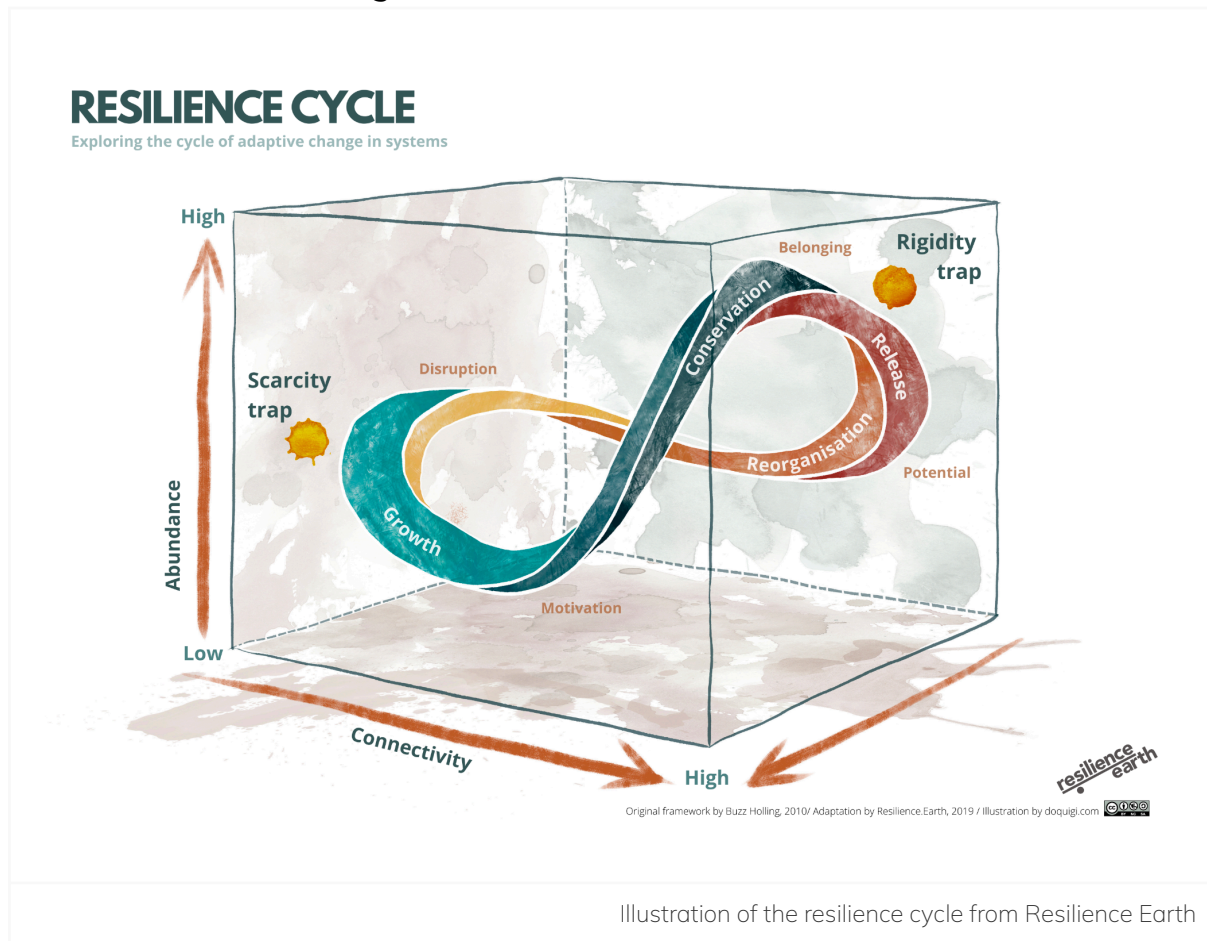



Illustration of the resilience cycle from Resilience Earth



Make sure that the output of the session relates to overarching strategies for the whole community. Try not to be too specific about it, as the mindset we use to do overall strategies or more specific outcomes is completely different, and in this pattern, we need the community to lift their energy in a more inspiring way. It is interesting, to finish these types of sessions with high energy in the field, meaning that the community could end this process feeling very inspired and willing to move forward. After a session like this, it's important to not disappoint the community. The next session needs to be soon and effective, to keep the energy field going.


The expected outcome of this session is a strategic plan that could nourish the realization of coordinated sectoral action plans.



## Nourish Emergent Change

WeMETA QUESTIONS:

1st Iteration   Story of Place	2nd Iteration   Theory of Change
<p style="color: #006400; font-weight: bold;">What in this landscape makes this PLACE what it is?</p> <p style="color: #FFD700; font-weight: bold;">What in this community makes this PLACE what it is?</p> <p style="color: #8B0000; font-weight: bold;">What is the STORY of this Place?</p> <p style="color: #483D8B; font-weight: bold;">What ways can make the STORY of this place more explicit?</p> <p style="color: #00008B; font-weight: bold;">What REGENERATIVE CELEBRATIONS can honour the legacy of this place?</p>	<p style="color: #006400; font-weight: bold;">What is CHANGING in this Landscape?</p> <p style="color: #FFD700; font-weight: bold;">What are the COMMUNITY ASPIRATIONS for this place?</p> <p style="color: #8B0000; font-weight: bold;">What is the POTENTIAL PURPOSE of this Place?</p> <p style="color: #483D8B; font-weight: bold;">What Strategies can MATERIALIZE the potential of this Place?</p> <p style="color: #00008B; font-weight: bold;">What REGENERATIVE FUTURES can become real for this place?</p>



## 4. Work on Articulating Wholeness (Medicine Wheel):

### **Invitation:**

*Weave diverse expressions of wholeness, emphasizing singularity, to nourish articulation towards full potential.*

### **Context:**

Communities at this stage know where they want to go, but don't know how to get there. Maybe a new government with renewed intentions arrived at the Town Hall, but the institution runs old school style, or maybe a part of the community is well-organized but not in synergy with the government, or any other situation that doesn't let the will of the critical mass of the community be able to move forward.

As we said before, colonization at the community level comes out as deep fragmentation, but no articulation could happen before trauma is hacked, reconciliation is reached, and overall strategy is in place.

At this point, where we have a certain amount of collective identity and belonging, we can start interrelating the different parts of the community to reach a common goal.

### **Preparation:**

In the case that you are activating this pattern, building upon prior patterns, design this session based on the strategy that came out in

pattern 3. The critical yeast organized in pattern 1 is still really valuable, as ambassadors in the session.

In the case that this is your first intervention, still you have the need to generate a critical yeast (pattern 1) to be able to co-design this session based on current community strategies, this could be a municipal plan, the outcome of a democracy festival, or anything that orients the community to a common goal.

This session will run in four separate tables, each one focusing from a different perspective of the community: ecology, social, economy, and governance (or any other set of contrasting quadrants). To be able to do this, you'll need to make sure that people with competencies and knowledge of each perspective attend the event, as well as being open to the public in general, also people with decision-making power should participate on the tables. This will make the space more reliable, and binding.

### **Seismograph level:**

Progress

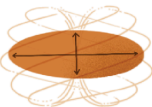
### **Methodology:**

This session will run in four different tables focused on the four perspectives mentioned above. The rhythm of the session should be in divergence-convergence mode, where the tables go through each phase of the WeLand separately in a divergence mode, and then in between each phase, there will be a convergence moment to cross-pollinate each table with the information of the other tables.

You probably will need to be a team of four facilitators to be able to run this session, where each facilitator stewards a table, and makes sure that there is a good overall synchrony of the session. Also, the main focus of the

session is on defining roles, interrelations, and specific goals for each table, making sure that there is a well-connected articulation among the goals to promote complementarity.

The expected outcome of this session is an action plan that unites the four tables and that is consistent with the strategy plan generated in pattern 3, or that was already present in the community.



## Work on Articulating Wholeness

**WeMETA QUESTIONS:**


What is the **HOLISTIC EXPRESSION** of this Landscape?

What is the **HOLISTIC EXPRESSION** of this Community?

What **INTERCONNECTED IDENTITIES** makes this Place whole?

What strategies can increase the activation of the **INTERCONNECTED NODES** towards wholeness?

What **REGENERATIVE COLLABORATIONS** can celebrate this place's diverse expressions of wholeness?



## BEING

### 5. Enable Potential to Flourish (Double Torus)

#### Invitation:

*Bring up the value of your own uniqueness at the service of the bioregion, acquiring the specific capacities, both individually and collectively, needed along the process.*

#### Context:

A community at this stage would be very effective, and optimized. It's well-connected, and the things get done. But there is a certain amount of greenwashing, not everything that is being said is being applied, and not everyone that should be present is included. The institutions are still leading actors, even though they are more dialoguing, they still have the last word in every aspect. A certain level of welfarism and paternalism is quite present.

It's important to open up to public policies, enabling the community to take a more protagonist role in the decision-making, but that implies, that the community needs to acquire certain capacities and information to be able to fulfill this role.

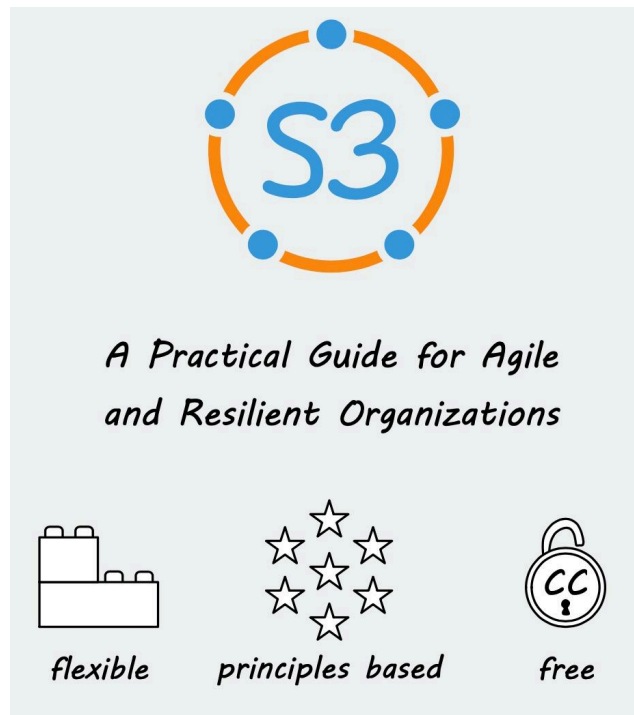
With these new public policies, the community will be able to fully express its purpose, and that will bring about the community's potential, and not be blocked by the inherent structural violence of public administration.

This potential will help the community to flourish by nourishing the bioregion purpose. To be able to become regenerative needs to add value to the other communities of the bioregion, as well as to the bioregion as a whole.

**Preparation:**

In the case that you arrive at this pattern as a build-upon from prior patterns, design this one keeping in mind, the leverage points of pattern 2, the strategic plan of pattern 3, and the articulated action plans of pattern 4. The critical yeast, in this stage, could be amplified, by bringing people from other communities to participate in the co-design of the session, their insights will be really valuable.

Also think about the possibility of making the social organization a bit more complex by adding second ring circles to the town council on ecology, social, economy, and governance, or other drivers that are meaningful to the community. For this, we like to use Sociocracy 3.0 patterns as they are really adaptable.



In the case that this is your first intervention, still you have the need to generate a critical yeast (phase 1) and amplify with people from other communities, to be able to co-design this session based on current community strategies, and articulated action plans currently in place.

This session will need to be open to people from other communities on the bioregion, but the focus will still be on the community we have been working with. What we are looking for, it's the relation this community has with the other communities of the bioregion and its role in the bioregion as a whole.

If there is any supra municipal public administration, this would be the right moment to bring some representatives in the debate.

Parallel to the bioregion cycle every player is invited to look innerly into their capacities and internal growth, by running a self-reflective and capacity-building journey to add to the collective pool of knowledge and wisdom.

**Seismograph level:**

## Equality

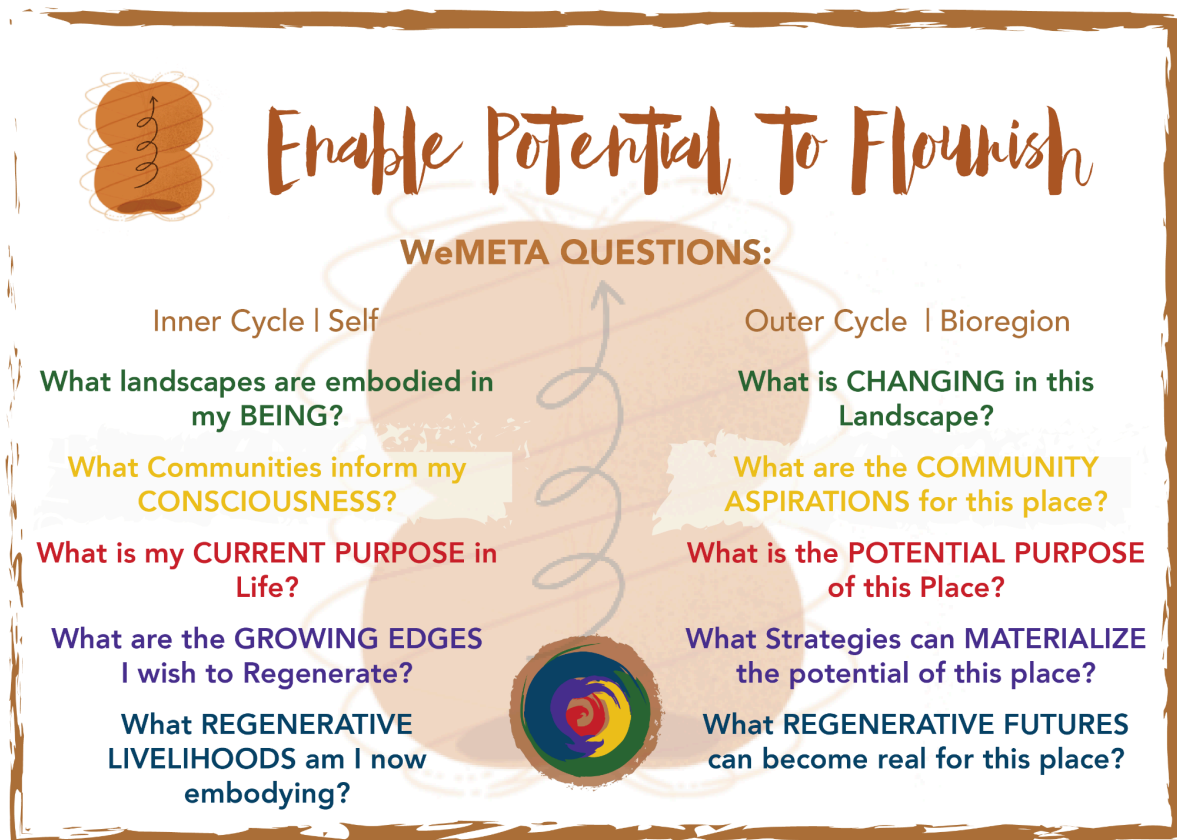
### **Methodology:**

In this pattern, we will also be doing a double iteration of the WeLand, but we will be focusing collectively on the bioregion instead of on the community, and individually on each-one of us. The important part is that each phase of the WeLand will have two steps, first you'll be processing the bioregion, and second you'll be wondering which value each individual can bring and develop to enliven this process and enrich the potential of the community.

The bioregion iteration cycle of this pattern can be worked as a plenary with open dialogue or, if you have a lot of people attending, you can work with convergence-divergence modes, by having a group representing the bioregion, and another group representing the community. In the second case, it would be necessary to have an extra facilitator to be able to synchronize both groups. The inner self-developing cycle is something each participant is invited to do on their own and bring to the community in the shape of a heightened presence throughout the bioregion cycle.

The tangible outcome of this session could be a public policy that enables the community to have a specific role in the decision-making process enabling co-management, and agreement with other communities to share common management. Also, it could be an official agreement between the municipality and the supra-municipal public administration to strengthen management relations.





## 6. Adapt to Changing Context (Seed of life):

### Invitation:

*Enable transcontextual dialogue to emphasize diversity through the convergence of the edges generating nodes that articulate plurality.*

### Context:

Not many communities in rural Europe are in this high-order stage, but if you're lucky enough to work with one, it's easy to identify, as they are probably a reference point in the area. This community will be changing its

economy at a large scale, working with open governance, counting on social public policies to distribute wealth, and having radical environmental conservation policies.

This community has enough strength and empowerment to be able to lead from a regenerative perspective a shift at the bioregional level. This community will be able to identify its growing edges, and probably these will be hard to deal with, as they are probably related to structural violence in action, more than past trauma.

Structural violence rarely affects only one community, as it is a colonizing process, and is something quite homogeneous, that affects many communities at once with similar patterns. Think of patriarchy or structural racism, those are patterns affecting a big chunk of the planet. On the other hand, it's very complicated to face such patterns from a single community, as they are embedded in the inner structure of our society, with clear power and privilege roles sustaining it.

If you're able to generate these networks among communities based on what they share and potentiate their diversity, then we are moving to a highly resilient community capable of adapting to changing contexts.

### **Preparation:**

In the case that you are activating this pattern building upon prior patterns, it would be important to think about the possibility of starting earlier phases in other communities before creating this session. This way the gathering will flow better, as everyone will know better what's the purpose of this process.

If you are able to do this, then think about generating a meeting among the different critical yeast or town councils of the different communities, to co-design the gathering. If you did create a second layer ring circles around the town council, think about giving them a role too in this process, where

they can talk with people from the other communities that share a similar driver.

In the case that this is your first intervention, the communities in the bioregion should have some kind of bottom-up organization you could rely on, and probably the best way to start is gathering these social structures to propose the initiative and co-design with them.

This session could be more like a full-day gathering than a morning session, and it could look like a democracy festival or something like it. Obviously, this depends on the context, and needs to be an emergent process, because if you are pushing it, it will not work.

For a gathering like this, you probably need a group of four to five facilitators, a cultural manager or producer, and a communicator.

### **Seismograph level:**

Equity

### **Methodology:**

Organize an event with people from the bioregion speaking about burning topics, community leaders sharing their way of reconciling these topics, and people in public administration authorities that have competencies on the topics.

When you are designing the session, use the WeLand as a Meta framework to design the event. It doesn't need to be explicit but still will help you to organise things coherently.

If you think you'll be able to gather many people, try to generate parallel spaces where more than one speaker or debate is going on at the same time, this helps in diversifying and generating plurality. In this event, we are looking to let the edge or marginalized voices find their place, it's important to put those topics that are highly marginalized on the agenda and to make sure that the people affected by these topics are invited.

It's important to have moments to listen and reflect, moments to participate, and moments to co-create. Furthermore, it's also important to have a celebration moment with people from the community organizing food, music, or something more informal that generates cohesion and helps bring up the energy and also helps to remember the moment and its purpose.

Make sure to record as much as you can from the event, and then share it on social media, for the people who couldn't participate to be able to see what happened and feel part of it.

Once the gathering is reaching its closure, make sure that you generate a next steps space where you can explain what's going on with the town council and the second ring circles, and that you invite everyone to participate in those spaces or generate new spaces that can be woven in this growing social structure. This is a great occasion to reach critical mass and start moving things forward much faster. If that happens, start thinking about building capacities on facilitation and reconciliation to prevent or avoid backfires.



## Adapt To changing Context

### WeMETA QUESTIONS:

What is the **ESSENCE** of this Landscape through the eyes of this circle?

What is the **ESSENCE** of this Community through the eyes of this circle?

What is the **IDENTITY** of this circle in the wider context of the Bioregion?

What **STRATEGIES** can this circle materialize to serve the Bioregion?

What **REGENERATIVE COLLABORATIONS** between circles  
are now present in the Bioregion?



## 7. Transform Obsolete Structures (Iceberg):

**Invitation:**

*Deep dive into cultural essence to understand how to disrupt current structures, enabling the emergence of a new paradigm.*

**Context:**

This is a community that is well-connected and ready to disrupt old and obsolete structures, this means that they are probably pioneering change in the territory, generating new economic models, evolving democracy, nourishing the people at the edges of society for empowerment, and changing from an egocentric to an ecocentric paradigm, quite an expedition in our continent.

Working with such a community with both a pleasure and a challenge, as you can feel that there is not much value to bring. But maybe this is a matter of changing perspectives. At this point, the community and the bioregion, which would be already well interrelated, probably need capacity building as well as tractor projects that can become unique nourishing centers in the bioregion.

This means that it's important to be able to identify the uniqueness of each community, and what can they bring to regenerative development for the whole bioregion. If a community, it's being left behind, this would be a great moment to intervene to help them catch up, by using prior patterns of the process in that specific community.

With the communities that are already moving forward, just potentiate their uniqueness by catalysing tractor projects coherent with the strategic plan and the purpose and drivers of the town council and the rest of the social organization. It would be interesting that these projects have transversal approaches in economy, ecology, social, and governance.

The capacity-building initiative could be something like a learning community, where different people can sustain diverse spaces for collective

experimentation. If you can involve the closest university to this project, but don't let them lead, leave the governance as open as possible.

### **Preparation:**

In the case that you are activating this pattern building upon from prior patterns, co-create with second ring circles to generate tractor projects and learning communities. These topics are probably on the table, but even for a pioneering bioregion, it could be difficult to take on such endeavors.

In the case that this is your first intervention, think about generating alliances with local organizations that are already taking on diverse challenges, as well as with public administrations or community organizations. The more inter-cooperation you can generate, the better.

In the case of the tractor projects, make sure to involve the formal educational system, local companies, public administrations, social movements, and any other actor that is meaningful for the driver of the project, and is active in the bioregion. Think about generating a public presentation with all these actors, open to the public in general. Sustain this space with your allies and with the community circles we have been working with. This will build necessary legitimacy.

In the case of the learning community, think about who is active in the bioregion with the capacities needed, invite them to participate, and co-create the learning community together. Think about generating decentralized governance for this project, as this will help in agility, diversity, and inclusiveness.

### **Seismograph level:**

Integration

## Methodology:

In this type of tractor projects, it is important to use the WeLand as a disruptive tool, being really specific about which is the part of the collective structures that you think are obsolete and needs an upgrade. Start with all the restrictions and negative externalities generated by the current system, and then generate a space to reflect if this is consistent with the emerging paradigm of the bioregion. Is this consistent with what we are? With who we are? And what do we wish to become?

Once you figure out which are the main restrictions to bring up the value of your specific driver, generate a space to be able to co-create a new tractor project following a WeLand iteration specific to the topic.

For a learning community, shift your perspective to what we need to learn to be able to nourish the emergent paradigm. You can use the WeLand with the focus on what we need to learn to nourish what we are; what we need to learn to nourish who we are; what we need to learn to nourish what we wish to become, and so on.

For this matter, you'll need an organization around you that is deeply linked with the bioregional ecosystem. And the tangible outcomes of this phase are the tractor projects and the learning communities.





# Transform Obsolete Structures

## WeMETA QUESTIONS:

### Tractor Projects

How can we reconcile what's obsolete with what are we?

How can we reconcile what's obsolete with who are we?

How can we reconcile what's obsolete with what do we wish to become?

How can we reconcile what's obsolete with how do we become?

How can we reconcile what's obsolete with the becoming?

### Learning Communities

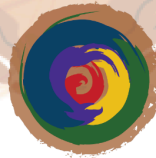
What do we need to learn to nourish what we are?

What do we need to learn to nourish who we are?

What do we need to learn to nourish, what do we wish to become?

What do we need to learn to nourish, how do we become?

What do we need to learn to nourish, while becoming?



## 8. Coevolve with the Bioregion (Golden Ratio):

### Invitation:

*Stand with full responsibility for your uniqueness at the service of the bioregion listening and nourishing evolution.*

### Context:

This is an extraordinary case scenario at this moment, and it's even difficult to contextualize a community at this stage because of the lack of examples. But if you happen to find one, and you want to intervene in such a community, then we can give you some tips.

This community will probably be known far from the bioregion because of its innovative proposals, its deep identity and belonging, and its inspiring nature.

At this stage, you'll probably see the changes just by walking in, as they probably changed urban organization, the health system, boundaries with the natural ecosystem, commerce, mobility, and many others.

This is not a community you go to catalyze, as they are capable of self-catalisation. But maybe something that would be needed is to amplify everything they are taking on to other bioregions. This process could be complex, interesting, and highly transformative, as they have a great disruptive potential, self-awareness, and self-esteem, that comes from lived experience. That's probably why, the best way to catalyze change is to propose them to resource other bioregions.

### Preparation:

In the case that you are activating this pattern as building upon prior patterns, it's important to wonder on which is the potential of the bioregion for the territory. How can this bioregion bring value to the territory as a

whole? Use one of the annual gatherings that you are probably already organizing to debate about this, or generate one specific to this topic. Having a new driver to reach, related to amplifying transformation, is quite a celebration, in itself.

In the case that this is your first intervention, learn about everything that is going on in the bioregion, and start relating to the people that you feel more affinity towards, co-inspire with them to bring change beyond the boundaries of the bioregion.

Find out about the adjoining bioregions, and which is their situation, and which stage they are at. And what do they need to evolve? We wouldn't try to start again in these new bioregions, instead involve the people from your bioregion to take action in the adjoining ones.

A good beginning would be to generate a gathering and invite critical yeast from adjoining bioregions to participate, this way they'll see what's happening in your bioregion, and they will be able to connect with the right people. Still, that is the most important point that would need catalysing, the relations among analogs from diverse bioregions, pay attention to that process and carefully design it.

### **Seismograph level:**

Holistic

### **Methodology:**

Organize a gathering similar to pattern 6, but this time make sure that people from outside the bioregion attend. Amplify communication by going national and bringing national authorities to participate in the gathering.

Organise the event following the WeLand phases, no need to be explicit about it either.

At this point, bring as many speakers with experience from the bioregion as possible, generate debates on how to face common challenges, and make sure to have spaces for co-creating common strategies. But again, don't forget to generate networking spaces where they can meet each other. These spaces can be formal or informal, design both in the gathering.

Record the whole event, or even better, invite a public television to do it for you. Make sure that the message is loud and clear.

If the networking is not enough, focus on generating a structure to enable that. Some kind of cross-pollination, mentoring program, consulting platform, or anything that offers this service of resourcing change to adjoining bioregions.

Put attention also on the consulting capabilities of the people in your bioregion, if you think they're not enough, use the learning community to build them.

To do this, you will need your organization, the ecosystem where you belong, and good alliances at the national level. The tangible outcomes of this pattern would be a resourcing service to adjoining bioregions, and if it would be possible, a public policy at a national level that promotes and accelerates this process.



## Coevolve with The Bioregion

### WEMETA QUESTIONS:

What is the **ESSENCE** of this Bioregion's Landscape? And how can it contribute for the regeneration of other Bioregions?

What is the **ESSENCE** of this Bioregion's Community? And how can it contribute for the regeneration of other Bioregions?

What is the **IDENTITY** of this Bioregion? And how can it contribute for the regeneration of other Bioregions?

What are the main **STRATEGIES** that led to the regeneration of this Bioregion? And how can they contribute for the regeneration of other Bioregions?

What **REGENERATIVE LIVELIHOODS** are now part of this Bioregion? And how can they contribute for the regeneration of other Bioregions?

